



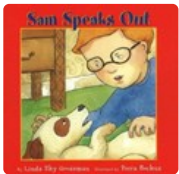
Speaking out!

<https://libraries.phsa.ca/permalink/catalog113428>

Berman, Steve. Valley Falls, NY: Bold Strokes Books , 2011. (Book) — 1 copy, [1 available](#)

Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: YOUTH GA 600 BER 2011

“ *Speaking Out* features stories for and about LGBT and Q teens by fresh voices and noted authors in the field of young adult literature. These are inspiring stories of overcoming adversity (against intolerance and homophobia) and experiencing life after “coming out.” Queer teens need tales of what mi...



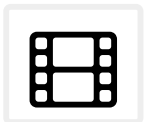
Sam speaks out

<https://libraries.phsa.ca/permalink/catalog108462>

Grossman, Linda Sky, Bockus, Petra (illustrator). Toronto, ON: Second Story Press and Toronto Child Abuse Centre , 2002. (Book) — 2 copies, [2 available](#)

Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: JUNIOR CE 500 GRO 2002a

“ *Sam* has a secret that is making him sad and confused. Finally, he tells his friend. He learns that he has not done anything wrong, and that not all secrets should be kept.



Voices : cancer patients speak out

<https://libraries.phsa.ca/permalink/catalog15601>

Films for the Humanities & Sciences. Princeton, NJ: Films Media Group , 2005. (Video, DVD) — 1 copy, [1 available](#)

Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Library AV Room
Call Number: QZ201 C215 2005 v.2



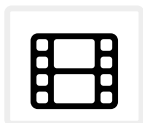
Breast stories : cancer survivors speak out

<https://libraries.phsa.ca/permalink/catalog21537>

Carpenter, Phil. Markham, ON: Fitzhenry & Whiteside , 2012. (Book) — 2 copies, [2 available](#)

Audience: Patient or Public
Agency: BC Cancer Agency
Location: Kelowna Cancer Info Ctr
Surrey Cancer Info Ctr
Call Number: WP870 C296 2012

“ *Breast cancer survivors who chose to undergo mastectomy talk about issues of beauty, identity, and femininity in this collection of portraits and frank personal essays*



Coming out again : lesbians speaking out about cancer

<https://libraries.phsa.ca/permalink/catalog20057>

Ramsay, Rowan. Kingston, ON: Ramsay Media , 2006. (Video, DVD) — 1 copy, [1 available](#)

Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Library AV Room
Call Number: QZ201 C733r 2006



The transgender teen: A handbook for families and professionals

<https://libraries.phsa.ca/permalink/catalog120261>

Brill, Stephanie, Kenney, Lisa. San Francisco, CA: Cleis Press Inc. , 2016. (Book) — 4 copies, [2 available](#)

Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: GA 600 BRI 2016

“ *There is a generational divide in our understandings of gender. This comprehensive guidebook helps to bridge that divide by exploring the unique challenges that thousands of families face every day raising a teenager who may be transgender, non-binary, gender-fluid or otherwise gender-expansive. Co...*

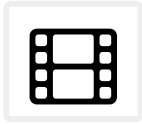


Smoking out the truth : teens and tobacco

<https://libraries.phsa.ca/permalink/catalog15492>

Cambridge Educational. Princeton, NJ: Films Media Group , 2006. (Video, DVD) — 1 copy, [1 available](#)

Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Library AV Room
Call Number: WA900 S666c 2006



Don't stress out about it: Stress management for teens

<https://libraries.phsa.ca/permalink/catalog110216>

Chariot Productions. Sherborn, MA: Aquarius Health Care Media , 2005. (Video) — 1 copy, [1 available](#)

Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: YOUTH CB 100 CHA 2005

“ This stress management program provides youth with tools necessary to identify and manage the stresses of everyday life including disruptions at home, problems at school, community violence, the impact of war, difficulties with friends and more.



It all begins with hope : patients, caregivers and the bereaved speak out

<https://libraries.phsa.ca/permalink/catalog4447>

Jevne, Ronna Fay. San Diego, CA: Luramedia , 1991. (Book) — 1 copy, [1 available](#)

Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Cancer Info Ctr
Call Number: BF789 J59i 1991



Speaking up without freaking out : 50 techniques for confident and compelling presenting

<https://libraries.phsa.ca/permalink/catalog120268>

Abrahams, Matt. Dubuque, IA: Kendall Hunt Publishing Company , [2016]. 3rd ed. (Book) — 1 copy, [1 available](#)

Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: PN4121 A159 2016

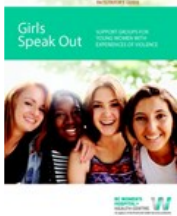


Parents of children with cancer speak out : problems, needs and sources of help

<https://libraries.phsa.ca/permalink/catalog6779>

Adams, David W. Toronto, Ont.: Candlelighters Childhood Cancer Foundation Canada , 1992. (Book) — 1 copy, [1 available](#)

Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: QZ201 A219 1992



Girls speak out: Support groups for young women with experiences of violence: Facilitator's guide

<https://libraries.phsa.ca/permalink/catalog114807>

<http://www.cw.bc.ca/library/pdf/Pamphlets/girlsspeakout.pdf>

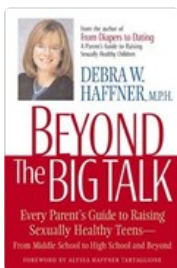
Godard, Louise, Cory, Jill, Armstrong, Naomi et al. Vancouver, BC: BC Women's Hospital + Health Centre , 2016. (Online, Booklet)

Agency: BC Children's and Women's

Location: Study & Learning Commons
Family Support & Resource Centre

URL Notes: Click on the link above to view/print.

“ This resource provides information about violence and BC Women's Hospital and Health Centre, Girls Speak Out program, its curriculum and some recommended websites about this topic. It's aimed to support women with experiences of violence.



Beyond the big talk: Every parent's guide to raising sexually healthy teens - from middle school to high school and beyond

<https://libraries.phsa.ca/permalink/catalog104733>

Haffner, Debra W. New York, NY: Newmarket Press , 2001. (Book) — 1 copy, [1 available](#)

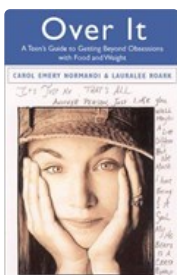
Audience: Patient or Public

Agency: BC Children's and Women's

Location: Family Support & Resource Centre

Call Number: GL 450 HAF 2001

“ Educating teens about sexuality is an important parental responsibility that involves more than simply giving teens a book about sex or having a single big talk. It is an ongoing process, with parents listening to teens and remembering their own adolescence and sexual awakening. Examining issues ra...



Over it: A teen's guide to getting beyond obsessions with food and weight

<https://libraries.phsa.ca/permalink/catalog104750>

Normandi, Carol Emery, Roark, Laurelee. Novato, CA: New World Library; Distributed to the trade by Publishers Group West , 2001. (Book) — 1 copy, [1 available](#)

Audience: Patient or Public

Agency: BC Children's and Women's

Location: Family Support & Resource Centre

Call Number: YOUTH BB 500 EME 2001

“ The authors look at the behaviors that may lead to eating disorders and the cultural, emotional, and physical reasons girls obsess about weight and eating. They go on to offer girls and their parents a map and a method for finding a realistic and livable balance. Stories and quotations from girls w...



Transgender basics

<https://libraries.phsa.ca/permalink/catalog113390>

<https://www.youtube.com/watch?v=UXI9w0PbBXY>

Lesbian, Gay, Bisexual & Transgender Community Center. New York, NY: YouTube , 2009. (Online)

Audience: Patient or Public

Agency: BC Children's and Women's

“ *New York City's Lesbian, Gay, Bisexual & Transgender Community Center empowers people to lead healthy, successful lives. The Center celebrates our diversity and advocates for justice and opportunity.* ”



Public speaking for dummies

<https://libraries.phsa.ca/permalink/catalog3255>

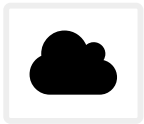
Kushner, Michael. Foster City, Ca.: IDG Books Worldwide, Inc. , 1999. (Book) — 1 copy, [1 available](#)

Audience: Professional

Agency: BC Cancer Agency

Location: Vancouver Library

Call Number: WX150 K97 1999



Autism speaks Canada

<https://libraries.phsa.ca/permalink/catalog114403>

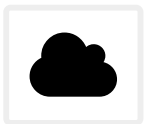
<http://www.autismspeaks.ca/>

Autism speaks Canada. Toronto, ON: Autism speaks Canada , 2016. (Online)

Audience: Patient or Public

Agency: BC Children's and Women's

“ *Autism Speaks Canada (ASC) is the Canadian branch of Autism Speaks, North America's largest autism science, awareness and advocacy organization. ASC website has the latest in science news, top research achievements, the MSSNG genome project, and science blogs on autism. ASC website has a selection ...* ”



Autism speaks video glossary

<https://libraries.phsa.ca/permalink/catalog114404>

<https://autismnavigator.com/asd-video-glossary/>

Autism Speaks Inc. Autism Speaks Inc. , 2016. (Online)

Audience: Patient or Public

Agency: BC Children's and Women's

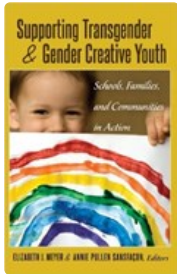


Frankly speaking about colorectal cancer

<https://libraries.phsa.ca/permalink/catalog13546>

Wellness Community. Philadelphia, PA: Wellness Community of Philadelphia , 2000. (Other) — 1 copy, [1 available](#)

Audience: Professional
Agency: BC Cancer Agency
Location: Victoria Library
Call Number: W1520 F834 2000



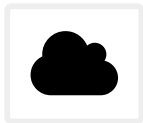
Supporting transgender and gender creative youth

<https://libraries.phsa.ca/permalink/catalog113416>

Meyer, Elizabeth J., Sansfacon, Annie Pullen. New York, NY: Peter Lang Publishing , 2014. (Book) — 1 copy, 0 available

Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: GA 600 MEY 2014

“ This book brings together research, social action methods, and theory on the topic of transgender youth and gender creative children. Organized in three sections covering theoretical and clinical, educational, and community perspectives, the chapters specifically address issues and challenges in ed...



Two transgender children struggle to be themselves

<https://libraries.phsa.ca/permalink/catalog113389>

<http://globalnews.ca/news/1014495/two-transgender-children-struggle-to-be-themselves/>

Sheldon, Mia, Krop, Jill. Vancouver, BC: Global News , 2014. (Online)

Audience: Patient or Public
Agency: BC Children's and Women's

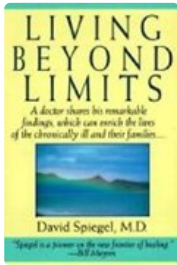


Tamoxifen : beyond the antiestrogen

<https://libraries.phsa.ca/permalink/catalog1040>

Boston, Ma.: Birkhauser , 1996. (Book) — 1 copy, [1 available](#)

Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: QZ267 T158 1996



Living beyond limits

<https://libraries.phsa.ca/permalink/catalog8140>

Spiegel, David. New York, N.Y.: Ballantine Books , 1993. (Book) — 2 copies, [2 available](#)

Audience: Patient or Public
Recommended

Agency: BC Cancer Agency

Location: Vancouver Library
Victoria Cancer Info Ctr

Call Number: WM172 S755 1993



Beyond life and death

<https://libraries.phsa.ca/permalink/catalog10905>

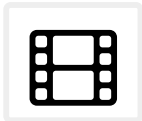
Suarez, Ray. Princeton, N.J.: Films for the Humanities & Sciences, Inc. , 2000. (Video, VHS) — 1 copy, [1 available](#)

Audience: Patient or Public

Agency: BC Cancer Agency

Location: Vancouver Library AV Room

Call Number: BF789 W822 2000 v.4



Moving beyond breast cancer

<https://libraries.phsa.ca/permalink/catalog15202>

<http://www.cancer.gov/cancertopics/coping/survivorship/beyond-cancer-video>

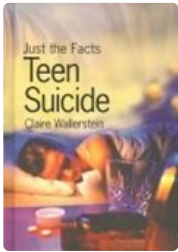
U.S. National Cancer Institute. Los Angeles, CA: UCLA School of Public Health | U.S. National Cancer Institute , 1999. (Video, DVD, Online) — 5 copies, [5 available](#)

Audience: Patient or Public

Agency: BC Cancer Agency

Location: Vancouver Library AV Room
Victoria Cancer Info Ctr
Abbotsford Cancer Info Ctr

Call Number: WP870 M935 1999



Teen suicide

<https://libraries.phsa.ca/permalink/catalog109318>

Wallerstein, Claire. Chicago, IL: Heinemann Library , 2003. (Book) — 1 copy, [1 available](#)

Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: YOUTH GV 150 WAL 2003

“ This book examines the issues surrounding teen suicide, including: the facts about the recent rise in teen suicide, which are often related to depression; how problems can be treated before they become serious; how to help a suicidal person; suicide in history and the legal issues around helping t...



Let my colors out

<https://libraries.phsa.ca/permalink/catalog21993>

Filigenzi, Courtney. Atlanta, GA: American Cancer Society , 2009. (Book) — 1 copy, [1 available](#)

Audience: Patient or Public
Agency: BC Cancer Agency
Location: Surrey Cancer Info Ctr
Call Number: QZ201 C5 F482 2009



Reach out and teach

<https://libraries.phsa.ca/permalink/catalog111878>

Ferrell, Kay Alicyn. New York: AFB Press , 2011. 2nd edition. (Book) — 1 copy, [1 available](#)

Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: FH 300 FER 2011

“ The empowering guide that taught parents and teachers how to promote the development of young children with visual and multiple impairments is now available in an exciting new edition that reflects the concerns of today's families and professionals and the latest research findings on learning in in...



Reach out and teach

<https://libraries.phsa.ca/permalink/catalog111884>

Ferrell, Kay Alicyn. New York: AFB Press , 2011. 2nd edition. (Book) — 1 copy, [1 available](#)

Audience: Professional
Agency: BC Children's and Women's
Location: Sunny Hill Education Resource Centre
Call Number: REF FH 300 FER 2011

“ *The empowering guide that taught parents and teachers how to promote the development of young children with visual and multiple impairments is now available in an exciting new edition that reflects the concerns of today's families and professionals and the latest research findings on learning in in...*

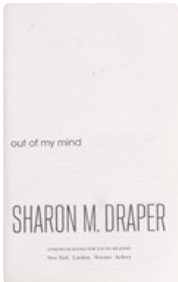


No way out

<https://libraries.phsa.ca/permalink/catalog114935>

Beverly Hills, CA: MGM Home Entertainment , 1987. (DVD, Video)

Audience: Patient or Public
Agency: BC Cancer Agency
Location: Victoria Humour



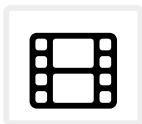
Out of my mind

<https://libraries.phsa.ca/permalink/catalog119823>

Draper, Sharon M. New York, NY: Atheneum Books for Young Readers , 2010. (Book) — 1 copy, [1 available](#)

Audience: Patient or Public
Agency: BC Children's and Women's
Location: Sunny Hill Education Resource Centre
Call Number: YOUTH FM 496 DRA 2010

“ *Melody is not like most people. She cannot walk or talk, but she has a photographic memory; she can remember every detail of everything she has ever experienced. She is smarter than most of the adults who try to diagnose her and smarter than her classmates in her integrated classroom?the very same ...*

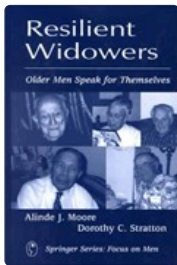


Out to sea

<https://libraries.phsa.ca/permalink/catalog13517>

Coolidge, Martha, Lemmon, Jack. Beverly Hills, CA: Twentieth Century Fox Film Corporation , 1997. (Video, VHS) — 1 copy, [1 available](#)

Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Library Humour Room



Resilient widowers : older men speak for themselves

<https://libraries.phsa.ca/permalink/catalog10801>

Moore, Alinde J, Stratton, Dorothy C. New York, N.Y.: Springer Pub. Co , c2002. (Book) — 1 copy, [1 available](#)

Audience: Patient or Public
Recommended
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: BF575 M821 2002



Good enough life : the dying speak

<https://libraries.phsa.ca/permalink/catalog11091>

Gabori, Susan. Fredericton, N.B.: Goose Lane , c2002. (Book) — 1 copy, [1 available](#)

Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: BF789 D4 G116 2002



Speaking our truth : a journey of reconciliation

<https://libraries.phsa.ca/permalink/catalog121255>

Gray Smith, Monique. [Victoria, BC]: Orca Book Publishers , 2017. (Book) — 1 copy, 0 available

Audience: Patient or Public
Agency: BC Cancer Agency
Location: Victoria Cancer Info Ctr
Call Number: E78.C2 S642 2017

“*This nonfiction book examines how we can foster reconciliation with Indigenous people at individual, family, community and national levels*”-- Provided by publisher. ; Contents: ; Welcome to the Journey -- Honesty: where have we come from? -- Love: where do we stand today? -- Kindness and reciproci...



Frankly speaking about cancer : lung cancer

<https://libraries.phsa.ca/permalink/catalog21401>

www.CancerSupportCommunity.org.

<https://orders.cancersupportcommunity.org/>

<http://www.cancersupportcommunity.org/MainMenu/About-Cancer/Types-of-Cancer/Lung>

Hanna, Nasser H. Washington, DC: Cancer Support Community , 2013. 6th ed. (Book, Online)

Audience: Patient or Public
Recommended

Agency: BC Cancer Agency

Location: Internet

URL Notes: Full pdf copy available to download



Affirmations for living beyond cancer

<https://libraries.phsa.ca/permalink/catalog2196>

Siegel, Bernie S. Seattle, Wa.: TouchStar Productions , 1995. (Video, VHS) — 1 copy, [1 available](#)

Audience: Patient or Public
Recommended

Agency: BC Cancer Agency

Location: Vancouver Library AV Room

Call Number: QZ266 S573a 1995



Treating dementia - cognition and beyond

<https://libraries.phsa.ca/permalink/catalog17252>

Ancill, R. J.; Vancouver: Canadian Academic Press , 2000. (Book) — 1 copy, [1 available](#)

Audience: Professional

Agency: BC Cancer Agency

Location: Abbotsford Library FHA

Call Number: WM200 A58 T7 2000



Beyond dreaming : cristal silence II

<https://libraries.phsa.ca/permalink/catalog19368>

Coxon, Robert Haig. Westmount, QC: R.H.C. Productions Inc. (SOCAN) , 1987. (Audio, CD) — 1 copy, [1 available](#)

Audience: Patient or Public

Agency: BC Cancer Agency

Location: Vancouver Library Music

Call Number: QZ266 C879b 1987

“ Morning light ; Golden rays ; You can fly ; Sirius



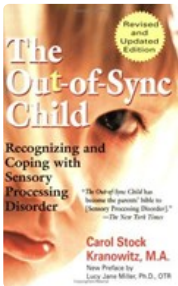
Shay & Ivy beyond the kingdom

<https://libraries.phsa.ca/permalink/catalog119705>

McFeely, Sheena, Trace, Casie. Vancouver, BC: The Mansfield Press , 2015. (Book) — 1 copy, [1 available](#)

Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: JUNIOR FM 237 MCF 2015

“ The first book is about Shay & Ivy and their friends, at an imaginary ball in their bedroom, dreaming of being princesses. They all dreamt of riding horses, owning closets full of gowns, and dancing in royal castles. All girls, but Shay felt out of place. How was she to royally fit in if she did no...



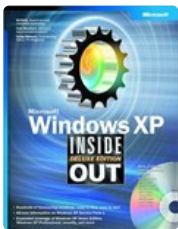
The out-of-sync child

<https://libraries.phsa.ca/permalink/catalog111933>

Kranowitz, Carol Stock. Toronto, ON: Penguin Group , 2005. 2nd ed. (Book) — 1 copy, 0 available

Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: FM 100.5 KRA 2005

“ This resource offers information for parents and professionals on a drug-free treatment approach to children with sensory processing disorder (SPD). ; Table of Contents: ; Chapter 1 Does your child have sensory processing disorder? ; Chapter 2 Understanding sensory processing-and what can go amiss ...

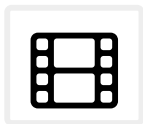


Microsoft Windows XP inside out

<https://libraries.phsa.ca/permalink/catalog11015>

Bott, Ed, Siechert, Carl, Stinson, Craig. Redmond, Wa.: Microsoft , c2003. Deluxe ed. (Book, CD)

Audience: Professional
Agency: BC Cancer Agency
Location: Cancer Control Research



Acquired brain injury: Teens talking to teens

<https://libraries.phsa.ca/permalink/catalog110194>

Jacobsen, Suzanne (Exec. Producer). Wake Forest, NC: Lash & Associates Publishing , 2000. (Video) — 2 copies, [2 available](#)

Audience: Patient or Public

Agency: BC Children's and Women's

Location: Sunny Hill Education Resource Centre

Call Number: FM 330 ACQ 2000b

“ This DVD highlights the personal stories of three adolescents who acquire a brain injury. Their candid discussions offer the viewer an insightful look at the challenges of living with an acquired brain injury, discussing their fears, sadness, and frustrations, as well as their triumphs, goals and ...



The transgender child: A handbook for families and professionals

<https://libraries.phsa.ca/permalink/catalog111325>

Brill, Stephanie, Pepper, Rachel. San Francisco, CA: Cleis Press Inc. , 2008. (Book) — 5 copies, [2 available](#)

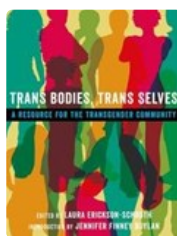
Audience: Patient or Public
Featured

Agency: BC Children's and Women's

Location: Family Support & Resource Centre

Call Number: GA 600 BRI 2008

“ A comprehensive guidebook exploring the unique challenges faced by families raising gender variant and transgender children. This informative guide covers gender variance from birth through college, addressing parenting practices, developmental stages, disclosure to others, working with your school...



Trans bodies, trans selves : a resource for the transgender community

<https://libraries.phsa.ca/permalink/catalog121376>

<http://search.ebscohost.com/login.aspx?direct=true&scope=site&db=nlebk&db=nlabk&AN=772837>

New York, NY: Oxford University Press , 2014. (Ebook)

Audience: Patient or Public

Agency: BC Cancer Agency

Location: Internet

URL Notes: Patients and the public of BC and the Yukon can access this title by calling 1.888.675.8001 x 8001 (toll-free) to obtain a username and password from the Library.



Teens talk diabetes [videorecording]

<https://libraries.phsa.ca/permalink/catalog17979>

(Video, DVD) — 1 copy, [1 available](#)

Audience: Patient or Public
Agency: BC Cancer Agency
Location: Abbotsford Cancer Info Ctr FHA
Call Number: WK810 T4

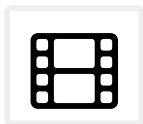


Worry taming for teens

<https://libraries.phsa.ca/permalink/catalog21801>

Garland, E. Jane, Clark, Sandra L.; Vancouver, B.C.: British Columbia Children's Hospital , 2002. (Book) — 1 copy, [1 available](#)

Audience: Patient or Public
Agency: BC Cancer Agency
Location: Abbotsford Cancer Info Ctr FHA
Call Number: WM172 G27 2002



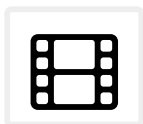
Teens and kidney dialysis

<https://libraries.phsa.ca/permalink/catalog110260>

Montefiore Medical Centre, Thirtee/WNET, Rick Sabreen Enterprises. Sherborn, MA: Aquarius Health Care Media , 2002. (Video) — 1 copy, [1 available](#)

Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: FP 300 AQU 2002

“ This DVD features a group of teens who spend three afternoons a week in Montefiore's pediatric dialysis unit, and how they support each other through the ups and downs of this serious chronic illness.



Body piercing in teens

<https://libraries.phsa.ca/permalink/catalog110285>

Sherborn, MA: Aquarius Health Care Media , 2007. (Video) — 1 copy, [1 available](#)

Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: YOUTH FO 174 AQU 2007

“ This DVD discusses body piercing in teens and parents' concern about it.



Worry taming for teens

<https://libraries.phsa.ca/permalink/catalog120253>

Garland, E. Jane, Clark, Sandra L., Earle, Vicky (Illustrator). Vancouver, B.C.: BC Children's Hospital , 2002. (Book) — 1 copy, [1 available](#)

Audience: Patient or Public
Agency: BC Cancer Agency
Location: Victoria Cancer Info Ctr
Call Number: WS463 G27 2002