



Heartmindfulness : a guided meditation

<https://libraries.phsa.ca/permalink/catalog18128>

<https://soundcloud.com/phsabc/bc-cancer-heartmindfulness-a-guided-meditation>

Sample, Sarah, Foran, Sydney, Flood, Karen, Nicholson, Kathryn. Vancouver, BC: British Columbia Cancer Agency, Vancouver Centre , 2009. (Audio, CD, Online) — 23 copies, [21 available](#)

Audience: Patient or Public
Recommended

Agency: BC Cancer Agency

Location: Vancouver Library
Vancouver Cancer Info Ctr
Kelowna Cancer Info Ctr
Surrey Cancer Info Ctr
Victoria Cancer Info Ctr
Abbotsford Cancer Info Ctr
Prince George Cancer Info Ctr
Internet

Call Number: QZ266 H436s 2009

URL Notes: This CD is available for streaming from SoundCloud.com

“ This CD encourages listeners to deepen their awareness, discover ; innate wisdom and find new ways of seeing in order to participate ; more fully in their lives. Mindfulness includes qualities of gentleness, ; openness, letting go, patience and loving kindness. It focuses on ; embracing the present...



Mindfulness-based stress reduction

<https://libraries.phsa.ca/permalink/catalog21849>

Sample, Sarah, McDonald, Melanie. Vancouver, BC: BC Cancer Agency. Patient and Family Counselling Services , 2015. (Book, CD) — 1 copy, [1 available](#)

Audience: Professional

Agency: BC Cancer Agency

Location: Vancouver Library

Call Number: QZ266 S192 2015

“ 2 CD set and the Participant Workbook are provided for participants of the Mindfulness-Based Stress Reduction program at the BC Cancer Agency to help develop moment to moment awareness without judgement.



Touch stone

<https://libraries.phsa.ca/permalink/catalog120149>

Brown, Janie, Evans, Liz, Ladd, Gretchen, Murphy, Laurel, Schroeder, Danielle, Smith, Maryliz. Vancouver, BC: Callanish Society , 2012. (Audio, CD) — 1 copy, [1 available](#)

Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: QZ266 C156 2012

“ Disc 1 ; 1. *Relaxation - guided whole body, mind and heart relaxation. With spoken voice, improvised singing and piano. 20:38* ; 2. *Metta-equanimity - an adapted version of the traditional Buddhist meditation. With spoken voice, improvised singing and piano. 22:19* ; 3. *Crystal bowls - Chinese gongs ...*

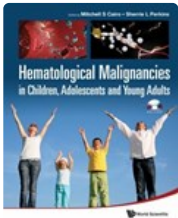


Mindfulness for beginners : reclaiming the present moment - and your life

<https://libraries.phsa.ca/permalink/catalog20541>

Kabat-Zinn, Jon. Boulder, CO: Sounds True , 2012. (Book, CD) — 8 copies, [5 available](#)

Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Library
Abbotsford Cancer Info Ctr
Prince George Cancer Info Ctr
Surrey Cancer Info Ctr
Victoria Cancer Info Ctr
VC PFCS
CN PFCS
Call Number: QZ266 K10mi 2012



Hematological malignancies in children, adolescents and young adults

<https://libraries.phsa.ca/permalink/catalog20140>

Hackensack, NJ: World Scientific Publishing , 2012. (Book, CD) — 1 copy, [1 available](#)

Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: WH525 H487c 2012



Managing stress : principles and strategies for health and well-being

<https://libraries.phsa.ca/permalink/catalog20592>

Seaward, Brian Luke. Burlington, MA: Jones & Bartlett Learning , 2012. 7th ed. (Book, CD) — 4 copies, [4 available](#)

Audience: Professional
Patient or Public

Agency: BC Cancer Agency

Location: Vancouver Library
Kelowna Library
Surrey Library
Victoria Library

Call Number: WM172.4 S442 2012



Microsoft Word for healthcare documentation : a guide for transcriptionists, editors, and health information professionals

<https://libraries.phsa.ca/permalink/catalog18859>

Bryan, Laura. Baltimore, MD: Wolters Kluwer Health/Lippincott Williams & Wilkins , 2011. 4th ed. (Book, CD) — 1 copy, [1 available](#)

Audience: Professional

Agency: BC Cancer Agency

Location: Vancouver Library

Call Number: QA76 B915 2010



Dietary reference intakes for calcium and vitamin D

<https://libraries.phsa.ca/permalink/catalog19792>

<http://www.iom.edu/Reports/2010/Dietary-Reference-Intakes-for-Calcium-and-Vitamin-D.aspx>

Institute of Medicine (U.S.). Committee to Review Dietary Reference Intakes for Vitamin D and Calcium. Washington, DC: National Academy Press , 2011. (Book, CD, Website) — 1 copy, [1 available](#)

Audience: Professional

Agency: BC Cancer Agency

Location: Vancouver Library
Internet

Call Number: QU145 D565r 2011



Journaling cancer in words and images : caught in the clutch of the crab

<https://libraries.phsa.ca/permalink/catalog21714>

Wadeson, Harriet Claire. Springfield, IL: Charles C. Thomas Publisher , 2011. (Book, CD) — 1 copy, [1 available](#)

Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: QZ201 W121 2011

“ Title on CD: *Altered book images*



AJCC cancer staging manual

<https://libraries.phsa.ca/permalink/catalog18199>

American Joint Committee on Cancer. New York, NY: Springer-Verlag , 2010. 7th ed. (Book, CD) — 5 copies, [5 available](#)

Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Kelowna Library
Surrey Library REF
FVC Clinical Trials
Victoria Library REF
Abbotsford Library REF
Call Number: QZ15 A512 2010



Sources and effects of ionizing radiation : United Nations Scientific Committee on the Effects of Atomic Radiation : UNSCEAR 2008 report to the General Assembly, with scientific annexes

<https://libraries.phsa.ca/permalink/catalog19365>

http://www.unscear.org/unscear/en/publications/2008_1.html

United Nations. Scientific Committee on the Effects of Atomic Radiation. New York, NY: United Nations Publications , 2010. (Book, CD) — 1 copy, [1 available](#)

Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: WN105 U58 2010

“ v.1: *Sources : report of the United Nations Scientific Committee on the effects of atomic radiation to the General Assembly ; Scientific Annexes: Annex A: Medical radiation exposures ; Annex B: Exposures of the public and workers from various sources of radiation*

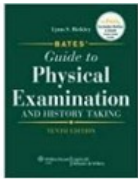


Mindfulness-based stress reduction workbook

<https://libraries.phsa.ca/permalink/catalog21029>

Stahl, Bob, Goldstein, Elisha. Oakland, CA: New Harbinger Publications , 2010. (Book, CD) — 5 copies, [5 available](#)

Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Library
Kelowna Cancer Info Ctr
Surrey Cancer Info Ctr
Victoria Cancer Info Ctr
Abbotsford Cancer Info Ctr
Call Number: WM425 S781 2010

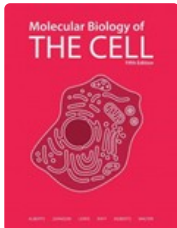


Bates' guide to physical examination and history taking

<https://libraries.phsa.ca/permalink/catalog19797>

Bickley, Lynn S, Szilagyi, Peter G, Bates, Barbara. Philadelphia, PA: Lippincott Williams & Wilkins , 2009. 10th ed. (Book, CD) — 1 copy, [1 available](#)

Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: WB200 B329 2009

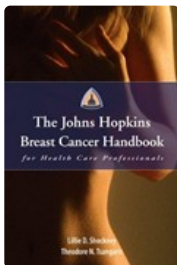


Molecular biology of the cell

<https://libraries.phsa.ca/permalink/catalog16012>

New York, NY: Garland Science , 2008. 5th ed. (Book, CD) — 1 copy, [1 available](#)

Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: QH506 M718a 2008

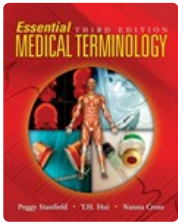


Johns Hopkins breast cancer handbook for health care professionals

<https://libraries.phsa.ca/permalink/catalog16731>

Shockney, Lillie, Tsangaris, Theodore N. Sudbury, MA: Jones and Bartlett Publishers , c2008. (Book, CD) — 2 copies, [1 available](#)

Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Abbotsford Library
Call Number: WP870 S559j 2008



Essential medical terminology

<https://libraries.phsa.ca/permalink/catalog16046>

Stanfield, Peggy, Hui, Y. H, Cross, Nanna. Sudbury, MA: Jones and Bartlett , 2008. 3rd ed. (Book, CD) — 5 copies, [5 available](#)

Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Surrey Library
Victoria Library
Kelowna Library
Abbotsford Library
Call Number: W80 S785e 2008

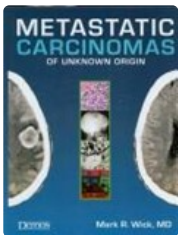


Enzinger and Weiss's soft tissue tumors

<https://libraries.phsa.ca/permalink/catalog16139>

Weiss, Sharon W, Goldblum, John R. Philadelphia, PA: Mosby Elsevier , 2008. 5th ed. (Book, CD) — 2 copies, [2 available](#)

Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Abbotsford Library
Call Number: QZ345 W432e 2008



Metastatic carcinomas of unknown origin

<https://libraries.phsa.ca/permalink/catalog16577>

New York, NY: DEMOS , 2008. (Book, CD) — 1 copy, [1 available](#)

Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: QZ202 M587 2008



Treatment and management of bladder cancer

<https://libraries.phsa.ca/permalink/catalog18135>

London: Informa Healthcare , 2008. (Book, CD) — 1 copy, [1 available](#)

Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: WJ500 T784 2008

“ *Treatment ; Transurethral resection of bladder tumors ; Perioperative instillation of chemotherapeutic drugs ; Role of intravesical chemotherapy in the treatment of bladder cancer ; Intravesical chemotherapy of superficial bladder cancer : optimization and novel agents ; Intravesical immunotherapy:...*



A.S.P.E.N. nutrition support patient education manual

<https://libraries.phsa.ca/permalink/catalog19360>

Silver Spring, MD: American Society for Parenteral and Enteral Nutrition , 2008. (Book, CD) — 1 copy, [1 available](#)

Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: WB310 A513a 2008

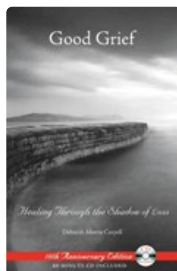


Write your legal will in 3 easy steps

<https://libraries.phsa.ca/permalink/catalog20439>

Carter, Tom. North Vancouver, BC: International Self-Counsel Press Ltd. , 2008. 3rd ed. (Book, CD) — 1 copy, [1 available](#)

Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: KE5974 Z82 C325 2008

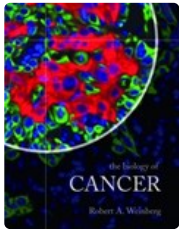


Good grief : healing through the shadow of loss

<https://libraries.phsa.ca/permalink/catalog113578>

Coryell, Deborah Morris. Rochester, VT: Healing Arts Press , 2007. 3rd ed. (Book, CD) — 1 copy, [1 available](#)

Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: BF575 G7 C68 2007



Biology of cancer

<https://libraries.phsa.ca/permalink/catalog15095>

Weinberg, Robert A. New York, NY: Garland Science , 2007. (Book, CD) — 3 copies, [3 available](#)

Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
VIC Deeley Research Centre
Victoria Library
Abbotsford Library
CN Library
Call Number: QZ202 W423b 2007



Using benchmarking, needs assessment, quality improvement, outcome measurement, and library standards : a how-to-do-it manual with CD-ROM

<https://libraries.phsa.ca/permalink/catalog15683>

Dudden, Rosalind Farnam. New York, NY: Neal-Schuman Publishers , 2007. (Book, CD) — 1 copy, [1 available](#)

Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: Z675 M4 D83 2007

“ Page *xix*: The accompanying CD-ROM contains a variety of resources, arranged in folders by chapter.



Food, nutrition, physical activity and the prevention of cancer : a global perspective ;|Summary

<https://libraries.phsa.ca/permalink/catalog15824>

<http://www.aicr.org/>

<http://www.dietandcancerreport.org/?p=ER>

World Cancer Research Fund, American Institute for Cancer Research. Washington, DC: American Institute for Cancer Research , 2007. 2nd ed. (Report, CD, Online) — 12 copies, [12 available](#)

Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Surrey Library
Victoria Library
Kelowna Library
Abbotsford Library
Internet
Call Number: QZ266 F687 2007

“ v.1: Full text ; v.2: Summary (12 p.)



ASCO curriculum : cancer prevention

<https://libraries.phsa.ca/permalink/catalog15930>

American Society of Clinical Oncology. Alexandria, VA: American Society of Clinical Oncology , 2007. (Book, CD) — 3 copies, [3 available](#)

Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Kelowna Library
Abbotsford Library
Call Number: QZ200 A512c 2007

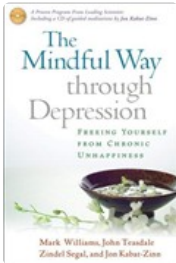


Clinical practice protocols in oncology nursing

<https://libraries.phsa.ca/permalink/catalog15981>

Prescher-Hughes, Debra S, Alkhoudairy, Cynthia J. Sudbury, MA: Jones and Bartlett Publishers , 2007. (Book, CD) — 1 copy, [1 available](#)

Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: WY161 P928c 2007



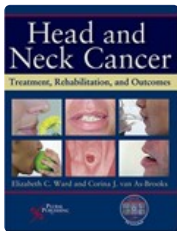
Mindful way through depression : freeing yourself from chronic unhappiness

<https://libraries.phsa.ca/permalink/catalog19740>

New York, NY: Guilford Press , 2007. (Book, CD) — 3 copies, [2 available](#)

Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Library
Surrey Cancer Info Ctr
CSI PFCS
Victoria Cancer Info Ctr
Call Number: WM171 M663 2007

“ Title on CD "Guided meditation practices for the mindful way through depression" narrated by John Kabat-Zinn

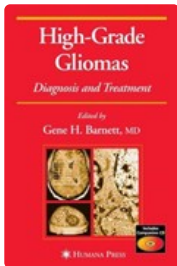


Head and neck cancer : treatment, rehabilitation, and outcomes

<https://libraries.phsa.ca/permalink/catalog16047>

San Diego, CA: Plural Publishing Inc. , c2007. (Book, CD) — 1 copy, [1 available](#)

Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: WE705 W257h 2007



High-grade gliomas : diagnosis and treatment

<https://libraries.phsa.ca/permalink/catalog16069>

Totowa, N.J.: Humana Press , c2007. (Book, CD) — 1 copy, [1 available](#)

Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: QZ380 H638 2007



You can manage radiation therapy side effects : learn what radiation therapy is and how to cope with its side effects

<https://libraries.phsa.ca/permalink/catalog16177>

U.S. National Institutes of Health, U.S. Dept. of Health and Human Services. Baltimore, MD: National Cancer Institute , 2007. (CD) — 5 copies, [5 available](#)

Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Library
Surrey Cancer Info Ctr
Victoria Cancer Info Ctr
Kelowna Cancer Info Ctr
Abbotsford Cancer Info Ctr
Call Number: QZ269 Y67 2007



Multidisciplinary approach to the treatment of early colorectal cancer : including a clinical discussion on audio CD

<https://libraries.phsa.ca/permalink/catalog16376>

CMP Medica , 2007. (Book, CD) — 1 copy, [1 available](#)

Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: W1520 M961c 2007



2nd International Cancer Control Congress, Rio de Janeiro, Brazil, November 25-28, 2007 : final report

<https://libraries.phsa.ca/permalink/catalog16601>

Sutcliffe, Simon, Elwood, Mark. Rio de Janeiro, Brazil: National Cancer Institute of Brazil , 2007. (Book, CD) — 4 copies, [4 available](#)

Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: QZ200 I60 2007

“ v.1: *Global efforts with regional solutions : final report* ; v.2: *A milestone in cancer control policy* ; v.3: *Abstract volume* ; *The full session contents are on CD in volume 1.*

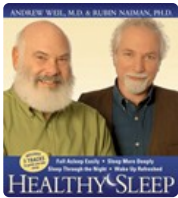


Non-Hodgkin's lymphoma fundamentals slide kit : overview of Non-Hodgkin's lymphoma

<https://libraries.phsa.ca/permalink/catalog19850>

Canadian Association of Nurses in Oncology (CANO). Toronto, ON: Canadian Association of Nurses in Oncology , 2007?. (Book, CD) — 1 copy, [1 available](#)

Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: WH525 N812c 2007



Healthy sleep

<https://libraries.phsa.ca/permalink/catalog20577>

Weil, Andrew, Naiman, Rubin. Boulder, CO: Sounds True , 2007. (Audio, CD) — 6 copies, [6 available](#)

Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Library
Abbotsford Cancer Info Ctr
Kelowna Cancer Info Ctr
Prince George Cancer Info Ctr
Surrey Cancer Info Ctr
Victoria Cancer Info Ctr
Call Number: QZ266 W422h 2007 v.1-2

“ *Disc 1: Taking an integrative approach to healthy sleep* ; *Disc 2: Practices for promoting healthy sleep*

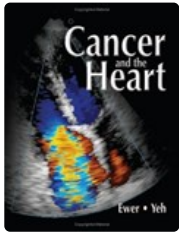


Breast cancer

<https://libraries.phsa.ca/permalink/catalog14439>

Hamilton, ON: B.C. Decker Inc. , 2006. 2nd ed. (Book, CD) — 4 copies, [4 available](#)

Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Surrey Library
Victoria Library
Abbotsford Library
Call Number: WP870 B827w 2006



Cancer and the heart

<https://libraries.phsa.ca/permalink/catalog14678>

Ewer, Michael S, Yeh, Edward. Hamilton, ON: BC Decker Inc. , 2006. (Book, CD) — 2 copies, [2 available](#)

Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Victoria Library
Call Number: WG200 E94c 2006



Serum free light chain analysis

<https://libraries.phsa.ca/permalink/catalog15113>

Bradwell, A. R. Birmingham, UK: Binding Site Ltd. , 2006. 4th ed. (Book, CD) — 3 copies, [3 available](#)

Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Surrey Library
Victoria Library
Call Number: QW601 B812 2006



Chor Leoni Men's Choir : healing voices

<https://libraries.phsa.ca/permalink/catalog15369>

Loomer, Diane. Vancouver, BC: Cypress Choral Recordings , 2006. (Audio, CD) — 10 copies, [10 available](#)

Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Library
Vancouver Cancer Info Ctr
Surrey Cancer Info Ctr
Victoria Cancer Info Ctr
Kelowna Cancer Info Ctr
Call Number: QZ266 C551 2006 v.1-2



Why me? surviving, coping, living with breast cancer

<https://libraries.phsa.ca/permalink/catalog15482>

Roberge, Roger. Moncton, NB: Roger Roberge , 2006. (Book, CD) — 5 copies, [5 available](#)

Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Library
Vancouver Cancer Info Ctr
Surrey Cancer Info Ctr
Victoria Cancer Info Ctr
Abbotsford Cancer Info Ctr
Call Number: WP870 R638 2006

“ Title on CD-ROM: *Why me? surviving, coping, living with breast cancer : breast self-examination : a guide for women*

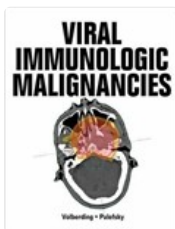


Nonprofit policy sampler

<https://libraries.phsa.ca/permalink/catalog15489>

Lawrence, Barbara, Flynn, Outi. Washington, DC: BoardSource , 2006. 2nd ed. (Book, CD) — 1 copy, [1 available](#)

Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: WX150 L419 2006

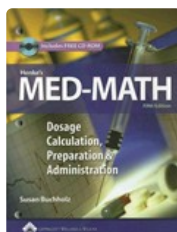


Viral and immunological malignancies

<https://libraries.phsa.ca/permalink/catalog15991>

Hamilton, ON: BC Decker , 2006. (Book, CD) — 1 copy, [1 available](#)

Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: QW166 V811 2006



Henke's med-math : dosage calculation, preparation, and administration

<https://libraries.phsa.ca/permalink/catalog16152>

Buchholz, Susan, Henke, Grace. Philadelphia, PA: Lippincott Williams & Wilkins , 2006. 5th ed. (Book, CD) — 1 copy, [1 available](#)

Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: QV18.2 H46 2006



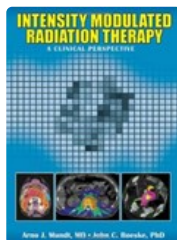
Recommendations of the Canadian Consensus Group on the management of chronic myelogenous leukemia

<https://libraries.phsa.ca/permalink/catalog18949>

Montreal, QC: Snell Medical Communication Inc. , 2006. updated ed. (Book, CD) — 1 copy, [1 available](#)

Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: WH250 R311 2006

🗨️ *PowerPoint slides*

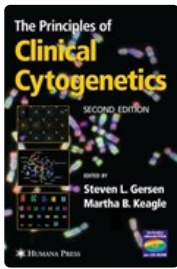


Intensity modulated radiation therapy : a clinical perspective

<https://libraries.phsa.ca/permalink/catalog13451>

Mundt, Arno J, Roeske, John C. Hamilton, ON: BC Decker Inc. , 2005. (Book, CD) — 4 copies, [4 available](#)

Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Surrey Library
Abbotsford Library
Call Number: QZ269 I63m 2005

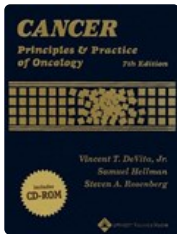


Principles of clinical cytogenetics

<https://libraries.phsa.ca/permalink/catalog13485>

Totowa, N.J.: Humana Press , 2005. 2nd ed. (Book, CD) — 1 copy, [1 available](#)

Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: QH600 P957 2005

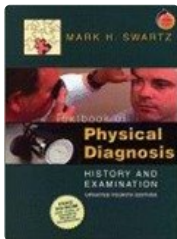


Cancer : principles and practice of oncology

<https://libraries.phsa.ca/permalink/catalog13530>

Philadelphia, PA: Lippincott Williams & Wilkins , 2005. 7th ed. (Book, CD) — 1 copy, [1 available](#)

Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: QZ200 C215v 2005

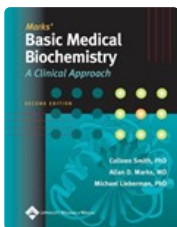


Textbook of physical diagnosis : history and examination

<https://libraries.phsa.ca/permalink/catalog13832>

Swartz, Mark H. Philadelphia, Pa.: Saunders , 2005. 4th ed. (Book, CD) — 1 copy, [1 available](#)

Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: WB200 S93 2002

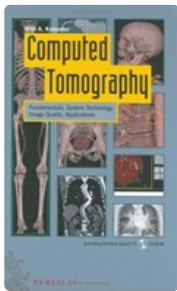


Marks' basic medical biochemistry : a clinical approach

<https://libraries.phsa.ca/permalink/catalog13850>

Smith, Colleen M, Marks, Allan D, Lieberman, M. A. Philadelphia, Pa.: Lippincott Williams & Wilkins , c2005. 2nd ed. (Book, CD) — 2 copies, [2 available](#)

Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Victoria Library
Call Number: QU4 S643 2005



Computed tomography : fundamentals, system technology, image quality, applications

<https://libraries.phsa.ca/permalink/catalog13898>

Kalendar, Willi A. Erlangen: Publicis Corporate Publishing , 2005. 2nd rev. ed. (Book, CD) — 1 copy, [1 available](#)

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