



## EQ in Action (Emotional Intelligence Assessment)

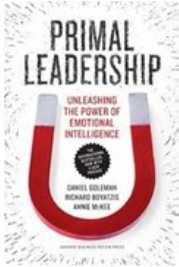
<https://libraries.phsa.ca/permalink/catalog112391>

Learning in Action Technologies, Inc. Learning in Action Technologies, Inc. , 2005. (Other)

Audience: Professional

Agency: BC Children's and Women's

“ *The EQ in Action is an online tool used to provide an assessment of a Leader's emotional intelligence and development when challenged. Each assessment is purchased and assigned a code to the purchaser. It will be administered through a process by a licensed and certified EQ Assessor. After your pur...*



## Primal leadership: Unleashing the power of emotional intelligence

<https://libraries.phsa.ca/permalink/catalog112744>

Goleman, Daniel, Boyatzis, Richard, McKee, Annie. Boston, MA: Harvard Business Review Press , 2013. (Book) — 1 copy,

[1 available](#)

Audience: Professional

Agency: BC Children's and Women's

Location: Study & Learning Commons

Call Number: REF AA 75 GOL 2013

“ *This refreshed edition vividly illustrates the power and the necessity of leadership that is self-aware, empathic, motivating, and collaborative.*



## Primal leadership : realizing the power of emotional intelligence

<https://libraries.phsa.ca/permalink/catalog13484>

Goleman, Daniel, Boyatzis, Richard E, McKee, Annie. Boston, Ma.: Harvard Business School Press , c2002. (Book)

Audience: Professional

Agency: BC Cancer Agency

Location: VIC Pain & Symptom Management/Palliative Care



## Emotions

<https://libraries.phsa.ca/permalink/catalog110826>

Rosen, Marla, Clowater, Brent (Illustrator). [Vancouver, BC]: Big Dip Productions Inc. , 2007. (Book) — 1 copy, [1 available](#)

Audience: Patient or Public

Agency: BC Children's and Women's

Location: Family Support & Resource Centre

Call Number: JUNIOR CA 200 ROS 2007

“ *In this novel approach to behavioral education, young children are led on a journey to connect, discover and understand the nature of their emotions through a virtual musical ; and visual experience. This unique book (CD included) allows children to improve the quality of their mental health. The i...*

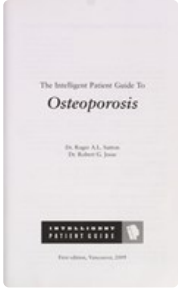


## PC Magazine programming FoxPro 2.0

<https://libraries.phsa.ca/permalink/catalog6852>

Liskin, Miriam. Mississauga, Ont.: Ziff-Davis Press , 1992. (Book)

Audience: Professional  
Agency: BC Cancer Agency  
Location: VC Pathology



## Intelligent patient guide to osteoporosis

<https://libraries.phsa.ca/permalink/catalog19532>

Sutton, Roger A. L., Josse, Robert G. Vancouver, BC: Intelligent Patient Guide Ltd. , 2009. 1st ed. (Book) — 6 copies, [6](#) available

Audience: Patient or Public  
Recommended  
Agency: BC Cancer Agency  
Location: Vancouver Library  
Vancouver Cancer Info Ctr  
Kelowna Cancer Info Ctr  
Surrey Cancer Info Ctr  
Victoria Cancer Info Ctr  
Abbotsford Cancer Info Ctr  
Call Number: WE250 S957 2009

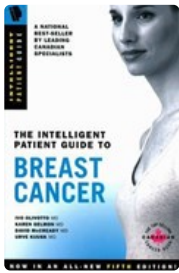


## ABC's of Microsoft Word for Windows, version 2.0

<https://libraries.phsa.ca/permalink/catalog4931>

Neibauer, Alan R. Alameda, Ca.: Sybex Inc. , 1992. 2nd ed. (Book)

Audience: Professional  
Agency: BC Cancer Agency  
Location: VC Information Systems



## The intelligent patient guide to breast cancer

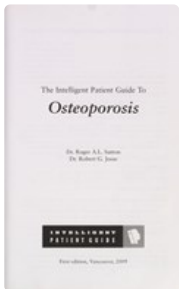
<https://libraries.phsa.ca/permalink/catalog113075>

Olivotto, Ivo, Gelmon, Karen, McCready, David, Kuusk, Urve. Vancouver, BC: Intelligent Patient Guide Ltd. , 2011. (Book)

— 1 copy, [1 available](#)

Audience: Patient or Public  
Agency: BC Children's and Women's  
Location: Family Support & Resource Centre  
Call Number: FE 300 OLI 2011

“ This book for cancer patients and their families, by five practicing physicians and professors of medicine from Toronto and Vancouver, equips patients with the knowledge needed to take an active part in their treatment. Topics covered in the book include what cancer is, all about mammograms, breast...



## The intelligent patient guide to osteoporosis

<https://libraries.phsa.ca/permalink/catalog119635>

Sutton, Roger A. L., Josse, Robert G. Vancouver, BC: Intelligent Patient Guide Ltd. , 2009. (Book) — 1 copy, [1 available](#)

Audience: Patient or Public  
Agency: BC Children's and Women's  
Location: Family Support & Resource Centre  
Call Number: FB 250 SUT 2009 c. 1

“ An osteoporosis guide intended to act as a personal resource for those interested in this fascinating disease that affects so many of us. Provides information to help patients take an active part in their osteoporosis treatment.



## Intelligent patient guide to prostate cancer

<https://libraries.phsa.ca/permalink/catalog21452>

Goldenberg, S. Larry, Pickles, Tom, Chi, Kim N. Vancouver, BC: Intelligent Patient Guide Ltd. , 2014. 4th ed. (Book) — 17 copies, [16 available](#)

Audience: Patient or Public  
Recommended  
Agency: BC Cancer Agency  
Location: Vancouver Library  
Vancouver Cancer Info Ctr  
Kelowna Cancer Info Ctr  
Surrey Cancer Info Ctr  
Victoria Cancer Info Ctr  
Abbotsford Cancer Info Ctr  
Prince George Cancer Info Ctr  
Call Number: WJ752 G618 2014



## Intelligent patient guide to breast cancer

<https://libraries.phsa.ca/permalink/catalog120452>

Olivotto, Ivo, Gelmon, Karen, McCreedy, David, Kuusk, Urve. Vancouver, BC: Intelligent Patient Guide Ltd. , 2017. 6th ed., rev. and updated. (Book) — 38 copies, [30 available](#)

Audience: Patient or Public  
Recommended

Agency: BC Cancer Agency

Location: Vancouver Library  
Abbotsford Cancer Info Ctr  
Kelowna Cancer Info Ctr  
Prince George Cancer Info Ctr  
Surrey Cancer Info Ctr  
Vancouver Cancer Info Ctr  
Victoria Cancer Info Ctr

Call Number: WP870 I61 2017



## Intelligent patient guide to breast cancer

<https://libraries.phsa.ca/permalink/catalog20483>

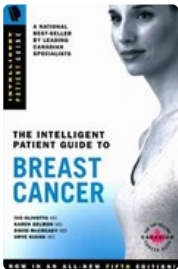
Olivotto, Ivo, Gelmon, Karen, McCreedy, David, Kuusk, Urve, Rowlands, Jane. Vancouver, BC: Intelligent Patient Guide Ltd. , 2011. 5th ed. (Book) — 5 copies, [5 available](#)

Audience: Patient or Public  
Recommended

Agency: BC Cancer Agency

Location: Vancouver Library  
Prince George Cancer Info Ctr

Call Number: WP870 I61 2011



## Intelligent patient guide to breast cancer

<https://libraries.phsa.ca/permalink/catalog21618>

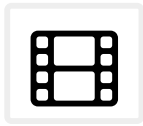
Olivotto, Ivo;. Vancouver, BC: Intelligent Patient Guide Ltd. , 2011. 5th ed. (Book) — 1 copy, [1 available](#)

Audience: Patient or Public

Agency: BC Cancer Agency

Location: Abbotsford Cancer Info Ctr FHA

Call Number: WP870 I61 2011



## Emotions and cancer

<https://libraries.phsa.ca/permalink/catalog18060>

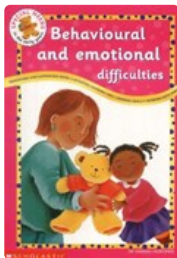
Simonton, O. Carl. Burnaby, BC: Health Action Network Society , 1999. (Video, DVD) — 4 copies, [4 available](#)

Audience: Patient or Public  
Recommended

Agency: BC Cancer Agency

Location: Vancouver Library AV Room  
Kelowna Cancer Info Ctr  
Surrey Cancer Info Ctr  
Victoria Cancer Info Ctr

Call Number: QZ200 S61 1999



## Behavioural and emotional difficulties

<https://libraries.phsa.ca/permalink/catalog109079>

Mortimer, Hannah, Gray, Sally(Editor), Kronheimer, Ann(Illustrator). Glasgow, UK: Scholastic Ltd , 2002. (Book) — 1 copy,

[1 available](#)

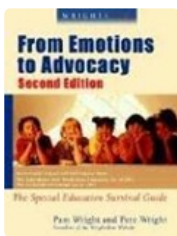
Audience: Patient or Public

Agency: BC Children's and Women's

Location: Family Support & Resource Centre

Call Number: GK 850 MOR 2002

“ This book focuses on: helping children with behavioural and emotional difficulties, communication, language and literacy, mathematical development, physical and creative development. It includes activities with clear learning objectives and explains what special help might be required. A time-savin...



## From emotions to advocacy

<https://libraries.phsa.ca/permalink/catalog110967>

Wright, Pam, Wright, Pete. Hartfield, VA: Harbor House Law Press , 2006. 2nd Edition. (Book) — 1 copy, [1 available](#)

Audience: Patient or Public

Agency: BC Children's and Women's

Location: Sunny Hill Education Resource Centre

Call Number: IA 530 WRI 2006

“ This book teaches parents how to plan, prepare, organize and get quality special education service for a child with a disability and/or with special educational needs.



## Emotions: 63 emotions vocabulary flashcards and activity manual

<https://libraries.phsa.ca/permalink/catalog106118>

Leutenberg, Estelle, Korb-Khalsa, Kathy. Beachwood, OH: Wellness Reproductions & Publishing Inc. , 1999. (Kit) — 2 copies, [2 available](#)

Audience: Patient or Public  
Agency: BC Children's and Women's  
Location: Sunny Hill Education Resource Centre  
Call Number: CA 200 LEU 1999

“ Designed to enhance emotion identification and awareness programming for both youth and adults.

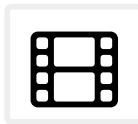


## Le pouvoir anticancer des emotions

<https://libraries.phsa.ca/permalink/catalog121463>

Boukaram, Dr. Christian. Montréal, QC: Les Éditions de l'Homme , 2011. (Book) — 1 copy, [1 available](#)

Audience: Patient or Public  
Agency: BC Children's and Women's  
Location: Family Support & Resource Centre  
Call Number: FE 200 BOU 2011



## Living with cancer : emotional perspectives

<https://libraries.phsa.ca/permalink/catalog8660>

Hodgson, Steve. Vancouver, B.C.: Living With Productions , 1999. (Video, VHS)

Audience: Patient or Public  
Recommended  
Agency: BC Cancer Agency  
Location: VC Professional Practice Nursing  
Call Number: QZ200 L785 1999

“ Includes psycho-social issues associated with living with cancer, including coping with emotions and concerns and ways for family members and friends to support the patient.



## Building applications : Microsoft Access relational database management system for Windows version 2.0

<https://libraries.phsa.ca/permalink/catalog5022>

Microsoft Corporation. Redmond, Wa.: Microsoft Corporation , 1994. (Book)

Audience: Professional  
Agency: BC Cancer Agency  
Location: VIC PIM  
FVC Information Systems  
FVC Administration  
Call Number: QA76 M634b 1994



## Getting started : Microsoft Access relational database management system for Windows version 2.0

<https://libraries.phsa.ca/permalink/catalog5487>

Microsoft Corporation. Redmond, Wa.: Microsoft Corporation , 1994. (Book)

Audience: Professional  
Agency: BC Cancer Agency  
Location: VIC PIM  
FVC Information Systems  
FVC Administration  
Call Number: QA76 M634g 1994



## User's guide : Microsoft Access relational database management system for Windows version 2.0

<https://libraries.phsa.ca/permalink/catalog1078>

Microsoft Corporation. Redmond, Wa.: Microsoft Corporation , 1994. (Book)

Audience: Professional  
Agency: BC Cancer Agency  
Location: VIC PIM  
FVC Information Systems  
FVC Administration  
Call Number: QA76 M634u 1994



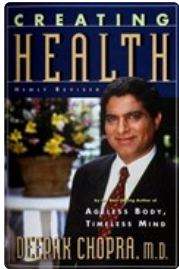
## USDA database for the isoflavone content of selected foods : release 2.0

<https://libraries.phsa.ca/permalink/catalog20861>

[http://www.ars.usda.gov/SP2UserFiles/Place/12354500/Data/isoflav/Isoflav\\_R2.pdf](http://www.ars.usda.gov/SP2UserFiles/Place/12354500/Data/isoflav/Isoflav_R2.pdf)

Bhagwat, Seema, Haytowitz, David B, Holden, Joanne M. Beltsville, MD: U.S. Department of Agriculture, Agricultural Research Service , 2008. (Book, Online)

Audience: Professional  
Agency: BC Cancer Agency  
Location: Internet

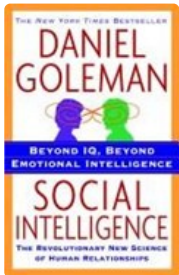


## Creating health : how to wake up the body's intelligence

<https://libraries.phsa.ca/permalink/catalog7776>

Chopra, Deepak. Boston, Ma.: Houghton Mifflin Company , 1987. (Book) — 1 copy, [1 available](#)

Audience: Patient or Public  
Agency: BC Cancer Agency  
Location: Vancouver Cancer Info Ctr  
Call Number: W61 C549c 1987



## Social intelligence: The revolutionary new science of human relationships

<https://libraries.phsa.ca/permalink/catalog113889>

Goleman, Daniel. New York, NY: Bantam Books , 2006. (Book) — 3 copies, [2 available](#)

Audience: Professional  
Agency: BC Children's and Women's  
Location: Study & Learning Commons  
Call Number: REF CF 100 GOL 2006

“ Daniel Goleman has written a groundbreaking synthesis of the latest findings in biology and brain science, revealing that we are ?wired to connect? and the surprisingly deep impact of our relationships on every aspect of our lives. Far more than we are consciously aware, our daily encounters with p...



## Intelligent disobedience : doing right when you're told to do wrong

<https://libraries.phsa.ca/permalink/catalog113857>

<https://ebookcentral.proquest.com/lib/bccancer-ebooks/reader.action?docID=1924418>

Chaleff, Ira. Oakland, CA: Berrett-Koehler Publishers, Inc. , 2015. (Ebook)

Audience: Professional  
Agency: BC Cancer Agency  
Location: Internet  
URL Notes: This title is licensed for three users at a time on BCCA-network computers and is available for full download. If you are denied access while on a network computer, try again later.





## Parenting a child who has intense emotions

<https://libraries.phsa.ca/permalink/catalog112339>

Harvey, Pat, Penzo, Jeanne A. Oakland, CA: New Harbinger Publications, Inc. , 2009. (Book) — 2 copies, [1 available](#)

Audience: Patient or Public  
Agency: BC Children's and Women's  
Location: Family Support & Resource Centre  
Call Number: CA 200 HAR 2009

“ This book is a guide to de-escalating your child's emotions and helping your child express feelings in productive ways. Strategies include mindfulness and validation skills drawn from a well-researched method called dialectical behavior therapy (DBT).



## Healing the emotional aspects of cancer

<https://libraries.phsa.ca/permalink/catalog18418>

Fleming, Tapas, Campbell, Bruce. Redondo Beach, CA: TAT International , 2004. (Video, DVD, Booklet) — 1 copy, [1 available](#)

Audience: Patient or Public  
Agency: BC Cancer Agency  
Location: Vancouver Library AV Room  
Call Number: QZ266 F598 2004

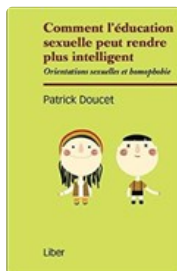


## Emotional memory across the adult lifespan

<https://libraries.phsa.ca/permalink/catalog21924>

Kensinger, Elizabeth A.;. New York: Psychology Press , 2009. (Book) — 1 copy, [1 available](#)

Audience: Professional  
Agency: BC Cancer Agency  
Location: Abbotsford Library FHA  
Call Number: BF371 K36 2009



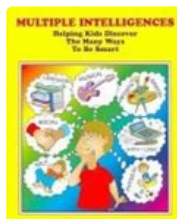
## Comment l'éducation sexuelle peut rendre plus intelligent: Orientations sexuelles et homophobie

<https://libraries.phsa.ca/permalink/catalog114227>

Doucet, Patrick. Montreal, QC: Liber , 2015. (Book) — 1 copy, [1 available](#)

Audience: Patient or Public  
Agency: BC Children's and Women's  
Location: Family Support & Resource Centre  
Call Number: GA 110 DOU 2015

“ Comment expliquer que certains d'entre nous soient homosexuels, d'autres hétérosexuels et plusieurs plus ou moins bisexuels? D'où vient notre orientation sexuelle, et l'homosexualité en particulier? Est-elle normale? Contre nature? Naît-on ainsi ? Résulte-t-elle de déterminismes biologiques? De l'é...



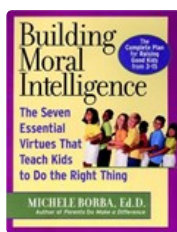
## Multiple intelligences: Helping kids to discover the many ways to be smart

<https://libraries.phsa.ca/permalink/catalog106069>

Huggins, Pat, Manion, Donna Wood, Shakarain, Lorraine and Moen, L. Longmont, CO: Sopris West , 1997. (Book) — 1 copy, 0 available

Audience: Patient or Public  
Agency: BC Children's and Women's  
Location: Sunny Hill Education Resource Centre  
Call Number: FM 230 HUG 1997

“ Promote your students' growth in self-management, social skills, and respect for themselves and others. A complete guide for teaching students critical personal/social skills needed for school success targeting 7 types of intelligence: Linguistic; Logical-Mathematical; Visual-Spatial; Musical; Bodi...



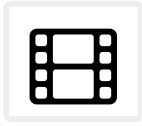
## Building moral intelligence: The seven essential virtues that teach kids to do the right thing

<https://libraries.phsa.ca/permalink/catalog107158>

Borba, Michelle. San Francisco, CA: Jossey-Bass , 2001. (Book) — 1 copy, [1 available](#)

Audience: Patient or Public  
Agency: BC Children's and Women's  
Location: Family Support & Resource Centre  
Call Number: GK 600 BOR 2001

“ Provides a step by step blueprint for enhancing a child's moral capacity based on the ethical principles of the seven essential virtues: empathy, conscience, self-control, respect, kindness, tolerance, and fairness.



## What did you say?: A guide to speech intelligibility in people with Down syndrome

<https://libraries.phsa.ca/permalink/catalog110023>

<http://www.woodbinehouse.com>

Kumin, Libby, PhD (Producer), Schermerhorn, Will (Director). Bethesda, MD: Woodbine House , 2006. (Video) — 1 copy, [1 available](#)

Audience: Patient or Public  
Agency: BC Children's and Women's  
Location: Family Support & Resource Centre  
Call Number: GI 310 KUM 2006

“ This DVD looks at the importance of clear speech to children with Down Syndrome. Libby Kumin, a speech pathologist, looks at specific areas of concern in the development of intelligible speech, The DVD is intended for parents and speech language pathologists.



## Distress and emotional state throughout bone marrow transplantation

<https://libraries.phsa.ca/permalink/catalog3531>

Gray, Caroline J. Vancouver, B.C.: University of British Columbia , 1991. (Book, Thesis) — 1 copy, [1 available](#)

Audience: Professional  
Agency: BC Cancer Agency  
Location: Vancouver Library  
Call Number: WH380 G778 1991



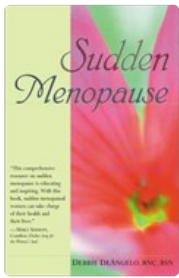
## Don't let your emotions run your life for teens

<https://libraries.phsa.ca/permalink/catalog112340>

Van Dijk, Sheri, MSW. Oakland, CA: Instant Help Books , 2011. (Book) — 2 copies, [2 available](#)

Audience: Patient or Public  
Agency: BC Children's and Women's  
Location: Sunny Hill Education Resource Centre  
Call Number: YOUTH CA 200 VAN 2011

“ Based in dialectical behavior therapy, this workbook helps teens learn the skills they need to ride the ups and downs of life with grace and confidence. This book offers techniques to help teenagers: 1) stay calm and mindful in difficult situations, 2) effectively manage out-of-control emotions, 3)...

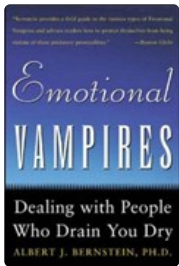


## Sudden menopause : restoring health and emotional well-being

<https://libraries.phsa.ca/permalink/catalog120990>

DeAngelo, Debbie. Alameda, CA: Hunter House Inc., Publishers , 2001. (Book) — 1 copy, [1 available](#)

Audience: Patient or Public  
Agency: BC Cancer Agency  
Location: Kelowna Cancer Info Ctr  
Call Number: WP580 D284 2001



## Emotional vampires : dealing with people who drain you dry

<https://libraries.phsa.ca/permalink/catalog121680>

Bernstein, Albert j. New York, NY: McGraw-Hill , 2001. (Book) — 1 copy, [1 available](#)

Audience: Patient or Public  
Agency: BC Cancer Agency  
Location: Victoria Cancer Info Ctr  
Call Number: WM172 B531 2001

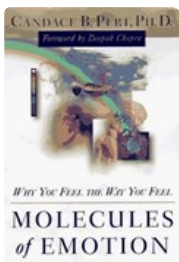


## Cancer and emotion : a practical guide to psycho-oncology

<https://libraries.phsa.ca/permalink/catalog6566>

Barracough, Jennifer. New York, N.Y.: John Wiley & Sons , 1999. 3rd ed. (Book) — 1 copy, [1 available](#)

Audience: Professional  
Agency: BC Cancer Agency  
Location: Vancouver Library  
Call Number: QZ200 B268 1999



## Molecules of emotion : why you feel the way you feel

<https://libraries.phsa.ca/permalink/catalog9704>

Pert, Candace B. New York, N.Y.: Scribner , 1997. (Book) — 2 copies, [2 available](#)

Audience: Patient or Public  
Agency: BC Cancer Agency  
Location: Victoria Cancer Info Ctr  
Call Number: WM172 P468 1997



## Cancer and emotion : a practical guide to psycho-oncology

<https://libraries.phsa.ca/permalink/catalog15902>

Barraclough, Jennifer. New York, N.Y.: John Wiley & Sons , 1994. 2nd ed. (Book) — 1 copy, [1 available](#)

Audience: Professional  
Agency: BC Cancer Agency  
Location: Kelowna Library  
Call Number: QZ200 B268 1994



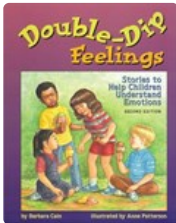
## Social skill strategies:A social-emotional curriculum for adolescents: Book B

<https://libraries.phsa.ca/permalink/catalog107809>

Gajewski, Nancy, Hirn, Polly, Mayo, Patty. Eau Claire, WI: Thinking Publications , 1998. 2nd ed. (Book) — 1 copy, 0 available

Audience: Patient or Public  
Agency: BC Children's and Women's  
Location: Family Support & Resource Centre  
Call Number: GK 300 GAJ 1998

“ Features 63 social communication skills. Through structured activities, focused discussions, visualization tasks, and home assignments, students learn appropriate skills to survive socially, academically, and vocationally. Cooperative learning principles, role-playing, self-talk, regulated learning...



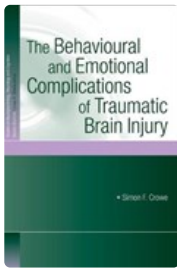
## Double-dip feelings: Stories to help children understand emotions

<https://libraries.phsa.ca/permalink/catalog108414>

Cain, Barbara S., Patterson, Anne (illustrator). Washington, DC: Magination Press , 2001. 2nd ed. (Book) — 2 copies, [1 available](#)

Agency: BC Children's and Women's  
Location: Family Support & Resource Centre  
Call Number: JUNIOR GK 720 CAI 2001

“ In this book, a series of familiar situations illustrate the common yet uncomfortable experience of having two contrasting feelings at the same time. The first day of school brings both pride and fear; the arrival of a baby brother or sister can trigger both joy and sadness. These stories are meant...



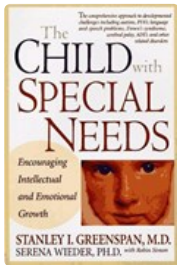
## Behavioral and emotional complications of traumatic brain injury

<https://libraries.phsa.ca/permalink/catalog18577>

Crowe, Simon F.,. New York: Taylor & Francis , 2008. (Book) — 1 copy, [1 available](#)

Audience: Professional  
Agency: BC Cancer Agency  
Location: Abbotsford Library FHA  
Call Number: WL354 C76 2008

“ *The postconcussional syndrome (PCS) -- Organic personality change -- Anxiety disorders -- Mood disorders following traumatic brain injury (TBI) -- Reality distortion following TBI (1): psychosis, denial, and deficits in the social perception of emotion -- Reality distortion following TBI (2): abnor...*



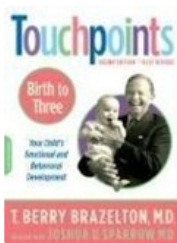
## Child with special needs: Encouraging intellectual and emotional growth

<https://libraries.phsa.ca/permalink/catalog104067>

Greenspan, Stanley I., Wieder, Serena, Simons, Robin. Reading, MA: Perseus Publishing , 1998. (Book) — 1 copy, [1 available](#)

Audience: Patient or Public  
Agency: BC Children's and Women's  
Location: Sunny Hill Education Resource Centre  
Family Support & Resource Centre  
Call Number: GK 665 GRE 1998

“ *A comprehensive guide dealing with the emotional, intellectual, physiological and developmental growth of a child with special needs. Covers a range of disabilities including cerebral palsy, autism, Down syndrome, pervasive developmental delay (PDD), attention deficit disorder (ADD), and language ...*



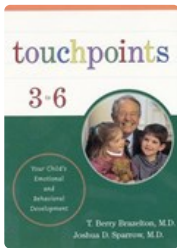
## Touchpoints birth to three: Your child's emotional and behavioral development

<https://libraries.phsa.ca/permalink/catalog110707>

Brazelton, Berry., Sparrow, Joshua D. Cambridge, MA: Lifelong Books (Da Capo) , 2006. 2nd ed. (Book) — 1 copy, [1 available](#)

Audience: Patient or Public  
Agency: BC Children's and Women's  
Location: Family Support & Resource Centre  
Call Number: GK 300 BRA 2006

“ *A guide for parents of babies and small children, this book discusses the universal concerns of parenthood, giving insight into the predictable leaps and regressions of early childhood. In this revised edition, the author introduces new information on physical, emotional, and behavioral development...*



## Touchpoints three to six: Your child's emotional and behavioral development

<https://libraries.phsa.ca/permalink/catalog110708>

Brazelton, Berry., Sparrow, Joshua D. Cambridge, MA: Lifelong Books (Da Capo) , 2002. (Book) — 1 copy, [1 available](#)

Audience: Patient or Public  
Agency: BC Children's and Women's  
Location: Family Support & Resource Centre  
Call Number: GK 300 BRA 2002

“ A parent's guide for children in the preschool and first-grade years. Through profiles of four very different children, the authors apply their "touchpoints" theory to each of the great cognitive, behavioral, and emotional leaps that occur from age three to six. In the second, alphabetical, half of...



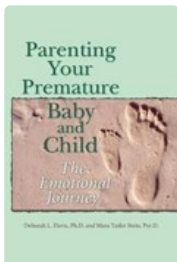
## A simple gift: Helping your young child cope with emotions

<https://libraries.phsa.ca/permalink/catalog111246>

Infant Mental Health Promotion (IMP). Toronto, ON: The Hospital for Sick Children , 2000. (Kit) — 1 copy, [1 available](#)

Audience: Patient or Public  
Agency: BC Children's and Women's  
Location: Family Support & Resource Centre  
Call Number: CA 200 HEL 2000a

“ This kit shows parents how they can help young children understand difficult feelings (anger, sadness, fear, jealousy) and express them in acceptable ways.



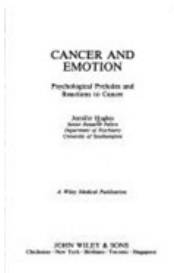
## Parenting your premature baby and child: The emotional journey

<https://libraries.phsa.ca/permalink/catalog111432>

Davis, Deborah L., Stein, Mara Tesler. Golden, CO: Fulcrum Publishing , 2004. (Book) — 1 copy, [1 available](#)

Agency: BC Children's and Women's  
Location: Family Support & Resource Centre  
Call Number: GK 520 DAV 2004

“ A comprehensive guide that provides supportive and practical suggestions for coping and adjusting, as well as valuable medical information for the parents of babies born prematurely. ; Addresses such emotional challenges as: coping with feelings; developing your parental identity; and managing yo...

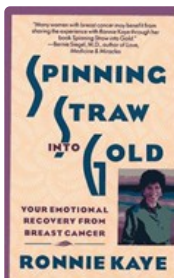


## Cancer and emotion : psychological preludes and reactions to cancer

<https://libraries.phsa.ca/permalink/catalog2803>

Hughes, Jennifer. Toronto, Ont.: John Wiley & Sons , 1987. (Book) — 1 copy, [1 available](#)

Audience: Professional  
Agency: BC Cancer Agency  
Location: Vancouver Library  
Call Number: QZ200 H893 1987



## Spinning straw into gold : your emotional recovery from breast cancer

<https://libraries.phsa.ca/permalink/catalog3049>

Kaye, Ronnie. Toronto, ON: Simon & Schuster Inc. , 1991. (Book) — 16 copies, [16 available](#)

Audience: Patient or Public  
Recommended  
Agency: BC Cancer Agency  
Location: Vancouver Library  
Vancouver Cancer Info Ctr  
Surrey Cancer Info Ctr  
Victoria Cancer Info Ctr  
Kelowna Cancer Info Ctr  
Abbotsford Cancer Info Ctr  
Prince George Cancer Info Ctr  
Call Number: WP870 K23 1991

“ Looks at emotional responses to breast cancer treatments, reconstruction, body image and sexuality, and life after treatment. Includes exercises in relaxation, imagery, and inner child work.