Getting through: a guide for middle school & high school students when cancer affects the family

https://libraries.phsa.ca/permalink/catalog121494

BC Cancer Agency. Patient and Family Counselling. [Vancouver, BC]: BC Cancer Agency. Psychosocial Oncology, 2016. (Booklet, Online)

Audience: Patient or Public
Professional
Agency: BC Cancer Agency
Location: Internet

High school confidential [videorecording]

https://libraries.phsa.ca/permalink/catalog17527

Neitzel, Michael C.; [White Rock, BC]: Peace Arch Community Services, 2007. (Video, DVD) — 2 copies, 2 available

Audience: Professional
Agency: BC Cancer Agency
Location: Abbotsford Library FHA
Abbotsford Cancer Info Ctr FHA
Call Number: WM270 H638 2007

“High School Confidential provides a unique glimpse into the world of peer pressure, parties and alcohol and drug use in high school. Teens that used drugs tell their stories and resilient youth speak up about the value of managing stress and pursuing your passion.”

The social skills picture book for high school and beyond

https://libraries.phsa.ca/permalink/catalog121492


Audience: Patient or Public
Agency: BC Children’s and Women’s
Location: Family Support & Resource Centre
Call Number: FM 272 BAK 2001b

“This picture book appeals to the visual strengths of students on the autism spectrum, with color photos of students demonstrating various social skills in the correct (and sometimes incorrect) way. The skills depicted are meant to be read, role-played, corrected when necessary, role-played some mor…”
Resumes that get jobs
https://libraries.phsa.ca/permalink/catalog4976
Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: Z250.6 R324 1998

Beyond the big talk: Every parent's guide to raising sexually healthy teens - from middle school to high school and beyond
https://libraries.phsa.ca/permalink/catalog104733
Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: GL 450 HAF 2001

"Educating teens about sexuality is an important parental responsibility that involves more than simply giving teens a book about sex or having a single big talk. It is an ongoing process, with parents listening to teens and remembering their own adolescence and sexual awakening. Examining issues ra…"

Eternal High: A teenager's experience with depression and suicide that will change your life
https://libraries.phsa.ca/permalink/catalog110235
Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: YOUTH CD 302 MAC 2006

"Crying uncontrollably at the kitchen table, mind racing with thoughts of suicide. How could this happen to a teen who has everything: a budding film career, popular in school, an all-state athlete, a good student, loving parents, and a perfect girlfriend? Everything was great yet suddenly everythin…"
Eternal high [videorecording] : a teenager's experience with depression and suicide that will change your life

https://libraries.phsa.ca/permalink/catalog19966

Mackie, Bryce; Sherborn, Mass.: Aquarius Health Care Videos (Video, DVD) — 1 copy, 1 available

Audience: Professional
Agency: BC Cancer Agency
Location: Abbotsford Library FHA
Call Number: WM171 T74 2006

"Crying uncontrollably at the kitchen table, mind racing with thoughts of suicide. How could this happen to a teen who has everything: a budding film career, popular in school, an all-state athlete, a good student, loving parents, and a perfect girlfriend? Everything was great yet suddenly everythi...

Arnie and his school tools: Simple sensory Solutions that build success

https://libraries.phsa.ca/permalink/catalog122246


Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: JUNIOR FM 261 VEE 2008

"The "missing piece" in successfully developing and using sensory modulation plans with elementary students Arnie and His School Tools: Simple Sensory Solutions to Build Success is an illustrated children’s book about an exuberant little boy who had difficulty paying attention in class and doing his...

Bully, the bullied, and the bystander: From pre-school to high school--How parents and teachers can help break the cycle of violence

https://libraries.phsa.ca/permalink/catalog104794


Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: BE 965 COL 2002

"The author gives parents, caregivers, educators—and most of all, kids—the tools to break the cycle of violence. Includes: the Bully—what bullying is and isn't: the differences and similarities between boy and girl bullies; the short- and long-term impact on the bully; The Bullied—who he/she is: whe...
This is my body: A film by high school girls
https://libraries.phsa.ca/permalink/catalog110768

Suitable for teachers, parents and health professionals, this film presents the lives of teenage girls brave enough to share their experiences and secrets about what it means to be a girl at this time of their lives. While taking a course in documentary video production, this group from a Montreal ...
Getting your child to say "Yes" to school: A guide for parents of youth with school refusal behavior

Kearney, Christopher. Toronto, ON: Oxford University Press, 2007. (Book) — 1 copy, 1 available

Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: AA 80 GET 2007

This book is designed to help parents address their child's school refusal behavior in the early stages. It helps parents identify school refusal behavior, provides step-by-step instructions to solve the problem, and outlines different techniques for getting children to school, including enhancing …

Too old for this, too young for that! Your survival guide for the middle-school years


Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: YOUTH GL 100 MOS 2000

This comprehensive guide offers preteens seven chapters filled with information and advice to help ease the transition from childhood to adolescence. It addresses changing bodies, health, emotions, privacy, family issues, dating, school, peer pressure, and time management. There are examples of diff…

Winning the battle against prostate cancer: get the treatment that is right for you


Audience: Patient or Public
Agency: BC Cancer Agency
Location: Internet
URL Notes: Patients and the public of BC and the Yukon can access this title by calling 1.888.675.8001 x 7000 (toll-free) to obtain a username and password from the Library.
Winning the battle against prostate cancer: get the treatment that is right for you

https://libraries.phsa.ca/permalink/catalog20046

Chodak, Gerald. New York, NY: Demos Health, 2011. (Book) — 6 copies, 6 available

Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Library
Vancouver Cancer Info Ctr
Kelowna Cancer Info Ctr
Surrey Cancer Info Ctr
Victoria Cancer Info Ctr
Abbotsford Cancer Info Ctr
Call Number: WJ752 C545 2011

Locoregional high-frequency hyperthermia and temperature measurement

https://libraries.phsa.ca/permalink/catalog429

New York, N.Y.: Springer-Verlag, 1986. (Book) — 1 copy, 1 available

Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: QZ206 RE34 1986 v.101

High-grade gliomas: diagnosis and treatment

https://libraries.phsa.ca/permalink/catalog16069

Totowa, N.J.: Humana Press, c2007. (Book, CD) — 1 copy, 1 available

Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: QZ380 H638 2007

Analyze this and that: genomes and proteomes

https://libraries.phsa.ca/permalink/catalog15366


Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library AV Room
Call Number: QZ206 B365 2006 v.210
Policies and procedures: Producing manuals that work
https://libraries.phsa.ca/permalink/catalog17017
Audience: Professional
Agency: BC Cancer Agency
Location: Abbotsford Library FHA
Call Number: WX150 C71p 1994

My sister has autism and that's okay!
https://libraries.phsa.ca/permalink/catalog112937
Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: JUNIOR FM 272 BEY 2013

A loving sister finds a positive way to look at her sister's diagnosis of Autism while providing unconditional love and support to her.

Parenting school-age twins and multiples
https://libraries.phsa.ca/permalink/catalog110878
Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: GK 602 TIN 2007

This book offers proven advice to: Encourage individuality; Foster positive sibling relationships; Discipline effectively; Deal with one child developing faster than the other; Manage common speech and reading difficulties.
High-dose therapy and autologous stem cell transplantation

Myeloma Canada. Dorval, QC: Myeloma Canada, 2019. (Booklet, Online) — 2 copies, 2 available

Audience: Patient or Public
Agency: BC Cancer Agency
Location: Abbotsford Cancer Info Ctr
Victoria Cancer Info Ctr
Internet
Call Number: WH380 M997 2019

Low carbohydrate, high protein diet slows and may prevent cancer


Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library AV Room
Call Number: QZ206 B365 2010 v.284

“Review some exciting results with mice which suggest that a simple change to a lower carbohydrate, higher protein diet reduces both the growth rate and incidence of tumours as well as increases the therapeutic effect of non-steroidal anti-inflammatory agents like Celebrex. ; Provide update on recom...

Household use of solid fuels and high temperature frying


Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Internet
Call Number: QZ202 I585 2010 v. 95
Dietary exposures and allergy prevention in high-risk infants

Canadian Pediatric Society. Ottawa, ON: Canadian Pediatric Society, 2013. (Online)

Audience: Patient or Public
Agency: BC Children's and Women's
URL Notes: Click on the link above to view/print.

Low carbohydrate, high protein diet slows and may prevent cancer


Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library AV Room
Call Number: Q2206 B366 2010 v.20

Review some exciting results with mice which suggest that a simple change to a lower carbohydrate, higher protein diet reduces both the growth rate and incidence of tumours as well as increases the therapeutic effect of non-steroidal anti-inflammatory agents like Celebrex. Provide update on recom...

It's ok that you're not ok: meeting grief and loss in a culture that doesn't understand

Devine, Megan. Boulder, CO: Sounds True, 2017. (Book) — 4 copies, 4 available

Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Library
Kelowna Cancer Info Ctr
Surrey Cancer Info Ctr
Victoria Cancer Info Ctr
Call Number: BF575 G7 D495 2017
Foods that harm, foods that heal: an A-Z guide to safe and healthy eating
https://libraries.phsa.ca/permalink/catalog10184
Reader's Digest Association (Canada). Montreal: Reader's Digest Association (Canada) Ltd., 1997. (Book) — 1 copy, 1 available

Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Cancer Info Ctr
Call Number: WB400 F686 1997

Mom and Mum are getting married!
https://libraries.phsa.ca/permalink/catalog113403
Setterington, Ken, Priestly, Alice (Illustrator). Toronto, ON: Second Story Press, 2005. (Book) — 1 copy, 1 available

Rosie is surprised to find her Mom dancing alone in the living room, but when Mom announces, Your Mum and I are getting married! they can't wait to start planning the big day. Friends and family come together for a celebration of love.

Starting school: Daycare, new activities and groups, changing schools, CHAMP can help!
https://libraries.phsa.ca/permalink/catalog110744
The War Amps. Ottawa, ON: The War Amps, [0000]. (Kit) — 3 copies, 3 available

The booklets and DVDs in this kit provide information and activities for children with limb loss who may be entering school for the first time. Resources for parents are also included.
Words that heal: affirmations and meditations for daily living
https://libraries.phsa.ca/permalink/catalog9854
Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: WM61 B651 1990

Link between inflammation and cancer: wounds that do not heal
https://libraries.phsa.ca/permalink/catalog14413
New York, NY: Springer, 2006. (Book) — 1 copy, 1 available
Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: QZ150 L756d 2006

Getting through: a teacher resource for understanding student(s) affected by cancer in the family; getting through: a student resource for sorting out school when cancer affects the family
https://libraries.phsa.ca/permalink/catalog15487
Audience: Patient or Public
Agency: BC Cancer Agency
Location: Kelowna Library
Call Number: QZ201 G394 2004 v.1-2
How people learn: Brain, mind, experience and school

https://libraries.phsa.ca/permalink/catalog112279


Audience: Professional
Agency: BC Children's and Women's
Location: Sunny Hill Education Resource Centre
Call Number: REF FM 260 NAT 2000

“When do infants begin to learn? how do experts learn and how is this different from nonexperts? what can teachers and schools do with curricula, classroom settings, and teaching methods to help children learn most effectively? This book offers exciting new research about the mind, the brain, and t…”

How people learn : brain, mind, experience, and school

https://libraries.phsa.ca/permalink/catalog18505


Audience: Professional
Agency: BC Cancer Agency
Location: Abbotsford Library FHA
Call Number: LB1060 H672 2000

“Learning : from speculation to science -- How experts differ from novices -- Learning and transfer -- How children learn -- Mind and brain -- The design of learning environments -- Effective teaching : examples in history, mathematics, and science -- Teaching learning -- Technology to support l…”

High-impact presentation and training skills : proven techniques for captivating, motivating and inspiring

https://libraries.phsa.ca/permalink/catalog14459


Audience: Professional
Agency: BC Cancer Agency
Location: Surrey Library
Call Number: PN4121 H739 2000
What about me?: When brothers and sisters get sick
https://libraries.phsa.ca/permalink/catalog102858
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: JUNIOR EF 860.5 PET 1992
Illustrated book dealing with the many complicated feelings the well child experiences in a situation where a sibling is ill: guilt about having caused the illness, fear that the sibling will die, anger over being left out, anxiety about catching the sickness, and longing for life to return to the …

The right moves to getting fit and feeling great
https://libraries.phsa.ca/permalink/catalog108332
Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: YOUTH GL 270 SCH 1998
Explains how girls can achieve total fitness by focusing on three broad areas: developing a positive self-image, choosing nutritious foods, and exercising regularly.

Why we get fat and what to do about it
https://libraries.phsa.ca/permalink/catalog111938
Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: BB 420 TAU 2011
An examination of what makes us fat. The author argues that our diet's overemphasis on certain kinds of carbohydrates, not fats and not excess calories, has led to the obesity epidemic we face today. ; Table of Contents: ; Chapter 1 Why were they fat? ; Chapter 2 The elusive benefits of undereating…
Leadership and self-deception: Getting out of the box
https://libraries.phsa.ca/permalink/catalog113023
Audience: Professional
Agency: BC Children's and Women's
Location: Study & Learning Commons
Call Number: REF AA 75 ARB 2002

“ This book introduces readers to the concept that problems that typically prevent superior performance in organizations are usually the result of self-deception. According to the authors, people who are in self-deception live and work as if trapped in a box. Using an entertaining story, the authors …

Special kids learning series: Getting ready & body and grooming
https://libraries.phsa.ca/permalink/catalog114734
TMW Media Group. Ohio, USA: Playaway, 2012. (Video, Pre-loaded Media) — 1 copy, 1 available
Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: PLAY JUNIOR FM 260 SPE 2012

“ The Special Kids speech and skill development video modeling programs have been demonstrated to help many visually receptive learners acquire verbal, reading, writing, academic, motor, play, self-help, social and interactive skills. ; Getting ready section, teaches children how to care for themselves…

Getting ready : meditations for surgery, chemo and radiation
https://libraries.phsa.ca/permalink/catalog2058
Siegel, Bernie S. New Haven, Ct.: ECaP, 1989. (Audio, Tape) — 1 copy, 1 available
Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Library Relax
Surrey Cancer Info Ctr
Kelowna Cancer Info Ctr
Call Number: QZ266 S573 1989
Autistic spectrum disorders: Understanding the diagnosis and getting help
https://libraries.phsa.ca/permalink/catalog104793
Waltz, Mitzi. Sebastpool, CA: O'Reilly & Associates, Inc. , 2002. 2nd Ed. (Book) — 1 copy, 0 available
Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: FM 272 WAL 2002

"This book will be useful to parents and educators working with children and adults suffering from autistic spectrum disorders (ASD). Of the changes made to this edition, first and foremost is the terminology: ASD, which incorporates autism, Asperger's syndrome, and other pervasive developmental dis…"

Cancer patient's guide to overcoming depression and anxiety: getting through treatment and getting back to your life
https://libraries.phsa.ca/permalink/catalog17563
Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Library
Vancouver Cancer Info Ctr
Kelowna Cancer Info Ctr
Surrey Cancer Info Ctr
Victoria Cancer Info Ctr
Abbotsford Cancer Info Ctr
CN PFCS
Call Number: QZ266 H797 2007

Imagine that!
https://libraries.phsa.ca/permalink/catalog112090
Evans, Jan, Morris, Vicki (ill.). Tampa, FL: Breath & Shadows Productions , 2010. 2nd ed. (Book) — 1 copy, 1 available
Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: JUNIOR CA 100 EVA 2010

"This picture book for children, tells the story Ginger Giraffe and Kerri Kinkajou, who are both preoccupied and distressed about their perceived appearance and body image. Then the two meet wise Dr. Owl and learn they suffer from Body Dysmorphic Disorder. With help from family and therapy with Dr. …"
Analyze that
https://libraries.phsa.ca/permalink/catalog114967
Audience: Patient or Public
Agency: BC Cancer Agency
Location: Victoria Humour

Computational exploratory analysis of high-dimensional flow cytometry data for diagnosis and biomarker discovery
https://libraries.phsa.ca/permalink/catalog21278
Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: LE3 2012 A266

Very best healing foods to fight cancer, diabetes, arthritis, high cholesterol, heart disease and much more
https://libraries.phsa.ca/permalink/catalog21477
Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Library
Vancouver Cancer Info Ctr
Kelowna Cancer Info Ctr
Surrey Cancer Info Ctr
Victoria Cancer Info Ctr
Abbotsford Cancer Info Ctr
Prince George Cancer Info Ctr
Call Number: QZ266 N9 F678 2011
A blend of personal stories and practical strategies, scholarly articles and entertaining essays from a community of voices—parents, educators, authors, researchers, and other experts—this book addresses the joys and challenges of raising and teaching, living with and understanding exceptionally gi…