



## Eating well with Canada's food guide

<https://libraries.phsa.ca/permalink/catalog15506>

[http://www.hc-sc.gc.ca/fn-an/food-guide-aliment/order-commander/eating\\_well\\_bien\\_manger-eng.php](http://www.hc-sc.gc.ca/fn-an/food-guide-aliment/order-commander/eating_well_bien_manger-eng.php)

<http://www.hc-sc.gc.ca/fn-an/food-guide-aliment/index-eng.php>

[http://www.hc-sc.gc.ca/fn-an/food-guide-aliment/order-commander/guide\\_trans-trad-eng.php](http://www.hc-sc.gc.ca/fn-an/food-guide-aliment/order-commander/guide_trans-trad-eng.php)

Canada. Health Canada. Ottawa, ON: Ministry of Supply and Services Canada , 2007. (Booklet, Handout, Online)

Audience: Patient or Public

Recommended

Agency: BC Cancer Agency

Location: Internet

URL Notes: 3rd URL links to the translated versions of the guide (multicultural)