Kitchen table wisdom: stories that heal
https://libraries.phsa.ca/permalink/catalog15590
Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Cancer Info Ctr
Call Number: WM172 R386 2006

That's unacceptable! : surviving a brain tumor : my personal story
https://libraries.phsa.ca/permalink/catalog13533
Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Cancer Info Ctr
Call Number: WL358 L697 1997

Annie Parker decoded: the story that inspired the film
https://libraries.phsa.ca/permalink/catalog12095
Parker, Annie. Brampton, ON: Annie Parker Books, 2014. (Book) — 7 copies, 6 available
Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Library
Abbotsford Cancer Info Ctr
Kelowna Cancer Info Ctr
Prince George Cancer Info Ctr
Surrey Cancer Info Ctr
Vancouver Cancer Info Ctr
Victoria Cancer Info Ctr
Call Number: WP870 P238 2014

"This book follows Annie Parker and her cancer journey, loss of family members and being one of the first women in Canada to be tested for the BRCA1 gene mutation, confirming her beliefs that her cancer were hereditary."
Link between inflammation and cancer: wounds that do not heal
https://libraries.phsa.ca/permalink/catalog14413
New York, NY: Springer, 2006. (Book) — 1 copy, 1 available
Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: QZ150 L756d 2006

Words that heal: affirmations and meditations for daily living
https://libraries.phsa.ca/permalink/catalog9854
Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: WM61 B651 1990

Foods that harm, foods that heal: an A-Z guide to safe and healthy eating
https://libraries.phsa.ca/permalink/catalog10184
Reader's Digest Association (Canada). Montreal: Reader's Digest Association (Canada) Ltd., 1997. (Book) — 1 copy, 1 available
Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Cancer Info Ctr
Call Number: WB400 F686 1997

Wisdom of menopause: creating physical and emotional health and healing during the change
https://libraries.phsa.ca/permalink/catalog20203
Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: WP580 N877w 2006
Women's bodies, women's wisdom: creating physical and emotional health and healing


Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Cancer Info Ctr
Victoria Cancer Info Ctr
Call Number: WM172 N877 1998

Heart of healing: inspired ideas, wisdom and comfort from today's leading voices

Santa Rosa, CA: Elite Books, 2004. (Book) — 1 copy, 1 available

Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: QZ266 H436c 2004

Healing trauma: a pioneering program for restoring the wisdom of your body

Levine, Peter A. Boulder, CO: Sounds True, 2008. (Book, CD) — 4 copies, 3 available

Audience: Patient or Public
Recommended
Agency: BC Cancer Agency
Location: Surrey Cancer Info Ctr
Call Number: WM172 L665h 2008

Healing circle: integrating science, wisdom and compassion in reclaiming wholeness on the cancer journey


Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Library
Abbotsford Cancer Info Ctr
Kelowna Cancer Info Ctr
Prince George Cancer Info Ctr
Victoria Cancer Info Ctr
Call Number: QZ266 R981h 2010
Cancer-fighting kitchen
https://libraries.phsa.ca/permalink/catalog21176
Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Library AV Room
Kelowna Cancer Info Ctr
Surrey Cancer Info Ctr
Victoria Cancer Info Ctr
Abbotsford Cancer Info Ctr
Prince George Cancer Info Ctr
Call Number: QZ266 N9 H435 2012 v.1-3

v.1: Becoming and epigenetic engineer by Jeanne Wallace. (Evidence-based nutrition presentation (87 minutes ; v.2
Cooking with the power of yum by Rebecca Katz. (Cooking demonstration) 80 minutes ; v.3 Audience questions and
answers with Jeanne Wallace and Rebecca Katz. 88 minutes

Kitchen for kids
https://libraries.phsa.ca/permalink/catalog112135
Low, Jennifer. BC, Canada: Whitecap Books , 2006. (Book) — 2 copies, 2 available
Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: BB 220 LOW 2006

Recipes that allow children to work safely in the kitchen as they discover the thrill of cooking from scratch. No sharp
knives, no stove-top cooking, no small electric appliances, kid-tested recipes, every recipe photographed. Contains
some braille wording.

Anne Lindsay's light kitchen
https://libraries.phsa.ca/permalink/catalog4827
Lindsay, Anne. Toronto, Ont.: MacMillan Canada , 1994. (Book) — 3 copies, 2 available
Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Cancer Info Ctr
Victoria Cancer Info Ctr
Call Number: QZ266 N9 L748a 1994
Mortally wounded: stories of soul pain, death and healing
https://libraries.phsa.ca/permalink/catalog3618
Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Cancer Info Ctr
Call Number: BF789 D4 K24 1996

Wolf spirit: a story of healing, wolves and wonder
https://libraries.phsa.ca/permalink/catalog121074
Pfluger, Gudrun. [Canada]: Rocky Mountain Books Ltd., 2015. (Book) — 2 copies, 2 available
Audience: Patient or Public
Agency: BC Cancer Agency
Location: Kelowna Cancer Info Ctr
Prince George Cancer Info Ctr
Call Number: QZ201 P531 2015

Ayla's story: Struggles of a premature baby and the miracle that follows
https://libraries.phsa.ca/permalink/catalog112244
Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: GK 520 SCH 2004

"This story is about a premature baby named Ayla, told from her perspective and written by her grandfather Doug. It relates to the challenges she had to overcome from being born after a gestation period of 24 weeks at BC Children's Hospital in Vancouver."
The brain that changes itself: Stories of personal triumph from the frontiers of brain science

https://libraries.phsa.ca/permalink/catalog112312
Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: FM 200 DOI 2007

"The discovery that our thoughts can change the structure and function of our brains - even into old age - is the most important breakthrough in neuroscience in four centuries. In this book, author, psychiatrist and psychoanalyst Norman Doidge introduces this new science of neuroplasticity. He outli…

Brain that changes itself : stories of personal triumph from the frontiers of brain science

https://libraries.phsa.ca/permalink/catalog21302
Audience: Professional
Agency: BC Cancer Agency
Location: CSI PFCS

Fighting for our future : stories that make a world of difference

https://libraries.phsa.ca/permalink/catalog15841
Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Library AV Room
Surrey Cancer Info Ctr
Victoria Cancer Info Ctr
Abbotsford Cancer Info Ctr
Call Number: WP870 M978f 2002
Communication skills that heal : a practical approach to a new professionalism in medicine
https://libraries.phsa.ca/permalink/catalog14442
Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: W62 B917 2006

Healing gourmet, eat to fight cancer : power foods that help you regain your health
https://libraries.phsa.ca/permalink/catalog14873
Audience: Patient or Public
Agency: BC Cancer Agency
Location: Victoria Cancer Info Ctr
Call Number: QZ266 H435L 2006

What to eat if you have cancer : healing foods that boost your immune system
https://libraries.phsa.ca/permalink/catalog15762
Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Library
Vancouver Cancer Info Ctr
Call Number: QZ266 K24 2007

Meals that heal inflammation : embrace healthy living and eliminate pain, one meal at a time
https://libraries.phsa.ca/permalink/catalog21454
Daniluk, Julie. Toronto, ON: Random House of Canada, 2011. (Book) — 2 copies, 0 available
Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Library
Surrey Cancer Info Ctr
Call Number: QZ266 N9 D183 2011
Coping skills for caregivers : words and music that support and heal
https://libraries.phsa.ca/permalink/catalog13234
Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Library Relax
Call Number: Q2266 S617 2002

Radioisotopes decay tables
https://libraries.phsa.ca/permalink/catalog4170
Audience: Professional
Agency: BC Cancer Agency
Location: Victoria Library
Call Number: WN415 R129 1969

Table of isotopes
https://libraries.phsa.ca/permalink/catalog5584
New York, N.Y.: John Wiley & Sons, 1997. 8th ed. (Book) — 2 copies, 2 available
Audience: Professional
Agency: BC Cancer Agency
Location: Kelowna Library
Call Number: WN420 F523 1996

Geigy scientific tables
https://libraries.phsa.ca/permalink/catalog6154
Basle, Switzerland: CIBA-GEIGY, 1984. 8th rev. and enl. ed. (Book) — 4 copies, 4 available
Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library REF
Call Number: WB16 G32 1984

v.1: Units of measurement, body fluids, composition of the body, nutrition ; v.2: Introduction to statistics, statistical tables, mathematical formulae ; v.3: Physical chemistry composition of blood, hematology, somatometric data ; v.4: Biochemistry metabolism of xenobiotics inborn errors of metabo…
Dietitian's cancer story: information and inspiration for recovery and healing from a 3-time cancer survivor

https://libraries.phsa.ca/permalink/catalog2943

Dyer, Diana. Ann Arbor, Mi.: Swan Press, 1999. 5th ed. (Book) — 1 copy, 1 available

Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: QZ266 D998d 1999

Voices of Alzheimer's, the healing companion: stories for courage, comfort and strength

https://libraries.phsa.ca/permalink/catalog17895


Audience: Patient or Public
Agency: BC Cancer Agency
Location: Abbotsford Cancer InfoCtr FHA
Call Number: WT155 V65 2007

When God and cancer meet: true stories of hope and healing

https://libraries.phsa.ca/permalink/catalog15064


Audience: Patient or Public
Agency: BC Cancer Agency
Location: Kelowna Cancer InfoCtr
Call Number: WM61 E34 2002

Voices of breast cancer: the healing companion: stories for courage, comfort and strength

https://libraries.phsa.ca/permalink/catalog16000


Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Cancer InfoCtr
Surrey Cancer InfoCtr
Victoria Cancer InfoCtr
Kelowna Cancer InfoCtr
Abbotsford Cancer InfoCtr
Call Number: WP870 V889h 2007
Chicken soup for the breast cancer survivor's soul: stories to inspire, support and heal
https://libraries.phsa.ca/permalink/catalog15599
Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Library
Vancouver Cancer Info Ctr
Kelowna Cancer Info Ctr
Surrey Cancer Info Ctr
Victoria Cancer Info Ctr
Abbotsford Cancer Info Ctr
Prince George Cancer Info Ctr
Call Number: WP870 C222 2006

Voices of lung cancer: the healing companion; stories for courage, comfort and strength
https://libraries.phsa.ca/permalink/catalog16050
Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Library
Vancouver Cancer Info Ctr
Surrey Cancer Info Ctr
Victoria Cancer Info Ctr
Kelowna Cancer Info Ctr
Abbotsford Cancer Info Ctr
Call Number: WF658 V889 2007

Dietitian's cancer story: information and inspiration for recovery and healing from a 3-time cancer survivor
https://libraries.phsa.ca/permalink/catalog10652
Audience: Patient or Public
Recommended
Agency: BC Cancer Agency
Location: Vancouver Library
Vancouver Cancer Info Ctr
Surrey Cancer Info Ctr
Victoria Cancer Info Ctr
Call Number: QZ266 D998d 2002
The wisdom of menopause
https://libraries.phsa.ca/permalink/catalog111506
Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: GG 700 NOR 2006

“ In "The Wisdom of Menopause", through her personal story and case histories, Dr. Northrup discusses many controversial issues in women's health. Topics include: how menopause jump-starts changes in the brain: how to ensure the long-term health of breasts, bones, and heart: how the body adjusts nat…

Women's bodies, women's wisdom
https://libraries.phsa.ca/permalink/catalog113886
Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: GG 100 NOR 2010

“ When it was first published in 1994, Women's Bodies, Women's Wisdom quickly became an international bestseller, and for the past fifteen years it has remained the veritable bible of women's health. Now, in this revised and updated edition, world-renowned and much-beloved women's health expert Dr. C…

10 percent happier : how I tamed the voice in my head, reduced stress without losing my edge, and found self-help that actually works : a true story
https://libraries.phsa.ca/permalink/catalog120079
Harris, Dan. New York, NY: Dey St. , 2014. (Book) — 1 copy, 0 available
Audience: Patient or Public
Agency: BC Cancer Agency
Location: Victoria Cancer Info Ctr
Call Number: WM172.4 H313 2014
Now that I have cancer, I am whole: reflections on life and healing for cancer patients and those who love them

https://libraries.phsa.ca/permalink/catalog21024


Audience: Patient or Public

Agency: BC Cancer Agency

Location: Vancouver Library

Abbotsford Cancer Info Ctr

Call Number: Q2201 M143 2007

Imagine that!

https://libraries.phsa.ca/permalink/catalog112090

Evans, Jan, Morris, Vicki (ill.). Tampa, FL: Breath & Shadows Productions, 2010. 2nd ed. (Book) — 1 copy, 1 available

Audience: Patient or Public

Agency: BC Children's and Women's

Location: Family Support & Resource Centre

Call Number: JUNIOR CA 100 EVA 2010

"This picture book for children, tells the story Ginger Giraffe and Kerri Kinkajou, who are both preoccupied and distressed about their perceived appearance and body image. Then the two meet wise Dr. Owl and learn they suffer from Body Dysmorphic Disorder. With help from family and therapy with Dr. …"

Analyze that

https://libraries.phsa.ca/permalink/catalog114967


Audience: Patient or Public

Agency: BC Cancer Agency

Location: Victoria Humour
Our edible roots: the Japanese Canadian kitchen garden


Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: QZ266 N9 J35 2018

The Japanese Canadian kitchen garden is full of surprises. Easy to grow and nutritionally dense, fresh Japanese vegetables enable you to experience the authentic flavour of Japanese dishes. This book showcases growing and foraging tips, recipes (including vegan options), guides to using Japanese in...

Statistical tables for the design of clinical trials


Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: HA29 M149 1987

From market to table: Low-glycemic meals in minutes


Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: BB 100 KAL 2011

This motivational DVD is packed with educational tips to help you: - understand the science behind Low-Glycemic eating and weight management. - simplify supermarket shopping with a Shop Smart tour to help you choose low-glycemic foods, read labels and expand your menu repertoire. - Learn how...

BCWH fetal health surveillance pocket card 2013 with lactate table

BC Women's Hospital + Health Centre. Vancouver, BC: BC Women's Hospital + Health Centre, 2013. (Other)

Audience: Professional
Agency: BC Children's and Women's

This tool is for health professionals who provide care for Antepartum or Intrapartum women. Based on the SOGC Fetal Health Surveillance Guidelines, this fold-out plastic card contains flow charts for intermittent auscultation, uterine activity, examples of decelerations, and the Antepartum and Intr...
SEER : cancer statistics review 1973-92 : tables and graphs
https://libraries.phsa.ca/permalink/catalog7544

Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: Q2202 U58c 1995