Kitchen table wisdom : stories that heal
https://libraries.phsa.ca/permalink/catalog15590
Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Cancer Info Ctr
Call Number: WM172 R386 2006

Living kitchen : healing recipes to support your body during cancer treatment and recovery
https://libraries.phsa.ca/permalink/catalog121877
Green, Tamara, Grossman, Sarah. [Vancouver, BC]: Appetite by Random House, 2018. (Book)
Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Library
Abbotsford Cancer Info Ctr
Kelowna Cancer Info Ctr
Prince George Cancer Info Ctr
Vancouver Cancer Info Ctr
Call Number: QZ266 N9 G795 2018

Annie Parker decoded : the story that inspired the film
https://libraries.phsa.ca/permalink/catalog120955
Parker, Annie. Brampton, ON: Annie Parker Books, 2014. (Book)
Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Library
Abbotsford Cancer Info Ctr
Kelowna Cancer Info Ctr
Prince George Cancer Info Ctr
Surrey Cancer Info Ctr
Vancouver Cancer Info Ctr
Victoria Cancer Info Ctr
Call Number: WP870 P238 2014

This book follows Annie Parker and her cancer journey, loss of family members and being one of the first women in Canada to be tested for the BRCA1 gene mutation, confirming her beliefs that her cancer were hereditary.
The book of Lua: Stories and wisdom from a little cat with mobility challenges
https://libraries.phsa.ca/permalink/catalog122028
Sheldon, Dania. Canada: Kittenhaus Press (Book)
Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: JUNIOR FM 550 SHE 2018

"Lua survived a spinal cord injury when she was only a few weeks old, leaving her partially paralyzed. But that hasn't stopped this brave, sassy cat. In The Book of Lua, she talks about what it's like to live with mobility challenges, why she values each day, and the unique relationships and perspec…"

Wisdom of menopause : creating physical and emotional helth and healing during the change
https://libraries.phsa.ca/permalink/catalog20203
Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: WP580 N877w 2006

Heart of healing : inspired ideas, wisdom and comfort from today's leading voices
https://libraries.phsa.ca/permalink/catalog15401
Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: QZ266 H436c 2004

Women's bodies, women's wisdom : creating physical and emotional health and healing
https://libraries.phsa.ca/permalink/catalog5665
Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Cancer Info Ctr, Victoria Cancer Info Ctr
Call Number: WM172 N877 1998
Healing trauma: a pioneering program for restoring the wisdom of your body
https://libraries.phsa.ca/permalink/catalog18776
Levine, Peter A. Boulder, CO: Sounds True, 2008. (Book, CD) — 4 copies, available
Audience: Patient or Public
Agency: BC Cancer Agency
Location: Surrey Cancer Info Ctr
Call Number: WM172 L665h 2008

Healing circle: integrating science, wisdom and compassion in reclaiming wholeness on the cancer journey
https://libraries.phsa.ca/permalink/catalog19146
Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Library
Abbotsford Cancer Info Ctr
Kelowna Cancer Info Ctr
Prince George Cancer Info Ctr
Victoria Cancer Info Ctr
Call Number: QZ266 R981h 2010

Cancer-fighting kitchen
https://libraries.phsa.ca/permalink/catalog21176
Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Library AV Room
Kelowna Cancer Info Ctr
Surrey Cancer Info Ctr
Victoria Cancer Info Ctr
Abbotsford Cancer Info Ctr
Prince George Cancer Info Ctr
Call Number: QZ266 N9 H435 2012 v.1-3

v.1: Becoming and epigenetic engineer by Jeanne Wallace. (Evidence-based nutrition presentation (87 minutes)
Cooking with the power of yum by Rebecca Katz. (Cooking demonstration) 80 minutes
Audience questions and answers with Jeanne Wallace and Rebecca Katz. 88 minutes
Kitchen for kids
https://libraries.phsa.ca/permalink/catalog112135
Low, Jennifer. BC, Canada: Whitecap Books, 2006. (Book)
Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: BB 220 LOW 2006

Recipes that allow children to work safely in the kitchen as they discover the thrill of cooking from scratch. No sharp knives, no stove-top cooking, no small electric appliances, kid-tested recipes, every recipe photographed. Contains some braille wording.

The Living Kitchen
https://libraries.phsa.ca/permalink/catalog122343
Green, Tamara, Grossman Sarah. Canada: Random House, 2018. (Book)
Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: FE 280 GR 2018

From two experts in cancer care cooking comes an informative, inspiring, and empowering guide that will educate cancer patients and their caregivers about the healing power of food. With nearly 100 nourishing recipes designed to combat side effects related to cancer therapy, this book is an essenti...

Anne Lindsay's light kitchen
https://libraries.phsa.ca/permalink/catalog4827
Lindsay, Anne. Toronto, Ont.: MacMillan Canada, 1994. (Book)
Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Cancer Info Ctr
Victoria Cancer Info Ctr
Call Number: QZ266 N9 L748a 1994
Ayla's story: Struggles of a premature baby and the miracle that follows

https://libraries.phsa.ca/permalink/catalog112244


Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: GK 520 SCH 2004

“This story is about a premature baby named Ayla, told from her perspective and written by her grandfather Doug. It relates to the challenges she had to overcome from being born after a gestation period of 24 weeks at BC Children's Hospital in Vancouver.

The brain that changes itself: Stories of personal triumph from the frontiers of brain science

https://libraries.phsa.ca/permalink/catalog112312


Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: FM 200 DOI 2007

“The discovery that our thoughts can change the structure and function of our brains - even into old age - is the most important breakthrough in neuroscience in four centuries. In this book, author, psychiatrist and psychoanalyst Norman Doidge introduces this new science of neuroplasticity. He outl…

Fighting for our future: stories that make a world of difference

https://libraries.phsa.ca/permalink/catalog15841


Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Library AV Room
Surrey Cancer Info Ctr
Victoria Cancer Info Ctr
Abbotsford Cancer Info Ctr
Call Number: WP870 M978f 2002
Mortally wounded : stories of soul pain, death and healing
https://libraries.phsa.ca/permalink/catalog3618
Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Cancer Info Ctr
Call Number: BF789 D4 K24 1996

Wolf spirit : a story of healing, wolves and wonder
https://libraries.phsa.ca/permalink/catalog121074
Pfluger, Gudrun. [Canada]: Rocky Mountain Books Ltd., 2015. (Book)
Audience: Patient or Public
Agency: BC Cancer Agency
Location: Kelowna Cancer Info Ctr
Prince George Cancer Info Ctr
Call Number: QZ201 P531 2015

Radioisotopes decay tables
https://libraries.phsa.ca/permalink/catalog4170
Audience: Professional
Agency: BC Cancer Agency
Location: Victoria Library
Call Number: WN415 R129 1969

Analysis of contingency tables
https://libraries.phsa.ca/permalink/catalog13999
Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: HA29 E93 1977
Table of isotopes
https://libraries.phsa.ca/permalink/catalog5584
Audience: Professional
Agency: BC Cancer Agency
Location: Kelowna Library
Call Number: WN420 F523 1996

Geigy scientific tables
https://libraries.phsa.ca/permalink/catalog6154
Basle, Switzerland: CIBA-GEIGY , 1984. 8th rev. and enl. ed. (Book)
Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library REF
Call Number: WB16 G32 1984

Meals that heal inflammation : embrace healthy living and eliminate pain, one meal at a time
https://libraries.phsa.ca/permalink/catalog21454
Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Library
Surrey Cancer Info Ctr
Call Number: QZ266 N9 D183 2011

Coping skills for caregivers : words and music that support and heal
https://libraries.phsa.ca/permalink/catalog13234
Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Library Relax
Call Number: QZ266 S817 2002
Communication skills that heal: a practical approach to a new professionalism in medicine

https://libraries.phsa.ca/permalink/catalog14442
Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: W62 B917 2006

Healing gourmet, eat to fight cancer: power foods that help you regain your health

https://libraries.phsa.ca/permalink/catalog14873
Audience: Patient or Public
Agency: BC Cancer Agency
Location: Victoria Cancer Info Ctr
Call Number: QZ266 H435L 2006

What to eat if you have cancer: healing foods that boost your immune system

https://libraries.phsa.ca/permalink/catalog15762
Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Library
Vancouver Cancer Info Ctr
Call Number: QZ266 K24 2007

Hugs for the heart: a story collection that touches the heart as only a hug can do

https://libraries.phsa.ca/permalink/catalog16306
Audience: Patient or Public
Agency: BC Cancer Agency
Location: Kelowna Cancer Info Ctr
Call Number: BV4515.3 H84 2007
Book of miracles: inspiring true stories of healing, gratitude, and love
https://libraries.phsa.ca/permalink/catalog21845
Audience: Patient or Public
Agency: BC Cancer Agency
Location: Surrey Cancer Info Ctr
Call Number: WB880 S571 2011

Dietitian's cancer story: information and inspiration for recovery and healing from a 3-time cancer survivor
https://libraries.phsa.ca/permalink/catalog2943
Dyer, Diana. Ann Arbor, Mi.: Swan Press, 1999. 5th ed. (Book)
Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: QZ266 D998d 1999

Dietitian's cancer story: information and inspiration for recovery and healing from a 3-time cancer survivor
https://libraries.phsa.ca/permalink/catalog10652
Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: QZ266 D998d 2002

When God and cancer meet: true stories of hope and healing
https://libraries.phsa.ca/permalink/catalog15064
Audience: Patient or Public
Agency: BC Cancer Agency
Location: Kelowna Cancer Info Ctr
Call Number: WM61 E34 2002
Chicken soup for the breast cancer survivor's soul: stories to inspire, support and heal
https://libraries.phsa.ca/permalink/catalog15599
Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Library
         Vancouver Cancer Info Ctr
         Kelowna Cancer Info Ctr
         Surrey Cancer Info Ctr
         Victoria Cancer Info Ctr
         Abbotsford Cancer Info Ctr
         Prince George Cancer Info Ctr
Call Number: WP870 C222 2006

Voices of breast cancer: the healing companion: stories for courage, comfort and strength
https://libraries.phsa.ca/permalink/catalog16000
Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Cancer Info Ctr
         Surrey Cancer Info Ctr
         Victoria Cancer Info Ctr
         Kelowna Cancer Info Ctr
         Abbotsford Cancer Info Ctr
Call Number: WP870 V889h 2007

Voices of lung cancer: the healing companion; stories for courage, comfort and strength
https://libraries.phsa.ca/permalink/catalog16050
Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Library
         Vancouver Cancer Info Ctr
         Surrey Cancer Info Ctr
         Victoria Cancer Info Ctr
         Abbotsford Cancer Info Ctr
Call Number: WF658 V889 2007
Voices of Alzheimer's, the healing companion: stories for courage, comfort and strength
https://libraries.phsa.ca/permalink/catalog17895
Audience: Patient or Public
Agency: BC Cancer Agency
Location: Abbotsford Cancer Info Ctr FHA
Call Number: WT155 V65 2007

10 percent happier: how I tamed the voice in my head, reduced stress without losing my edge, and found self-help that actually works: a true story
https://libraries.phsa.ca/permalink/catalog120079
Harris, Dan. New York, NY: Dey St., 2014. (Book)
Audience: Patient or Public
Agency: BC Cancer Agency
Location: Victoria Cancer Info Ctr
Call Number: WM172.4 H313 2014

The wisdom of menopause
https://libraries.phsa.ca/permalink/catalog111506
Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: GG 700 NOR 2006

In “The Wisdom of Menopause”, through her personal story and case histories, Dr. Northrup discusses many controversial issues in women's health. Topics include: how menopause jump-starts changes in the brain: how to ensure the long-term health of breasts, bones, and heart: how the body adjusts nat...
Women's bodies, women's wisdom
https://libraries.phsa.ca/permalink/catalog113886
Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: GG 100 NOR 2010

"When it was first published in 1994, Women's Bodies, Women's Wisdom quickly became an international bestseller, and for the past fifteen years it has remained the veritable bible of women's health. Now, in this revised and updated edition, world-renowned and much-beloved women's health expert Dr. C…"

Imagine that!
https://libraries.phsa.ca/permalink/catalog112090
Evans, Jan, Morris, Vicki (ill.). Tampa, FL: Breath & Shadows Productions, 2010. 2nd ed. (Book)
Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: JUNIOR CA 100 EVA 2010

"This picture book for children, tells the story Ginger Giraffe and Kerri Kinkajou, who are both preoccupied and distressed about their perceived appearance and body image. Then the two meet wise Dr. Owl and learn they suffer from Body Dysmorphic Disorder. With help from family and therapy with Dr. …"

Analyze that
https://librarysearch.sfu.ca/search?q=analyze+that
Audience: Patient or Public
Agency: BC Cancer Agency
Location: Victoria Humour

Now that I have cancer, I am whole: reflections on life and healing for cancer patients and those who love them
https://librarysearch.sfu.ca/search?q=now+that+i+have+cancer,+i+am+whole:+reflections+on+life+and+healing+for+cancer+patients+and+those+who+love+them
Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Library
Abbotsford Cancer Info Ctr
Call Number: QZ201 M143 2007
Our edible roots: the Japanese Canadian kitchen garden
https://libraries.phsa.ca/permalink/catalog120956
Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: QZ266 N9 J35 2018

"The Japanese Canadian kitchen garden is full of surprises. Easy to grow and nutritionally dense, fresh Japanese vegetables enable you to experience the authentic flavour of Japanese dishes. This book showcases growing and foraging tips, recipes (including vegan options), guides to using Japanese in..."

From market to table: Low-glycemic meals in minutes
https://libraries.phsa.ca/permalink/catalog112540
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: BB 100 KAL 2011

"This motivational DVD is packed with educational tips to help you: - understand the science behind Low-Glycemic eating and weight management. - simplify supermarket shopping with a Shop Smart tour to help you choose low-glycemic foods, read labels and expand your menu repertoire. - Learn how..."

Statistical tables for the design of clinical trials
https://libraries.phsa.ca/permalink/catalog3012
Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: HA29 M149 1987

Cancer incidence 1996: CCR shelf tables (CCR rules)
https://libraries.phsa.ca/permalink/catalog13583
Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library REF Statistics
Call Number: QZ200 C219 1996