Cognitive behavior therapy for severe mental illness: an illustrated guide
https://libraries.phsa.ca/permalink/catalog18573

Audience: Professional
Agency: BC Cancer Agency
Location: Abbotsford Library FHA
Call Number: WM425.5.C6 C676 2009

“Engaging and assessing -- Normalizing and educating -- Case formulation and treatment planning -- Delusions -- Hallucinations -- Depression -- Mania -- Interpersonal problems -- Impaired cognitive functioning -- Negative symptoms -- Promoting adherence -- Maintaining treatment gains.

Cognitive behavior therapy and eating disorders
https://libraries.phsa.ca/permalink/catalog17991
Fairburn, Christopher G.; New York: Guilford Press , 2008. — 1 copy, available

Audience: Professional
Agency: BC Cancer Agency
Location: Abbotsford Library FHA
Call Number: WM175 F164 2008

“This book and how to use it / Christopher G. Fairburn -- Eating disorders: the transdiagnostic view and the cognitive behavioral theory / Christopher G. Fairburn -- Enhanced cognitive behavior therapy for eating disorders ("CBT-E"): an overview / Christopher G. Fairburn, Zafra Cooper, and Roz Shafr…

Coping with anxiety during pregnancy and following the birth: A cognitive behavior therapy-based self-management guide for women and health care providers
https://libraries.phsa.ca/permalink/catalog112594
Haring, Michelle, Smith, Jules E., Bodnar, Doris, Misri, Shaila, Little, Ruth M., Ryan, Deirdre. [Vancouver, BC]: BC Reproductive Mental Health Program , 2013. (Book) — 2 copies, available

Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: GH 400 HAR 2013

“This guide was created to help women who are dealing with anxiety during pregnancy and following the birth of their baby. It includes educational information that may be worked through gradually, and will help you to better manage symptoms by making changes in your thinking, behavior and self-care …
Physical therapy for the cancer patient

https://libraries.phsa.ca/permalink/catalog9277


Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
       VC Physiotherapy
Call Number: Q2266 P577 1990

Radiation therapy for the breast cancer patient

https://libraries.phsa.ca/permalink/catalog16436
http://learn.phsa.ca/bcca/radiationtherapy/breastcancercsi/RTBCP_flv_loader.html


Audience: Patient or Public
Recommended
Agency: BC Cancer Agency
Location: Vancouver Library AV Room
       Surrey Cancer Info Ctr
       Kelowna Library
       Kelowna Cancer Info Ctr
       Victoria Cancer Info Ctr
       Abbotsford Cancer Info Ctr
       Internet
Call Number: WP870 B862c 2008

Radiation therapy for the prostate cancer patient

https://libraries.phsa.ca/permalink/catalog19973
http://learn.phsa.ca/bcca/radiationtherapy/ProstateCancerCSI/RTPC_flv_loader.html


Audience: Patient or Public
Recommended
Agency: BC Cancer Agency
Location: Vancouver Library AV Room
       Kelowna Cancer Info Ctr
       Surrey Cancer Info Ctr
       Victoria Cancer Info Ctr
       Abbotsford Cancer Info Ctr
       Prince George Cancer Info Ctr
       Internet
Call Number: WJ752 B862r 2011
Radiation therapy for the breast cancer patient


Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Library
Victoria Cancer Info Ctr
Call Number: WP870 B862 2003

Radiation therapy for the prostate cancer patient


Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Library
Victoria Cancer Info Ctr
Abbotsford Library
Call Number: WJ752 B862 2005

The cognitive behavioral workbook for depression: A step-by-step program


Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: CD 302 KNA 2012

Cognitive behavioral therapy (CBT) is the most widely used treatment for depression for one simple reason: it works. The CBT program in this workbook has helped thousands of readers defeat the depressive thoughts and beliefs that keep them from enjoying life and feeling like themselves. Used alone …
The cognitive behavioral workbook for anxiety: A step-by-step program


Audience: Patient or Public
Agency: BC Children’s and Women’s
Location: Family Support & Resource Centre
Call Number: CD 420 KNA 2014

“When anxious feelings spiral out of control, they can drain your energy and prevent you from living the life you want. If you’re ready to stop letting your anxiety have the upper hand, this evidence-based workbook can help you recognize your anxiety triggers, develop skills to stop anxious thought…”

When children refuse school: A cognitive-behavioral therapy approach

Kearney, Christopher A., Albano, Anne Marie. Toronto, ON: Oxford University Press, 2007. 2nd ed. (Book) — 1 copy, 1 available

Audience: Professional
Agency: BC Children’s and Women’s
Location: Family Support & Resource Centre
Call Number: AA 80 WHE 2007

“This guide outlines four treatment protocols based on cognitive behavioural therapy (CBT) principles that can be used to effectively address the main types of school refusal behaviour.”

Group cognitive-behavioral therapy of anxiety: a transdiagnostic treatment manual

Norton, Peter J.;. New York: Guilford, 2012. (Book)

Audience: Professional
Agency: BC Cancer Agency
Location: Abbotsford Library FHA
Call Number: WM_172 N67 2012
Mindfulness-based cognitive therapy for cancer: gently turning towards

https://libraries.phsa.ca/permalink/catalog21253
Audience: Professional
Agency: BC Cancer Agency
Location: Abbotsford Library FHA
Call Number: QZ266 B37 2012

Mindfulness and cancer -- Cancer: the psychological implications / Stirling Mooney & Ursula Bates -- Cancer: the medical implications / Nicholas S.A. Stuart -- The first circle: cancer and the circle of suffering -- Starting out -- The eight week course -- The second circle: mindfulness awareness

Mindfulness-based cognitive therapy for cancer: gently turning towards

https://libraries.phsa.ca/permalink/catalog20522
Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Kelowna Library
Victoria Library
Call Number: QZ266 B291 2012

Overcoming eating disorders: a cognitive-behavioral therapy approach for bulimia nervosa and binge-eating disorder, therapist guide

https://libraries.phsa.ca/permalink/catalog19070
Audience: Professional
Agency: BC Cancer Agency
Location: Abbotsford Library FHA
Call Number: WM175 A277 2008

Introductory information for therapists -- Special issues in treatment -- Pretreatment assessment -- Session 1 -- Session 2 -- Session 3 -- Session 4 -- Remainder of phase I: sessions 5-9 -- Assessing progress -- Introduction to phase 2 -- Feared and avoided foods -- Weight and shape concerns -- Fa...
Radiation therapy-related mucositis, mucositis pain, and self-care behaviors of the head and neck cancer patient


Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: WE705 S555 1997

Imatinib (Gleevec) as a paradigm of targeted cancer therapies


Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library AV Room
Call Number: QZ206 B366w 2006

Cognitive behavioral workbook for anxiety: a step-by-step program


Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Library
Abbotsford Cancer Info Ctr
Kelowna Cancer Info Ctr
Prince George Cancer Info Ctr
Surrey Cancer Info Ctr
Victoria Cancer Info Ctr
Call Number: WM172 K67 2014

Mindfulness and acceptance: expanding the cognitive-behavioral tradition


Audience: Professional
Agency: BC Cancer Agency
Location: Abbotsford Library FHA
Call Number: WM425.5 C6 2011
Anxiety and worry workbook: The cognitive behavioral solution
https://libraries.phsa.ca/permalink/catalog114065
Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: CD 420 CLA 2012

"If you're seeking lasting relief from out-of-control anxiety, this is the book for you. It is grounded in cognitive behavior therapy, the proven treatment approach developed and tested over more than 25 years by pioneering clinician-researcher Aaron T. Beck. Now Dr. Beck and fellow cognitive therap…"

Mindfulness-based cognitive therapy for depression [videorecording]
https://libraries.phsa.ca/permalink/catalog19953
Audience: Professional
Agency: BC Cancer Agency
Location: Abbotsford Library FHA
Call Number: WM171 S454 2005

"A cognitive therapy approach to treating patients with depression. Provides psychology students and practitioners with an expert introduction to the spiritual approach of cognitive therapy."

Changing paradigms in the management of breast cancer
https://libraries.phsa.ca/permalink/catalog120463
Cham, Switzerland: Springer International Publishing AG (Ebook)
Audience: Professional
Agency: BC Cancer Agency
Location: Internet
URL Notes: This title is licensed for one user at a time on BCCA network computers. If you are denied access while on a network computer, try again later.

Integrative strategies for cancer patients: a practical resource for managing the side effects of cancer therapy


Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Library, Victoria Library, Abbotsford Cancer Info Ctr
Call Number: QZ266 L153 2012
URL Notes: Patients and the public of BC and the Yukon can access this title by calling 1.888.675.8001 x 8001 (toll-free) to obtain a username and password from the Library.

Table of contents: The Role of Complementary Medicine and Cancer Treatment -- Communicating with Your Medical Team -- How To Use This Book -- Descriptions of Complementary Medicine Therapies -- Aromatherapy -- Chinese Medicine and Acupressure -- Herbal Teas -- Homeopathy -- Massage -- Nutrition…

Visions for cancer recovery: a guided visualization and health meditation


Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Library, Surrey Cancer Info Ctr, Victoria Cancer Info Ctr, Kelowna Cancer Info Ctr, Abbotsford Cancer Info Ctr
Call Number: QZ266 H191 2004

Complementary therapies: empowering the cancer patient

Donnelly, Laurie. Woburn, Ma.: Xenejenex Productions, 1998. (Video, VHS) — 1 copy, 1 available

Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Library AV Room
Call Number: QZ266 C737 1998
Adapting cognitive therapy for depression: managing complexity and comorbidity
https://libraries.phsa.ca/permalink/catalog20984
Whisman, Mark A.; New York: Guilford, 2008. (Book) — 1 copy, 1 available
Audience: Professional
Agency: BC Cancer Agency
Location: Abbotsford Library FHA
Call Number: WM171 A221 2008

https://libraries.phsa.ca/permalink/catalog122287
Thorn, Beverly E. New York: The Guilford Press 2nd Ed. (Book)
Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: FM 880 THO 2017

This book contains 10 treatment modules that draw on proven cognitive-behavioral therapy (CBT) strategies. It includes 58 reproducible client handouts and assessment tools.

Treating health anxiety: a cognitive-behavioral approach
https://libraries.phsa.ca/permalink/catalog17933
Taylor, Steven, Asmundson, Gordon J. G.; New York: Guilford Press, 2004. (Book) — 1 copy, 1 available
Audience: Professional
Agency: BC Cancer Agency
Location: Abbotsford Library FHA
Call Number: WM178 T246 2004

What is health anxiety? -- Body and mind: biological and cognitive factors -- Behavioral factors and their consequences -- Learning experiences and the development of health anxiety -- Treatments: a review of the research -- Assessment and case formulation -- Cognitive-behavioral therapy: an overview...
Promoting wellness beyond hormone therapy: options for prostate cancer patients
https://libraries.phsa.ca/permalink/catalog120269
Moyad, Mark A. Ann Arbor, Mi: Spry Publishing LLC., 2013. 2nd ed. (Book) — 6 copies, 6 available
Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Library
Abbotsford Cancer Info Ctr
Kelowna Cancer Info Ctr
Prince George Cancer Info Ctr
Surrey Cancer Info Ctr
Victoria Cancer Info Ctr
Call Number: WJ762 M938p 2013

Pain in the cancer patient: pathogenesis, diagnosis and therapy
https://libraries.phsa.ca/permalink/catalog6913
New York, N.Y.: Springer-Verlag, 1984. (Book) — 1 copy, 1 available
Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: QZ206 RE34 1984 v.89

Multiple sclerosis sourcebook: basic consumer health information about multiple sclerosis (MS) and its effects on mobility, vision, bladder function, speech, swallowing, and cognition, including facts about risk factors, causes, diagnostic procedures, pain management, drug treatments, and physical and occupational therapies
https://libraries.phsa.ca/permalink/catalog17510
Shannon, Joyce Brennfleck. Detroit: Omnigraphics, 2007. (Book) — 1 copy, 1 available
Audience: Patient or Public
Agency: BC Cancer Agency
Location: Abbotsford Cancer Info Ctr FHA
Call Number: WL39 M961 2007
New treatment paradigms in metastatic breast cancer
https://libraries.phsa.ca/permalink/catalog17727
Manhasset, NY: CMP Medica, 2008. (Book) — 1 copy, 1 available

Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: WP870 N532d 2008

Breast cancer: treatment of the lymph nodes ;| Psychosocial oncology : what's new for breast cancer patients and survivors ;| Adherence to hormonal therapy in breast cancer
https://libraries.phsa.ca/permalink/catalog18405

Audience: Patient or Public Recommended
Agency: BC Cancer Agency
Location: Vancouver Library AV Room
Kelowna Cancer Info Ctr
Surrey Cancer Info Ctr
Victoria Cancer Info Ctr
Abbotsford Cancer Info Ctr
Call Number: WP870 B863 2009 v.14

Breast cancer: treatment of the lymph nodes by Dr. Tanya Berrang; Psychosocial oncology: what's new for breast cancer patients and survivors by Dr. Joanne Stephen; Adherence to hormonal therapy in breast cancer by Dr. Stephen Chia.

Brief atlas of the human body
https://libraries.phsa.ca/permalink/catalog16096

Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Kelowna Library
Call Number: QS4 T427b 2007

Accompanied by "Anatomy and physiology" by Gary A. Thibodeau, Kevin T. Patton. See ID# 16055
Don't sit in the shade forever: the tale of Ann: a few tips and tidbits for head and neck cancer patients undergoing radiation therapy

https://libraries.phsa.ca/permalink/catalog10568


Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Library

Pathways to change: brief therapy with difficult adolescents

https://libraries.phsa.ca/permalink/catalog18975

Selekman, Matthew D. New York: Guilford Press, 2005. 2nd ed. (Book) — 1 copy, 1 available

Audience: Professional
Agency: BC Cancer Agency
Location: Abbotsford Library FHA
Call Number: WS463 S4 2005

How to do cognitive rehabilitation therapy: A guide for all of us

https://libraries.phsa.ca/permalink/catalog110986


Audience: Patient or Public
Agency: BC Children's and Women's
Location: Sunny Hill Education Resource Centre
Call Number: FM 337 MAL 2007b

"Part Two (of two) of the 'How to do Cognitive Rehabilitation' books begins with page 181. The previous pages comprise Part One in which the authors set out the theoretical underpinnings for how to do CRT. In Part Two the authors focus on the practical implementation of the work and illustrate thi…"

Mindfulness-based cognitive therapy for depression: a new approach to preventing relapse

https://libraries.phsa.ca/permalink/catalog121874


Audience: Professional
Agency: BC Cancer Agency
Location: Victoria Library
Call Number: WM171 S454m 2018
Mindfulness-based cognitive therapy for depression: a new approach to preventing relapse


Audience: Professional
Agency: BC Cancer Agency
Location: VC PFCS
VFC PFCS
Victoria Library
Call Number: WM171 S454m 2002

Cognition and cancer


Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Internet
Call Number: QZ266 C676 2008

URL Notes: Eff. March 2020, Proquest is giving unlimited user access to many ebook titles. If you are working remotely, please contact the Library for access. Otherwise, set up an account while on a BC Cancer-network computer.

Group therapy for cancer patients: a research-based handbook of psychosocial care


Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Surrey Library
Victoria Library
Kelowna Library
Call Number: QZ266 S755 2000
Complete guide to complementary therapies in cancer care : essential information for patients, survivors and health professionals

https://libraries.phsa.ca/permalink/catalog20859
Audience: Patient or Public
Recommended
Agency: BC Cancer Agency
Location: Vancouver Library
                      Kelowna Cancer Info Ctr
                      Surrey Cancer Info Ctr
                      Victoria Cancer Info Ctr
                      Abbotsford Cancer Info Ctr
Call Number: QZ266 C345c 2011

Androgen deprivation therapy : an essential guide for prostate cancer patients and their loved ones

https://libraries.phsa.ca/permalink/catalog21728
Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Library
                      Surrey Cancer Info Ctr
                      Victoria Cancer Info Ctr
                      Abbotsford Cancer Info Ctr
                      Prince George Cancer Info Ctr
                      Internet
Call Number: WJ752 W322 2014
URL Notes: Patients and the public of BC and the Yukon can access this title by calling 1.888.675.8001 x 7000 (toll-free) to obtain a username and password from the Library.
Androgen deprivation therapy: an essential guide for prostate cancer patients and their loved ones
https://libraries.phsa.ca/permalink/catalog120844
Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Library
Abbotsford Cancer Info Ctr
Kelowna Cancer Info Ctr
Prince George Cancer Info Ctr
Surrey Cancer Info Ctr
Vancouver Cancer Info Ctr
Victoria Cancer Info Ctr
Call Number: WJ762 W322 2018

Radiation therapy and breast cancer: the most common questions asked by patients
https://libraries.phsa.ca/permalink/catalog7816
Audience: Patient or Public
Recommended
Agency: BC Cancer Agency
Location: Kelowna Library
Call Number: WP870 Y48 2000

Targeted therapies for cancer
https://libraries.phsa.ca/permalink/catalog17575
Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library AV Room
Call Number: QZ206 B365 2008 v.256
Cancer metastasis and the lymphovascular system: basis for rational therapy
https://libraries.phsa.ca/permalink/catalog15521
New York, NY: Springer, 2007. (Book) — 1 copy, 1 available
Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: QZ202 C215L 2007

Shifting paradigm: monoclonal antibodies in the treatment of hematologic malignancies
https://libraries.phsa.ca/permalink/catalog14206
Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library AV Room
Call Number: QZ206 B366 2005 v.13

Changing paradigms in breast cancer diagnosis and treatment
https://libraries.phsa.ca/permalink/catalog120542
Philadelphia, PA: Elsevier, 2018. (Serial, Book) — 1 copy, 1 available
Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library Journals

Schizophrenia: cognitive theory, research, and therapy
https://libraries.phsa.ca/permalink/catalog20297
Beck, Aaron T.; New York: Guilford, 2011. (Book) — 1 copy, 1 available
Audience: Professional
Agency: BC Cancer Agency
Location: Abbotsford Library FHA
Call Number: WM203 S35 2011