



## 100 questions and answers about liver cancer

<https://libraries.phsa.ca/permalink/catalog121787>

Abou-Alfa, Ghassan K, DeMatteo, Ronald P. Sudbury, MA: Jones and Bartlett Learning , [2020]. 4th ed. (Book) — 7 copies, [7 available](#)

Audience: Patient or Public  
Recommended

Agency: BC Cancer Agency

Location: Vancouver Library  
Abbotsford Cancer Info Ctr  
Kelowna Cancer Info Ctr  
Prince George Cancer Info Ctr  
Surrey Cancer Info Ctr  
Vancouver Cancer Info Ctr  
Victoria Cancer Info Ctr

Call Number: WI735 A155 2020



## 100 questions and answers about kidney cancer

<https://libraries.phsa.ca/permalink/catalog120975>

Campbell, Steven C., Rini, Brian I., Uzzo, Robert G., Lane, Brian. Burlington, MA: Jones & Bartlett Learning , 2019. 3rd ed. (Book) — 7 copies, [7 available](#)

Audience: Patient or Public  
Recommended

Agency: BC Cancer Agency

Location: Vancouver Library  
Abbotsford Cancer Info Ctr  
Prince George Cancer Info Ctr  
Kelowna Cancer Info Ctr  
Surrey Cancer Info Ctr  
Vancouver Cancer Info Ctr  
Victoria Cancer Info Ctr

Call Number: WJ358 C191 2019



## 100 questions and answers about prostate cancer

<https://libraries.phsa.ca/permalink/catalog120976>

Ellsworth, Pamela. Burlington, MA: Jones & Bartlett Learning , [2019]. 5th ed. (Book) — 7 copies, [5 available](#)

Audience: Patient or Public  
Recommended

Agency: BC Cancer Agency

Location: Vancouver Library  
Abbotsford Cancer Info Ctr  
Kelowna Cancer Info Ctr  
Prince George Cancer Info Ctr  
Surrey Cancer Info Ctr  
Vancouver Cancer Info Ctr  
Victoria Cancer Info Ctr

Call Number: WJ762 E49 2019



## What to eat during cancer treatment : more than 130 recipes to help you cope

<https://libraries.phsa.ca/permalink/catalog121063>

Besser, Jeanne, Grant, Barbara L. Atlanta, GA: American Cancer Society , 2019. 2nd ed. (Book) — 7 copies, [4 available](#)

Audience: Patient or Public  
Recommended

Agency: BC Cancer Agency

Location: Vancouver Library  
Abbotsford Cancer Info Ctr  
Kelowna Cancer Info Ctr  
Prince George Cancer Info Ctr  
Surrey Cancer Info Ctr  
Vancouver Cancer Info Ctr  
Victoria Cancer Info Ctr

Call Number: QZ266 N9 W555 2019

🗨 *This second edition includes recipes to help cope with the following symptoms: ; Nausea -- Diarrhea -- Constipation -- Trouble Swallowing -- Sore Mouth or Throat -- Unintentional Weight Loss - Taste Changes.*



## Mindfulness-based stress reduction workbook

<https://libraries.phsa.ca/permalink/catalog121746>

Stahl, Bob, Goldstein, Elisha. Oakland, CA: New Harbinger Publications , 2019. 2nd ed, fully revised and updated. (Book) — 7 copies, [5 available](#)

Audience: Patient or Public  
Recommended

Agency: BC Cancer Agency

Location: Vancouver Library  
Abbotsford Cancer Info Ctr  
Kelowna Cancer Info Ctr  
Prince George Cancer Info Ctr  
Surrey Cancer Info Ctr  
Vancouver Cancer Info Ctr  
Victoria Cancer Info Ctr

Call Number: WM425 S781 2019



## Never too young : psychosocial information and support for young women with breast cancer

<https://libraries.phsa.ca/permalink/catalog120877>

[https://www.cbcn.ca/en/never\\_too\\_young](https://www.cbcn.ca/en/never_too_young)

Canadian Breast Cancer Network. Ottawa, ON: Canadian Breast Cancer Network , 2018. (Booklet, Online) — 7 copies, [7 available](#)

Audience: Patient or Public  
Recommended

Agency: BC Cancer Agency

Location: Vancouver Library  
Abbotsford Cancer Info Ctr  
Kelowna Cancer Info Ctr  
Prince George Cancer Info Ctr  
Surrey Cancer Info Ctr  
Vancouver Cancer Info Ctr  
Victoria Cancer Info Ctr  
Internet

Call Number: WP870 C215n 2018

URL Notes: PDF may be downloaded at URL.



## Managing stress while living with cancer

<https://libraries.phsa.ca/permalink/catalog120945>

<http://www.bccancer.bc.ca/health-info/coping-with-cancer/emotional-support/managing-stress>

[http://media.phsa.ca/home/iframe?url=BCCA/Managing\\_stress\\_while\\_living\\_with\\_cancer\\_20180808](http://media.phsa.ca/home/iframe?url=BCCA/Managing_stress_while_living_with_cancer_20180808)

[http://media.phsa.ca/home/iframe?url=BCCA/Body\\_Scan\\_Vid\\_Updated\\_20190131](http://media.phsa.ca/home/iframe?url=BCCA/Body_Scan_Vid_Updated_20190131)

BC Cancer Agency, Patient and Family Counselling Services, Psychosocial Oncology Program. Vancouver, BC: BC Cancer Agency, 2018. (Video, DVD, Online) — 7 copies, [7 available](#)

Audience: Patient or Public

Recommended

Agency: BC Cancer Agency

Location: Vancouver Library AV Room  
Abbotsford Cancer Info Ctr  
Kelowna Cancer Info Ctr  
Surrey Cancer Info Ctr  
Prince George Cancer Info Ctr  
Victoria Cancer Info Ctr  
Internet  
AC PFCS  
CN PFCS  
CSI PFCS  
FVC PFCS  
VC PFCS  
VIC PFCS

Call Number: QZ266 M266 2018

URL Notes: Translations of Part I in Simplified Chinese, Traditional Chinese and Punjabi are available at website. Part II Body Scan is available online.

🗨️ *Part I (12:19) ; Part II Body Scan (8:54)*



## Colorectal cancer and you : a guide for people living with colorectal cancer

<https://libraries.phsa.ca/permalink/catalog121248>

[http://archive.colorectalcancercanada.com/IMG/pdf/CRC\\_You\\_EN.pdf](http://archive.colorectalcancercanada.com/IMG/pdf/CRC_You_EN.pdf)

<http://archive.colorectalcancercanada.com/en/advocacy/ccac-materials/>

Colorectal Cancer Association of Canada. Montreal, QC: Colorectal Cancer Association of Canada , 2018. 4th ed. (Book, Online) — 14 copies, [14 available](#)

Audience: Patient or Public  
Recommended

Agency: BC Cancer Agency

Location: Vancouver Library  
Abbotsford Cancer Info Ctr  
Kelowna Cancer Info Ctr  
Prince George Cancer Info Ctr  
Surrey Cancer Info Ctr  
Vancouver Cancer Info Ctr  
Victoria Cancer Info Ctr  
Internet

Call Number: W1520 C718c 2018



## Multiple myeloma patient handbook

<https://libraries.phsa.ca/permalink/catalog113705>

[http://www.myeloma.ca/pixms/uploads/serve/ckeditor/myeloma\\_canada\\_patient\\_handbook\\_10\\_2017-2.pdf](http://www.myeloma.ca/pixms/uploads/serve/ckeditor/myeloma_canada_patient_handbook_10_2017-2.pdf)

Myeloma Canada. Dorval, QC: Myeloma Canada , 2017. 5th ed. (Booklet, Online) — 10 copies, [10 available](#)

Audience: Patient or Public  
Recommended

Agency: BC Cancer Agency

Location: Vancouver Library  
Abbotsford Cancer Info Ctr  
Prince George Cancer Info Ctr  
Surrey Cancer Info Ctr  
Vancouver Cancer Info Ctr  
Victoria Cancer Info Ctr  
Internet

Call Number: WH540 M997 2017



## Patient's guide to lung cancer

<https://libraries.phsa.ca/permalink/catalog120289>

<http://www.lungcancer canada.ca/Resources/Patient-Guide.aspx>

<http://www.lungcancer canada.ca/LungCancerCanada/media/Documents/Patient-Guide-to-Lung-Cancer-2017.pdf>

Lung Cancer Canada. Toronto, ON: Lung Cancer Canada , 2017. 6th ed. (Booklet, Online) — 7 copies, [7 available](#)

Audience: Patient or Public  
Recommended

Agency: BC Cancer Agency

Location: Vancouver Library  
Abbotsford Cancer Info Ctr  
Kelowna Cancer Info Ctr  
Prince George Cancer Info Ctr  
Surrey Cancer Info Ctr  
Vancouver Cancer Info Ctr  
Victoria Cancer Info Ctr  
Internet

Call Number: WF658 L960p 2017



## Metastatic breast cancer series : guide for the newly diagnosed

<https://libraries.phsa.ca/permalink/catalog120623>

<https://www.cbcn.ca/en/mbc-newly-diagnosed-guide>

<https://www.cbcn.ca/web/default/files/public/Reports/MBC%20GUIDE%20CANADIAN%20ENGLISH%20-%20FINAL.pdf>

Canadian Breast Cancer Network, Metastatic Breast Cancer Network, Living Beyond Breast Cancer. Bala Cynwyd, PA: Living Beyond Breast Cancer , 2017. Canadian ed. (Booklet, Online) — 15 copies, [15 available](#)

Audience: Patient or Public  
Recommended

Agency: BC Cancer Agency

Location: Vancouver Library  
Abbotsford Cancer Info Ctr  
Kelowna Cancer Info Ctr  
Prince George Cancer Info Ctr  
Surrey Cancer Info Ctr  
Vancouver Cancer Info Ctr  
Victoria Cancer Info Ctr  
Internet

Call Number: WP870 M587 2017

URL Notes: French language edition available at URL.



## Breast cancer survival manual : a step-by-step guide for the woman with newly diagnosed breast cancer

<https://libraries.phsa.ca/permalink/catalog120282>

Link, John, Ein-Gal, Shlomit, Link, Nancy. New York, NY: St. Martin's Griffin , 2017. 6th ed. (Book) — 7 copies, [6 available](#)

Audience: Patient or Public  
Recommended

Agency: BC Cancer Agency

Location: Vancouver Library  
Abbotsford Cancer Info Ctr  
Prince George Cancer Info Ctr  
Kelowna Cancer Info Ctr  
Surrey Cancer Info Ctr  
Vancouver Cancer Info Ctr  
Victoria Cancer Info Ctr

Call Number: WP870 L756 2017



## Diet and nutrition : nutritional concerns with pancreatic cancer

<https://libraries.phsa.ca/permalink/catalog120429>

<https://www.pancan.org/facing-pancreatic-cancer/diet-and-nutrition/>

Pancreatic Cancer Action Network. Manhattan Beach, CA: Pancreatic Cancer Action Network Inc. , 2017. (Booklet) — 16 copies, [14 available](#)

Audience: Patient or Public  
Recommended

Agency: BC Cancer Agency

Location: Vancouver Library  
Abbotsford Cancer Info Ctr  
Kelowna Cancer Info Ctr  
Prince George Cancer Info Ctr  
Surrey Cancer Info Ctr  
Vancouver Cancer Info Ctr  
Victoria Cancer Info Ctr

Call Number: W1810 P188d 2017



## Intelligent patient guide to breast cancer

<https://libraries.phsa.ca/permalink/catalog120452>

Olivotto, Ivo, Gelmon, Karen, McCready, David, Kuusk, Urve. Vancouver, BC: Intelligent Patient Guide Ltd. , 2017. 6th ed., rev. and updated. (Book) — 38 copies, [31 available](#)

Audience: Patient or Public  
Recommended

Agency: BC Cancer Agency

Location: Vancouver Library  
Abbotsford Cancer Info Ctr  
Kelowna Cancer Info Ctr  
Prince George Cancer Info Ctr  
Surrey Cancer Info Ctr  
Vancouver Cancer Info Ctr  
Victoria Cancer Info Ctr

Call Number: WP870 I61 2017



## Lung cancer : your questions, expert answers

<https://libraries.phsa.ca/permalink/catalog120642>

Schiller, Joan H. Boston, MA: Jones and Bartlett Publishers , 2017. 4th ed. (Book) — 9 copies, [6 available](#)

Audience: Patient or Public  
Recommended

Agency: BC Cancer Agency

Location: Vancouver Library  
Abbotsford Cancer Info Ctr  
Kelowna Cancer Info Ctr  
Prince George Cancer Info Ctr  
Surrey Cancer Info Ctr  
Vancouver Cancer Info Ctr  
Victoria Cancer Info Ctr

Call Number: WF658 S334 2017



## Mindfulness and acceptance workbook for depression: using acceptance and commitment therapy to move through depression and create a life worth living

<https://libraries.phsa.ca/permalink/catalog121057>

Strosahl, Kirk, Robinson, Patricia J. Oakland, CA: New Harbinger Publications, Inc. , 2017. 2nd ed. (Book) — 5 copies, [4 available](#)

Audience: Patient or Public  
Recommended

Agency: BC Cancer Agency

Location: Surrey Cancer Info Ctr

Call Number: WM172 S924 2017





## 100 questions and answers about kidney cancer

<https://libraries.phsa.ca/permalink/catalog113508>

<http://www.r2library.com/Resource/Title/1284038572>

Campbell, Steven C, Rini, Brian I, Uzzo, Robert G, Lane, Brian R, Chisolm, Stephanie. Sudbury, MA: Jones and Bartlett Publishers , 2016. 2nd ed. (Book, Ebook) — 6 copies, [6 available](#)

Audience: Patient or Public  
Recommended

Agency: BC Cancer Agency

Location: Vancouver Library  
Abbotsford Cancer Info Ctr  
Prince George Cancer Info Ctr  
Surrey Cancer Info Ctr  
Vancouver Cancer Info Ctr  
Victoria Cancer Info Ctr  
Internet

Call Number: WJ358 C191 2016

URL Notes: This title was funded by the Order of the Eastern Star, and is licensed for one user at a time. Patients and the public of BC and the Yukon can access this title by calling 1.888.675.8001 x 8001 (toll-free) to obtain a username and password from the Library.



## Still by your side

<https://libraries.phsa.ca/permalink/catalog114619>

<http://www.ovariancanada.org/living-with-ovarian-cancer/support-resources>

Sapsford, Marilyn, Turner, Fran. Toronto, ON: Ovarian Cancer Canada , [2016]. (Book) — 15 copies, [15 available](#)

Audience: Patient or Public  
Recommended

Agency: BC Cancer Agency

Location: Vancouver Library  
Abbotsford Cancer Info Ctr  
Prince George Cancer Info Ctr  
Kelowna Cancer Info Ctr  
Surrey Cancer Info Ctr  
Vancouver Cancer Info Ctr  
Victoria Cancer Info Ctr

Call Number: WP322 S241 2016

URL Notes: Print or electronic copies may be ordered online.

🗨️ *Still By Your Side is a guide for women in Canada with recurrent ovarian cancer.*



## Understanding CLL and SLL : a patient's guide to chronic lymphocytic leukemia and small lymphocytic lymphoma

<https://libraries.phsa.ca/permalink/catalog120106>

[http://www.lymphoma.ca/sites/default/files/images/43952\\_lymphoma\\_canada\\_en\\_prm\\_cll-web.pdf](http://www.lymphoma.ca/sites/default/files/images/43952_lymphoma_canada_en_prm_cll-web.pdf)

<http://www.lymphoma.ca/programs-resources/publications>

Lymphoma Canada. Mississauga, ON: Lymphoma Canada , 2016. (Book, Online) — 13 copies, [13 available](#)

Audience: Patient or Public  
Recommended

Agency: BC Cancer Agency

Location: Abbotsford Cancer Info Ctr  
Kelowna Cancer Info Ctr  
Prince George Cancer Info Ctr  
Surrey Cancer Info Ctr  
Vancouver Cancer Info Ctr  
Victoria Cancer Info Ctr  
Internet

Call Number: WH250 L986 2016



## Reaching out to your children when cancer comes to your family : a guide for parents

<https://libraries.phsa.ca/permalink/catalog120152>

Slakov, June. Vancouver, BC: BC Cancer Agency. Multi-Media Services , 2016. Rev. ed. (Book) — 6 copies, [6 available](#)

Audience: Patient or Public  
Recommended

Agency: BC Cancer Agency

Location: Vancouver Library  
Abbotsford Cancer Info Ctr  
Kelowna Cancer Info Ctr  
Prince George Cancer Info Ctr  
Surrey Cancer Info Ctr  
Victoria Cancer Info Ctr

Call Number: QZ201 S631r 2016



## Understanding Hodgkin lymphoma: a patient's guide

<https://libraries.phsa.ca/permalink/catalog120241>

<https://www.lymphoma.ca/programs-resources/publications>

[https://www.lymphoma.ca/sites/default/files/images/43952c\\_lymphoma\\_canada\\_en\\_prm\\_hl\\_web.pdf](https://www.lymphoma.ca/sites/default/files/images/43952c_lymphoma_canada_en_prm_hl_web.pdf)

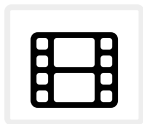
Lymphoma Canada. Mississauga, ON: Lymphoma Canada , 2016. (Book, Online) — 12 copies, [12 available](#)

Audience: Patient or Public  
Recommended

Agency: BC Cancer Agency

Location: Vancouver Library  
Abbotsford Cancer Info Ctr  
Kelowna Cancer Info Ctr  
Prince George Cancer Info Ctr  
Surrey Cancer Info Ctr  
Vancouver Cancer Info Ctr  
Victoria Cancer Info Ctr  
Internet

Call Number: WH500 L986 2016



## Indigenous voices : stories of serious illness and grief

<https://libraries.phsa.ca/permalink/catalog120285>

<http://livingmyculture.ca/culture/>

Canadian Virtual Hospice, Canadian Partnership Against Cancer. Winnipeg, MB: Canadian Virtual Hospice , 2016. (Video, DVD, Pre-loaded Media, Online) — 6 copies, [6 available](#)

Audience: Patient or Public  
Recommended

Agency: BC Cancer Agency

Location: Vancouver Library  
Abbotsford Cancer Info Ctr  
Prince George Cancer Info Ctr  
Kelowna Cancer Info Ctr  
Surrey Cancer Info Ctr  
Victoria Cancer Info Ctr  
Internet

Call Number: BF575 C212 2016

“ First Nations, Inuit, and Metis share stories about living with serious illness and grief. The video series consists of 170 short video clips organized by theme. Highlights are captured in four longer videos. ; 1. Ceremony, tradition and spirituality (21:41) ; 2. Caring for the patient and family (...)



## 100 questions and answers about lymphoma

<https://libraries.phsa.ca/permalink/catalog113669>

<https://ebookcentral.proquest.com/lib/bccancer-ebooks/reader.action?docID=3319402>

Holman, Peter, Garrett, Jodi, Bociak, Gregory. Boston, MA: Jones & Bartlett Learning , 2016. 3rd ed. (Book, Ebook) — 6 copies, [4 available](#)

Audience: Patient or Public  
Recommended

Agency: BC Cancer Agency

Location: Vancouver Library  
Abbotsford Cancer Info Ctr  
Prince George Cancer Info Ctr  
Surrey Cancer Info Ctr  
Vancouver Cancer Info Ctr  
Victoria Cancer Info Ctr  
Internet

Call Number: WH525 H747 2016

URL Notes: Patients and the public of BC and the Yukon can access this title by calling 1.888.675.8001 x 7000 (toll-free) to obtain a username and password from the Library.



## My adventures with fox and owl : a creative journal for kids with cancer in the family

<https://libraries.phsa.ca/permalink/catalog114580>

Hankinson, Sara Prins, Janes, Karen. Vancouver, BC: BC Cancer Agency , 2016. (Book) — 12 copies, [11 available](#)

Audience: Patient or Public  
Recommended

Agency: BC Cancer Agency

Location: Vancouver Library  
Abbotsford Cancer Info Ctr  
Kelowna Cancer Info Ctr  
Prince George Cancer Info Ctr  
Surrey Cancer Info Ctr  
Vancouver Cancer Info Ctr  
Victoria Cancer Info Ctr

Call Number: QZ201 C5 H241 2016

“This book is designed for children, aged 5 - 9 who have a family member with cancer. It was designed as a place for them to learn about cancer and ways of coping when cancer comes to the family.”



## Understanding NHL : a patient's guide to non-Hodgkin lymphoma

<https://libraries.phsa.ca/permalink/catalog120103>

[http://www.lymphoma.ca/sites/default/files/images/43952b\\_lymphoma\\_canada\\_en\\_prm\\_nhl-web.pdf](http://www.lymphoma.ca/sites/default/files/images/43952b_lymphoma_canada_en_prm_nhl-web.pdf)

<http://www.lymphoma.ca/programs-resources/publications>

Lymphoma Canada. Mississauga, ON: Lymphoma Canada , 2016. (Book, Online) — 13 copies, [10 available](#)

Audience: Patient or Public  
Recommended

Agency: BC Cancer Agency

Location: Vancouver Library  
Abbotsford Cancer Info Ctr  
Kelowna Cancer Info Ctr  
Prince George Cancer Info Ctr  
Surrey Cancer Info Ctr  
Vancouver Cancer Info Ctr  
Victoria Cancer Info Ctr  
Internet

Call Number: WH525 L986 2016



## Overview of pancreatic cancer : a guide to understanding a complex disease

<https://libraries.phsa.ca/permalink/catalog120430>

[http://support.pancan.org/site/PageServer?pagename=request\\_online\\_education\\_packet](http://support.pancan.org/site/PageServer?pagename=request_online_education_packet)

Pancreatic Cancer Action Network. Manhattan Beach, CA: Pancreatic Cancer Action Network Inc. , 2016. (Booklet) — 14 copies, [11 available](#)

Audience: Patient or Public  
Recommended

Agency: BC Cancer Agency

Location: Vancouver Library  
Abbotsford Cancer Info Ctr  
Kelowna Cancer Info Ctr  
Prince George Cancer Info Ctr  
Surrey Cancer Info Ctr  
Vancouver Cancer Info Ctr  
Victoria Cancer Info Ctr

Call Number: W810 P188o 2016



## Mindfulness and acceptance workbook for anxiety : a guide to breaking free from anxiety, phobias and worry using acceptance and commitment therapy

<https://libraries.phsa.ca/permalink/catalog120501>

Forsyth, John P., Eifert, Georg H. Oakland, CA: New Harbinger Publications, Inc. , 2016. 2nd ed. (Book) — 10 copies, [9 available](#)

Audience: Patient or Public  
Recommended

Agency: BC Cancer Agency

Location: Surrey Cancer Info Ctr

Call Number: WM172 F735 2016



## Cooking - comfort - care : nourishment for the pancreatic cancer fight : recipes and nutrition tips for people with pancreatic cancer

<https://libraries.phsa.ca/permalink/catalog120983>

<https://www.pancan.org/facing-pancreatic-cancer/living-with-pancreatic-cancer/diet-and-nutrition/cooking-comfort-care/>

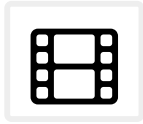
Pancreatic Cancer Action Network. [Summit, NJ]: Celgene Inc. , 2016. (Book, Online) — 10 copies, [8 available](#)

Audience: Patient or Public  
Recommended

Agency: BC Cancer Agency

Location: Vancouver Library  
Abbotsford Cancer Info Ctr  
Kelowna Cancer Info Ctr  
Prince George Cancer Info Ctr  
Surrey Cancer Info Ctr  
Vancouver Cancer Info Ctr  
Victoria Cancer Info Ctr  
Internet

Call Number: Wl810 P188 2016



## Financial information for cancer patients

<https://libraries.phsa.ca/permalink/catalog113471>

BC Cancer Agency. Psychosocial Oncology. Vancouver, BC: BC Cancer Agency. Multi-Media Services , 2015. 2nd ed. (Video, DVD) — 11 copies, [11 available](#)

Audience: Patient or Public  
Recommended

Agency: BC Cancer Agency

Location: Vancouver Library  
Surrey Cancer Info Ctr  
Victoria Cancer Info Ctr  
Kelowna Cancer Info Ctr  
Prince George Cancer Info Ctr  
VC Library Archives  
Abbotsford Cancer Info Ctr

Call Number: QZ200 B365f 2015

“ 1. *Introduction (1:40 minutes)* ; *Introduction (video) Hosted by Shelley Pennington, BC Cancer Agency* ; 2. *I need to stop working? (12:44 minutes)* ; *I need to stop working (video) Hosted by Maureen Parkinson & Douglas Ozier, BC Cancer Agency* ; 3. *Accommodation - Home Support - Transportation (5:34...*



## By your side

<https://libraries.phsa.ca/permalink/catalog113519>

[www.vimeo.com/110363897](http://www.vimeo.com/110363897)

Toronto, ON: Ovarian Cancer Canada , 2015. rev. ed. (Book) — 17 copies, [17 available](#)

Audience: Patient or Public  
Recommended

Agency: BC Cancer Agency

Location: Vancouver Library  
Abbotsford Cancer Info Ctr  
Kelowna Cancer Info Ctr  
Prince George Cancer Info Ctr  
Surrey Cancer Info Ctr  
Vancouver Cancer Info Ctr  
Victoria Cancer Info Ctr

Call Number: WP322 B993 2015

URL Notes: Companion video "We just heard" is online. Password : YANA2014



## Handbook for new ostomy patients

<https://libraries.phsa.ca/permalink/catalog120140>

[http://www.uoavancouver.com/uploads/2/6/8/9/26894454/final\\_new\\_patients\\_edition\\_7th\\_printing\\_web\\_2017.pdf](http://www.uoavancouver.com/uploads/2/6/8/9/26894454/final_new_patients_edition_7th_printing_web_2017.pdf)

<http://www.uoavancouver.com/>

United Ostomy Association of Canada. Vancouver Chapter. Vancouver, BC: Vancouver United Ostomy Association , 2015.

6th ed. (Book, Online) — 13 copies, [13 available](#)

Audience: Patient or Public  
Recommended

Agency: BC Cancer Agency

Location: Vancouver Library  
Abbotsford Cancer Info Ctr  
Prince George Cancer Info Ctr  
Kelowna Cancer Info Ctr  
Surrey Cancer Info Ctr  
Vancouver Cancer Info Ctr  
Victoria Cancer Info Ctr  
Internet

Call Number: W1520 H258 2015



## Nonviolent communication : a language of life

<https://libraries.phsa.ca/permalink/catalog120504>

Rosenberg, Marshall B. Encinitas, CA.: Puddle Dancer Press , 2015. 3rd ed. (Book) — 5 copies, [5 available](#)

Audience: Patient or Public  
Recommended

Agency: BC Cancer Agency

Location: Surrey Cancer Info Ctr

Call Number: WM172 R813 2015



## An emotionally focused workbook for couples : the two of us

<https://libraries.phsa.ca/permalink/catalog120505>

Kallos-Lilly, Veronica, Fitzgerald, Jennifer. New York, NY: Routledge , 2015. (Book) — 5 copies, [5 available](#)

Audience: Patient or Public  
Recommended

Agency: BC Cancer Agency

Location: Surrey Cancer Info Ctr

Call Number: WM430.5.M3 K14 2015





## Dr. Susan Love's breast book

<https://libraries.phsa.ca/permalink/catalog113630>

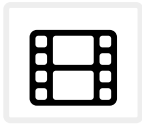
Love, Susan M., Love, Elizabeth, Lindsey, Karen. Philadelphia, PA: Da Capo Press , 2015. 6th ed. (Book) — 14 copies, [12 available](#)

Audience: Patient or Public  
Recommended

Agency: BC Cancer Agency

Location: Abbotsford Cancer Info Ctr  
Kelowna Cancer Info Ctr  
Prince George Cancer Info Ctr  
Surrey Cancer Info Ctr  
Vancouver Cancer Info Ctr  
Vancouver Library  
Victoria Cancer Info Ctr

Call Number: WP840 L897 2015



## I'm still here : young adults living life with recurrent cancer

<https://libraries.phsa.ca/permalink/catalog113650>

Van, Alexandra. Vancouver, BC: Callanish Society , 2015. (Video, DVD) — 6 copies, [5 available](#)

Audience: Patient or Public  
Recommended

Agency: BC Cancer Agency

Location: Vancouver Library  
Abbotsford Cancer Info Ctr  
Kelowna Cancer Info Ctr  
Prince George Cancer Info Ctr  
Surrey Cancer Info Ctr  
Victoria Cancer Info Ctr

Call Number: QZ201 C156 2015



## Patients' guide to colon and rectal cancer

<https://libraries.phsa.ca/permalink/catalog19931>

<https://ebookcentral.proquest.com/lib/bccancer-ebooks/reader.action?docID=3319329>

Ahuja, Nita, Nettles, Brenda S. Burlington, MA: Jones and Bartlett Publishers , 2014. (Book, Ebook) — 7 copies, [7 available](#)

Audience: Patient or Public

Recommended

Agency: BC Cancer Agency

Location: Vancouver Library  
Vancouver Cancer Info Ctr  
Kelowna Cancer Info Ctr  
Surrey Cancer Info Ctr  
Victoria Cancer Info Ctr  
Abbotsford Cancer Info Ctr  
Prince George Cancer Info Ctr  
Internet

Call Number: W1520 A287 2013

URL Notes: Patients and the public of BC and the Yukon can access this title by calling 1.888.675.8001 x 7000 (toll-free) to obtain a username and password from the Library.



## Cancer and returning to work : a practical guide for cancer patients

<https://libraries.phsa.ca/permalink/catalog21544>

Parkinson, Maureen. Vancouver, BC: BC Cancer Agency. Psychosocial Oncology , 2014. (Book) — 9 copies, [9 available](#)

Audience: Patient or Public

Recommended

Agency: BC Cancer Agency

Location: Vancouver Library  
Abbotsford Cancer Info Ctr  
Kelowna Cancer Info Ctr  
Prince George Cancer Info Ctr  
Surrey Cancer Info Ctr  
Vancouver Cancer Info Ctr  
Victoria Cancer Info Ctr

Call Number: QZ200 P248 2014

URL Notes: .



## Nutrition guide for men with prostate cancer

<https://libraries.phsa.ca/permalink/catalog21672>

[http://www.bccancer.bc.ca/coping-and-support-site/Documents/Support%20Programs/2014\\_ProstateNutrition.pdf](http://www.bccancer.bc.ca/coping-and-support-site/Documents/Support%20Programs/2014_ProstateNutrition.pdf)

BC Cancer Agency Oncology Nutrition. Vancouver, BC: BC Cancer Agency Oncology Nutrition , 2014. 2nd ed. (Booklet, Handout, Online) — 14 copies, [14 available](#)

Audience: Patient or Public  
Recommended

Agency: BC Cancer Agency

Location: Vancouver Library  
Vancouver Cancer Info Ctr  
VC Library Archives  
Kelowna Cancer Info Ctr  
Surrey Cancer Info Ctr  
Victoria Cancer Info Ctr  
Abbotsford Cancer Info Ctr  
Prince George Cancer Info Ctr  
Internet

Call Number: WJ752 B862n 2014



## Childhood brain and spinal cord tumors : a guide for families, friends and caregivers

<https://libraries.phsa.ca/permalink/catalog21857>

<https://ebookcentral.proquest.com/lib/bccancer-ebooks/reader.action?docID=1758815>

Shiminski-Maher, Tania, Woodman, Catherine, Keene, Nancy. Bellingham, WA: Childhood Cancer Guides , 2014. 2nd ed. (Book, Ebook) — 1 copy, [1 available](#)

Audience: Patient or Public  
Recommended

Agency: BC Cancer Agency

Location: Surrey Cancer Info Ctr  
Internet

Call Number: WL358 S556 2014

URL Notes: Patients and the public of BC and the Yukon can access this title by calling 1.888.675.8001 x 7000 (toll-free) to obtain a username and password from the Library.



## Non-malignant brain tumour handbook

<https://libraries.phsa.ca/permalink/catalog114280>

<http://www.braintumour.ca/243/patient-handbooks>

Brain Tumour Foundation of Canada. London, ON: Brain Tumour Foundation of Canada , 2014. 2nd ed. (Book) — 8 copies, [8 available](#)

Audience: Patient or Public  
Recommended

Agency: BC Cancer Agency

Location: Vancouver Library  
Abbotsford Cancer Info Ctr  
Kelowna Cancer Info Ctr  
Prince George Cancer Info Ctr  
Surrey Cancer Info Ctr  
Vancouver Cancer Info Ctr  
Victoria Cancer Info Ctr

Call Number: WL358 N813 2014

URL Notes: Copies of the handbook may be ordered online.

“ *The non-malignant brain tumour handbook is written for a patient's perspective, but is a tool for anyone affected by a brain tumour diagnosis including loved ones and family members.* ”



## 100 questions and answers about myeloma

<https://libraries.phsa.ca/permalink/catalog21035>

<https://ebookcentral.proquest.com/lib/bccancer-ebooks/reader.action?docID=3319334>

Bashey, Asad, Abonour, Rafat, Huston, James W. Burlington, MA: Jones and Bartlett Learning , 2014. 3rd ed. (Book, Ebook) — 7 copies, [6 available](#)

Audience: Patient or Public  
Recommended

Agency: BC Cancer Agency

Location: Vancouver Library  
Vancouver Cancer Info Ctr  
Kelowna Cancer Info Ctr  
Surrey Cancer Info Ctr  
Victoria Cancer Info Ctr  
Abbotsford Cancer Info Ctr  
Prince George Cancer Info Ctr  
Internet

Call Number: WH540 B299 2013

URL Notes: Patients and the public of BC and the Yukon can access this title by calling 1.888.675.8001 x 7000 (toll-free) to obtain a username and password from the Library



## Intelligent patient guide to prostate cancer

<https://libraries.phsa.ca/permalink/catalog21452>

Goldenberg, S. Larry, Pickles, Tom, Chi, Kim N. Vancouver, BC: Intelligent Patient Guide Ltd. , 2014. 4th ed. (Book) — 17 copies, [16 available](#)

Audience: Patient or Public  
Recommended

Agency: BC Cancer Agency

Location: Vancouver Library  
Vancouver Cancer Info Ctr  
Kelowna Cancer Info Ctr  
Surrey Cancer Info Ctr  
Victoria Cancer Info Ctr  
Abbotsford Cancer Info Ctr  
Prince George Cancer Info Ctr

Call Number: WJ752 G618 2014



## Un-junk your diet : how to shop, cook, and eat to fight inflammation and feel better forever

<https://libraries.phsa.ca/permalink/catalog113574>

Nielsen, Desiree. New York, NY: Skyhorse Publishing , 2014. (Book) — 8 copies, [6 available](#)

Audience: Patient or Public  
Recommended

Agency: BC Cancer Agency

Location: Vancouver Library  
Abbotsford Cancer Info Ctr  
Prince George Cancer Info Ctr  
Kelowna Cancer Info Ctr  
Surrey Cancer Info Ctr  
Vancouver Cancer Info Ctr  
Victoria Cancer Info Ctr

Call Number: QZ266 N9 N669 2014



## Cancer in our family : helping children cope with a parent's illness

<https://libraries.phsa.ca/permalink/catalog19929>

<http://search.ebscohost.com/login.aspx?direct=true&scope=site&db=nlebk&db=nlabk&AN=645715>

Heiney, Sue P, Hermann, Joan F. Atlanta, GA: American Cancer Society , 2013. 2nd ed. (Book, Ebook) — 7 copies, [7 available](#)

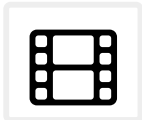
Audience: Patient or Public  
Recommended

Agency: BC Cancer Agency

Location: Vancouver Library  
Vancouver Cancer Info Ctr  
Kelowna Cancer Info Ctr  
Surrey Cancer Info Ctr  
Victoria Cancer Info Ctr  
Abbotsford Cancer Info Ctr  
Prince George Cancer Info Ctr  
Internet

Call Number: QZ201 H468 2013

URL Notes: Patients and the public of BC and the Yukon can access this title by calling 1.888.675.8001 (toll-free) to obtain a username and password from the Library.



## Gynecologic cancer education forum 2013

<https://libraries.phsa.ca/permalink/catalog21014>

Tinker, Anna, Ionescu, Diana, Parsons, Christina, Kwon, Janice, Hoskins, Paul, Le, Lyly, Taylor, Melanie. Vancouver, BC: BC Cancer Agency. Multi-Media Services , 2013. (Video, DVD) — 12 copies, [12 available](#)

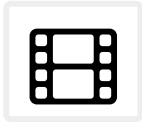
Audience: Patient or Public  
Recommended

Agency: BC Cancer Agency

Location: Vancouver Library AV Room  
Kelowna Cancer Info Ctr  
Surrey Cancer Info Ctr  
Victoria Cancer Info Ctr  
Abbotsford Cancer Info Ctr  
Prince George Cancer Info Ctr

Call Number: WP145 B862 2013

“ *Pathologists : who are they and what do they do?* by Dr. Diana Ionescu ; *Radiation oncologists : who they are and what do they do?* by Dr. Christina Parsons ; *Ovarian cancer : PARP inhibitors : how do they work and what does that mean for you* by Dr. Anna Tinker ; *An update on clinical trials in BC* by...



## Colorectal cancer forum 2013

<https://libraries.phsa.ca/permalink/catalog21023>

Renouf, Daniel, Karimuddin, Ahmer, Lim, Howard, Schellenberg, Devin, Campbell, Kristin, Abadi, Shirin, Cheung, Winson. Vancouver, BC: BC Cancer Agency. Multi-Media Services , 2013. (Video, DVD) — 12 copies, [12 available](#)

Audience: Patient or Public  
Recommended

Agency: BC Cancer Agency

Location: Vancouver Library AV Room  
Kelowna Cancer Info Ctr  
Surrey Cancer Info Ctr  
Victoria Cancer Info Ctr  
Abbotsford Cancer Info Ctr  
Prince George Cancer Info Ctr

Call Number: W520 B863 2013

“ Introduction colon cancer by Dr. Daniel Renouf ; Colorectal cancer and surgery by Dr. Ahmer Karimuddin ; Chemotherapy 101 by Dr. Howard Lim ; What you need to know about radiation therapy by Dr. Devin Schellenberg ; Physical Activity : from evidence to advice by Dr. Kristin Campbell ; Complementary...



## Mindfulness-based stress reduction

<https://libraries.phsa.ca/permalink/catalog21053>

<https://soundcloud.com/phsabc/bc-cancer-mindfulness-meditation-body-scan>

<https://soundcloud.com/phsabc/bc-cancer-mindfulness-meditation-guided-sitting-meditation>

Greenshields, David. Kelowna, BC: BC Cancer Agency. Cancer Centre for the Southern Interior. Patient and Family Counselling Services , 2013. (Audio, CD, Online) — 19 copies, [19 available](#)

Audience: Patient or Public  
Recommended

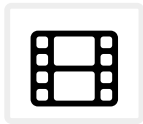
Agency: BC Cancer Agency

Location: Vancouver Library Relax  
Kelowna Cancer Info Ctr  
Surrey Cancer Info Ctr  
Victoria Cancer Info Ctr  
Abbotsford Cancer Info Ctr  
Prince George Cancer Info Ctr  
Internet

Call Number: QZ266 G815 2013

URL Notes: This CD is available for streaming at SoundCloud.com

“ Track 1: Body scan (35:40) minutes ; Track 2: Guided sitting meditation (43:03) minutes



## Lymphoid cancer education forum 2013

<https://libraries.phsa.ca/permalink/catalog21200>

BC Cancer Agency. Vancouver Centre. Patient and Family Counselling Services. Vancouver, BC: BC Cancer Agency. Multi-Media Services , 2013. (Video, DVD) — 12 copies, [12 available](#)

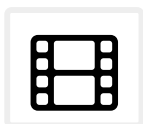
Audience: Patient or Public  
Recommended

Agency: BC Cancer Agency

Location: Vancouver Library AV Room  
Kelowna Cancer Info Ctr  
Surrey Cancer Info Ctr  
Victoria Cancer Info Ctr  
Abbotsford Cancer Info Ctr  
Prince George Cancer Info Ctr

Call Number: WH525 L986b 2013

“ *Designed to educate patients and the public about the basics and new treatments for lymphoid cancer, which includes non-Hodgkin lymphoma, Hodgkin lymphoma, multiple myeloma, chronic lymphocytic leukemia and Waldenstrom's macroglobulinemia. ; Opening remarks by Dr. Max Coppes ; Lymphoid cancer : myt...*



## Nutrition education day 2013

<https://libraries.phsa.ca/permalink/catalog21412>

Levy-Milne, Ryna, Van Patten, Cheri, Veenstra, Jesse, Holmes, Andrea. Vancouver, BC: BC Cancer Agency. Multi-Media Services , 2013. (Video, DVD) — 12 copies, [12 available](#)

Audience: Patient or Public  
Recommended

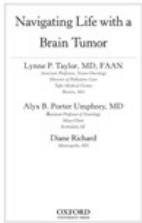
Agency: BC Cancer Agency

Location: Vancouver Library AV Room  
Kelowna Cancer Info Ctr  
Surrey Cancer Info Ctr  
Victoria Cancer Info Ctr  
Abbotsford Cancer Info Ctr  
Prince George Cancer Info Ctr

Call Number: QZ266 N974 2013

“ *Welcome by Ryna Levy-Milne ; Body weight and cancer : what you need to know by Chei Van Patten ; Organic vs convectional food : understanding the difference and implications for health by Jesse Veenstra ; What do I eat now?...an other questions about diet and cancer by Andrea Holmes*





## Navigating life with a brain tumor

<https://libraries.phsa.ca/permalink/catalog21421>

Taylor, Lynne P, Umphrey, Alyx B. Porter, Richard, Diane. New York, NY: Oxford University Press | American Academy of Neurology , 2013. (Book) — 7 copies, [7 available](#)

Audience: Patient or Public  
Recommended

Agency: BC Cancer Agency

Location: Vancouver Library  
Vancouver Cancer Info Ctr  
Kelowna Cancer Info Ctr  
Surrey Cancer Info Ctr  
Victoria Cancer Info Ctr  
Abbotsford Cancer Info Ctr  
Prince George Cancer Info Ctr

Call Number: WL358 T243 2013