100 questions and answers about chronic pain
https://libraries.phsa.ca/permalink/catalog20227
Maletic, Vladimir, Jain, Rakesh, Raison, Charles L.; Sudbury, Mass.: Jones & Bartlett Learning , [2012]. (Book) — 1 copy, 1 available
Audience: Patient or Public
Agency: BC Cancer Agency
Location: Abbotsford Cancer Info Ctr FHA
Call Number: WL 704 M247 2012

Introduction to pain and pain disorders -- Neurobiology of pain -- Non-pharmacological strategies for pain treatment -- Medications for pain treatment -- Interventional and surgical means of treating pain -- Coping with, living with, and thriving despite pain.

1,2,3 Ouchless
https://libraries.phsa.ca/permalink/catalog102714
Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: JUNIOR EA 935 KOR 1995

"A picture book to reassure children that with the use of EMLA cream, injections don't hurt.

Aches and pains after giving birth: Managing your pain and self medications
https://libraries.phsa.ca/permalink/catalog112077
Pharmacy and Nursing Department, Children's & Women's Health Centre of BC. Vancouver, BC: BC Women's Hospital & Health Centre, 2010. (Pamphlet)
Audience: Patient or Public
Agency: BC Children's and Women's
Call Number: BCW692
URL Notes: Click on the link above to view/print.

Provides information for women who have just given birth on helpful things you can do for specific aches and pains, and suggests medications for each discomfort.
Aches, pains, and love: A guide to dating and relationships for those with chronic pain and illness

https://libraries.phsa.ca/permalink/catalog122281

Lynne, Kira. Canada: Moppet Press, 2016. (Book)

Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: FM 830 LYN 2016

"Having been told by a doctor 20 years ago that I'd never be able to have a relationship due to my chronic pain, and having proved her wrong, I've set out to write a book for those who are living with chronic pain and illness and who have given up on or are struggling with relationships." It is

Acute pain management: operative or medical procedures and trauma: clinical practice guideline

https://libraries.phsa.ca/permalink/catalog2686


Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: WL700 A189 1992

Advances in the management of chronic pain

https://libraries.phsa.ca/permalink/catalog3852


Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: WL700 I62 1984
Alternate approaches to the nursing and health care of British Columbians with chronic nonmalignant pain


Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: WL700 N736 1992

Amanda's rainbow


Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Library
Vancouver Cancer Info Ctr
Victoria Cancer Info Ctr
CSI PFCS
Call Number: WL700 H655 2002

American Cancer Society's guide to pain control: understanding and managing cancer pain


Audience: Patient or Public
Agency: BC Cancer Agency
Recommended
Location: Vancouver Library
Call Number: WL700 AS125 2004

Understanding cancer pain|Coping with the emotional and social impact of cancer pain|Achieving effective pain control|Describing and measuring your pain|Pain relief through medication|Other medical approaches to pain management|Complementary nondrug treatments|Managing side effects of opioids|Cancer
Assessing patient symptoms using "N to V"
https://libraries.phsa.ca/permalink/catalog20053
Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library AV Room
Call Number: WY161 B365 2010 v.19

Video shows an RN assessing a patient who has dyspnea and pain. She will use the symptom assessment acronym "NOPQRSTUV" to guide her assessment.

Assessment and treatment of cancer pain
https://libraries.phsa.ca/permalink/catalog2845
Seattle, Wa.: IASP Press , 1998. (Book) — 2 copies, 2 available
Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Victoria Library
Call Number: WL700 A846 1998

Back talk: An owner's manual for backs
https://libraries.phsa.ca/permalink/catalog108187
Audience: Professional
Agency: BC Children’s and Women’s
Location: Sunny Hill Education Resource Centre
Call Number: REF FB 720 BAC 1995

The information and advice in this booklet helps to understand how the back works, provide tips for avoiding injury, and show how to care for one's back during recovery.
Benign breast disease: a resource handbook for health care providers
https://libraries.phsa.ca/permalink/catalog9910
Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: WP840 B647 1996

Be the boss of your pain: Self-care for kids
https://libraries.phsa.ca/permalink/catalog110188
Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: JUNIOR FM 800 CUL 2007

**Kids learn ways to manage and relieve the pain of common headaches and stomachaches, as well as pain related to injuries and illness. Self-care skills include belly breathing, positive self-talk, aromatherapy, and acupressure.**

Bone metastases: helping you to help yourself: a guide for patients diagnosed with bone metastases
https://libraries.phsa.ca/permalink/catalog17856
http://sunnybrook.ca/content/?page=occ-bone-pated
Toronto, ON: Odette Cancer Centre, Sunnybrook Health Sciences Centre, 2008. (Book, Online) — 4 copies, 4 available
Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Library
Vancouver Cancer Info Ctr
Abbotsford Cancer Info Ctr
Internet
Call Number: WE258 B712g 2008
Breaking barriers: management of cancer-related pain: an interactive guide to the management of cancer-related pain in adults, for use by healthcare professionals in the hospital and community setting

Audience: Professional
Agency: BC Cancer Agency
Location: Victoria Library
Call Number: WL700 B828 2008

Breast pain

https://libraries.phsa.ca/permalink/catalog111099
Vancouver, BC: BC Women's Hospital & Health Centre, 2009. (Pamphlet)
Audience: Patient or Public
Agency: BC Children's and Women's
Call Number: BCW812
URL Notes: Please click on the link above to view.

Explains the types of breast pain and how it is diagnosed and treated.

But you look good: How to encourage and understand people living with illness and pain

https://libraries.phsa.ca/permalink/catalog122282
Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: FM 830 CON 2014

"Do your loved ones have a hard time understanding your chronic illness or pain, because to them you LOOK fine? But You LOOK Good is a book that gives those living with chronic illness and pain a voice about how they feel, what they need and how others can be an encouragement to them. It is a
Cancer chat Canada
https://libraries.phsa.ca/permalink/catalog112203
http://cancerchatcanada.ca/

British Columbia Cancer Agency. Surrey, BC: Provincial Health Services Authority, 2012. (Online)

Audience: Patient or Public
Agency: BC Children’s and Women’s
URL Notes: Click the above link to view website.

“CancerChatCanada provides online support to people affected by cancer and is funded primarily through the Canadian Partnership against Cancer. The British Columbia Cancer Agency Psychosocial Oncology program houses the central office for CancerChatCanada. CancerChatCanada offers professionally-fa…

Cancer doesn't have to hurt: how to conquer the pain caused by cancer and cancer treatment
https://libraries.phsa.ca/permalink/catalog8359

Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Library
Vancouver Cancer Info Ctr
Victoria Cancer Info Ctr
Call Number: WL700 H421 1997

Cancer pain
https://libraries.phsa.ca/permalink/catalog2794

Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: WL700 C2161 1993

Cancer pain
https://libraries.phsa.ca/permalink/catalog5604
Boston, Ma.: MTP Press Ltd., 1987. (Book) — 1 copy, 1 available

Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: WL700 C215 1987
Cancer pain: from molecules to suffering

International Association for the Study of Pain (IASP). Seattle, WA: IASP Press, 2010. (Book) — 1 copy, 1 available

Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: WL700 C214p 2010

"This book provides an in-depth analysis of basic and clinical research on cancer pain. It describes mechanisms of cancer pain and reviews opioid treatment issues, including tolerance. The book discusses clinical trial designs, covers the psychology of cancer pain, and describes disparities in the

Cancer pain management

https://libraries.phsa.ca/permalink/catalog2711

Toronto, Ont.: Grune & Stratton, Inc., 1987. (Book) — 1 copy, 1 available

Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: WL700 C216 1987

"Chapters 1, 2, 3, 5, 7, and 10 are updated and expanded from Seminars in Oncology Nursing, volume 1, no. 2, May 1985

Cancer pain management

https://libraries.phsa.ca/permalink/catalog3273

Adelhardt, Jean, Lapin, Jeanne. New York, N.Y.: Memorial Sloan-Kettering Cancer Center, 1990. (Other) — 1 copy, 1 available

Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library AV Room
Call Number: WL700 M533 1990
Cancer pain management

https://libraries.phsa.ca/permalink/catalog15281


Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
          Surrey Library
          Victoria Library
          Kelowna Library
          Abbotsford Library
Call Number: WL700 C216f 2007

Cancer pain management and you

https://libraries.phsa.ca/permalink/catalog20504

http://mediasite.phsa.ca/mediasite/Play/8c70a524ad11402e987bcb851510b7001d

http://www.bccancer.bc.ca/health-info/coping-with-cancer/managing-symptoms-side-effects/pain


Audience: Patient or Public
Agency: BC Cancer Agency
Location: Internet

Cancer pain management: principles and practice

https://libraries.phsa.ca/permalink/catalog9265

Boston, Ma.: Butterworth-Heinemann, 1997. (Book) — 3 copies, 3 available

Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
          Surrey Library
          Victoria Library
Call Number: WL700 C216p 1997
Cancer pain relief and palliative care
https://libraries.phsa.ca/permalink/catalog8137
Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: WL700 W928c 1990

Cancer pain relief: with a guide to opioid availability
https://libraries.phsa.ca/permalink/catalog1685
Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Victoria Library
Call Number: WL700 W928 1996

Cancer rehabilitation: principles and practice
https://libraries.phsa.ca/permalink/catalog121473
New York, NY: Demos Medical | Springer Publishing Company, 2019. 2nd ed. (Book) — 2 copies, 2 available
Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: QZ266 C218s 2019
Cancer rehabilitation : principles and practice


Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Victoria Library
Abbotsford Library
Internet
Call Number: QZ266 C218s 2009
URL Notes: This title is licensed for one user at a time on BCCA-network computers. If you are denied access while on a network computer, try again later.


Cancer-related bone pain


Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Surrey Library
Victoria Library
Abbotsford Library
Call Number: WE258 C2153 2007

Caring for yourself after the loss of your baby

Vancouver, BC: BC Women's Hospital & Health Centre, 2011. (Pamphlet)

Audience: Patient or Public
Agency: BC Children's and Women's
Call Number: BCW693
URL Notes: Click on the link above to view/print.

This handout has been divided into 3 parts to help you know about: 1. The physical changes you may experience after giving birth and how to take care of yourself; 2. The feelings you may have and things to do that may help; 3. Who and when to call for help once you are home.
Challenge of pain
https://libraries.phsa.ca/permalink/catalog5519
Melzack, Ronald, Wall, Patrick D. Markham, Ont.: Penguin Books , 1982. (Book) — 1 copy, 1 available
Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: WL700 M517 1982

A child in pain [Chinese]: What health professionals can do to help
https://libraries.phsa.ca/permalink/catalog112087
Kuttner, Leora. Bethel, CT: Crown House Publishing Ltd. , 2010. (Book) — 1 copy, 1 available
Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Sunny Hill Education Resource Centre
Call Number: FM 800 KUTb 2010
This book, in Chinese, is written by a Clinical Professor in the Pediatric Department of the University of British Columbia and BC Children's Hospital, focuses on pediatric pain management. It is designed to help health professionals of all disciplines who work with children, gain understanding and

Child in pain : how to help, what to do
https://libraries.phsa.ca/permalink/catalog9271
Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Library
FVC PFCS
Kelowna Library
Call Number: WL700 K97c 1996
A child in pain [Italian]: What health professionals can do to help


Audience: Patient or Public
Agency: BC Children’s and Women’s
Location: Family Support & Resource Centre
Call Number: FM 800 KUTc 2010

This book, in Italian, is written by a Clinical Professor in the Pediatric Department of the University of British Columbia and BC Children’s Hospital, focuses on pediatric pain management. It is designed to help health professionals of all disciplines who work with children, gain understanding and

A child in pain: What health professionals can do to help

Kuttner, Leora. Bethel, CT: Crown House Publishing Ltd., 2010. (Book) — 3 copies, 3 available

Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Sunny Hill Education Resource Centre
Call Number: FM 800 KUT 2010

This volume is designed to help pediatric health professionals gain a true understanding of childhood pain. Pain is the most common reason for children to seek a medical consultation and sometimes is the most common reason for avoiding it. Unaddressed fears and anxiety complicate pain management

Child in pain : what health professionals can do to help


Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: WL700 K971 2010
Chronic pain management: guidelines for multidisciplinary program development
https://libraries.phsa.ca/permalink/catalog15915
Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: WL700 C558s 2007

Chronic pelvic pain interdisciplinary program
https://libraries.phsa.ca/permalink/catalog114215
(Pamphlet, Online)
Audience: Patient or Public
Agency: BC Children's and Women's
URL Notes: Click on the link above to view/print.

Clinical essentials of pain management
https://libraries.phsa.ca/permalink/catalog13476
Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: WL700 G258 2005

Clinical pain management: acute pain
https://libraries.phsa.ca/permalink/catalog10477
New York, N.Y.: Arnold, 2003. (Book) — 1 copy, 1 available
Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: WL700 C641 2003 v.1
Clinical pain management : cancer pain
https://libraries.phsa.ca/permalink/catalog18463
Audience: Professional
Agency: BC Cancer Agency
Location: Internet
URL Notes: This title is licensed for one user at a time on BCCA-network computers. If you are denied access while on a network computer, try again later.

Clinical pain management : practical applications and procedures
https://libraries.phsa.ca/permalink/catalog10478
New York, N.Y.: Arnold, 2003. (Book) — 1 copy, 1 available
Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: WL700 C641 2003 v.2