Gentle willow: a story for children about dying

https://libraries.phsa.ca/permalink/catalog497

Mills, Joyce C. New York, N.Y.: Magination Press, 1993. (Book) — 3 copies. 3 available

Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Cancer Info Ctr
Surrey Cancer Info Ctr
Victoria Cancer Info Ctr
Call Number: BF575 C5 M657 1993

“When the willow tree gets sick and nothing will make him well, his friends in the wood learn about death, and saying good-bye.”

Learning about friendship

https://libraries.phsa.ca/permalink/catalog111937


Audience: Patient or Public
Agency: BC Children’s and Women’s
Location: Family Support & Resource Centre
Call Number: FM 272 ALG 2011

“A resource for parents and teachers of children with autism spectrum disorder (ASD) to help them make and maintain friendships. Key problems addressed: sharing, taking turns, being a tattletale, obsessions, winning, losing, jealousy, personal space, tact, diplomacy, and defining friendship.”

LGBTQ cultures: what health care professionals need to know about sexual and gender diversity

https://libraries.phsa.ca/permalink/catalog120535
https://www.r2library.com/Resource/Title/1496394607


Audience: Professional
Agency: BC Cancer Agency
Location: Internet
URL Notes: This title is licensed for one user at a time on BC Cancer-network computers. If you are denied access while on a network computer, try again later.

“Table of Contents: Overview and theoretical framework -- What's in a word? Concepts related to sex/gender and sexuality -- The deadly effects of stigma -- Myths and facts about sexual orientation and gender identity -- Developmental transitions -- Cultures within cultures: diversity and LGBTQ c..."
Confronting the red devil and other stories about cancer
https://libraries.phsa.ca/permalink/catalog21386
Chutter, Kerry. Burnaby, BC: Write Room Press, 2013. (Book) — 1 copy, 1 available
Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: WP870 C564 2013

A story about you...
https://libraries.phsa.ca/permalink/catalog111818
Brehm, Catherine, Brehm, Maureen (Illustrator). , 2002. (Book) — 1 copy, 1 available
Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: JUNIOR FP 632 BRE 2002
This picture book is written for young children (aged 3 to 6) with bladder exstrophy who are discovering their physical differences. One end is aimed at girls, the other at boys.

Supporting transgender and gender creative youth
https://libraries.phsa.ca/permalink/catalog113416
Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: GA 600 MEY 2014
This book brings together research, social action methods, and theory on the topic of transgender youth and gender creative children. Organized in three sections covering theoretical and clinical, educational, and community perspectives, the chapters specifically address issues and challenges in ed...

The patched heart: A gift of friendship and caring
https://libraries.phsa.ca/permalink/catalog110177
Stewart, H.E. Victoria, BC: Tudor House, 2007. (Book) — 1 copy, 1 available
Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: JUNIOR GK 210 STE 2007
This is the story of a brave puppy whose delight in life contributes to his own healing when he finds himself in the hospital having heart surgery.
The gender quest workbook: a guide for teens and young adults exploring gender identity


Audience: Patient or Public
Agency: BC Cancer Agency
Location: Internet
URL Notes: Patients and the public of BC and the Yukon can access this title by calling 1.888.675.8001 x 8001 (toll-free) to obtain a username and password from the Library. Supplemental guide for clinicians and other resources available at https://www.newharbinger.com/gender-quest-workbook/accessories

Table of contents: 1. Gender Identity--Explores definitions of gender and helps you better understand how your sense of gender developed. 2. Gender Expression--Looks at the wide diversity of genders worldwide and helps you think about the different ways you may choose to express your gender.

Friendship island

Chorney, Andrea, Rubenstein, Franklin, Clark, Paul (artist). Westport, CT: Discovery Toys, 2010. (Game) — 2 copies, 2 available

Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: STACKS CF 110 CHO 2010

This game turns cooperating, negotiating and learning the importance of being a good friend into a win-win game. It aims to: develop critical thinking skills; express ideas and emotions in words; expand understanding of self and others; respect the ideas and differences of others; understand the co...

I know I made it happen: A gentle book about feelings

Blackburn, Lynn Bennett., Dietrich, Glenda. (ill). Omaha, NE: Centering Corporation, 2001. 2nd ed. (Book) — 1 copy, 1 available

Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: JUNIOR CA 260 BLA 2001

This book deals with childhood guilt in a positive way. It looks at feelings when there is a family fight, a divorce, illness, injury or death. The book gives kids support and understanding during a crisis and helps them understand that thoughts do not make bad things happen.
I know I made it happen : a gentle book about feeling guilty
https://libraries.phsa.ca/permalink/catalog509
Blackburn, Lynn Bennett. Omaha, NE: Centering Corporation , 1991. (Book) — 1 copy, 1 available
Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: BF575 C5 B628 1991

Gender born, gender made
https://libraries.phsa.ca/permalink/catalog111940
Ehrensaft, Diane. New York, NY: The Experiment , 2011. (Book) — 1 copy, 0 available
Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: GA 600 EHR 2011

“A guide for parents, clinicians, and educators on both the philosophical dilemmas and the practical, daily concerns of working with children who do not fit a "typical" gender mold. ; Table of Contents: ; Chapter 1 Relearning gender ; Chapter 2 The family's path is covered with roses and thorns ; Ch…

Little off course : thoughts and stories about a journey through breast cancer treatment
https://libraries.phsa.ca/permalink/catalog19731
Audience: Patient or Public
Agency: BC Cancer Agency
Location: Victoria Cancer Info Ctr
Call Number: WP870 A854 2010

Truth of it : an unscripted video series about cancer : First Nations and Inuit stories
https://libraries.phsa.ca/permalink/catalog20707
https://www.partnershipagainstcancer.ca/topics/truth-of-it-video-series/
Canadian Partnership Against Cancer. Toronto, ON: Cancer View Canada , 2010. (Video, DVD, Online) — 8 copies, 8 available
Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Library AV Room
Abbotsford Cancer Info Ctr
Kelowna Cancer Info Ctr
Prince George Cancer Info Ctr
Surrey Cancer Info Ctr
Victoria Cancer Info Ctr
Internet
Call Number: QZ201 T875c 2010 v.5
Chicken soup for the college soul: inspiring and humorous stories about college

https://libraries.phsa.ca/permalink/catalog113246
Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: YOUTH GL 150 CAN 1999

"College is a time of excitement, exuberance and triumph, as well as one of anxiety, doubt and confusion. Readers will identify with the stories that express feelings they undoubtedly share as they stand at the brink of adulthood, sometimes ready to take the world by storm, other times wondering whe…"
Crazy sexy cancer: a story about looking for a cure, and finding a life
https://libraries.phsa.ca/permalink/catalog16109
Carr, Kris, Fassett, Brian, Nathanson, Beth. New York, NY: Gaiam, 2007. (Video, DVD) — 7 copies, 7 available
Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Library AV Room
Surrey Cancer Info Ctr
Victoria Cancer Info Ctr
Kelowna Cancer Info Ctr
Abbotsford Cancer Info Ctr
Call Number: QZ201 C311c 2007

25 minute healing yoga routine and guided relaxation with instructor Rodney Yee; Ways to find your om; Get juiced
- in the kitchen with Kris; Simple detox methods; Deleted scenes and extended interviews

Gentle willow
https://libraries.phsa.ca/permalink/catalog104059
Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: JUNIOR GV 250 MIL 1993

A comforting story which helps children deal with the their own death, death of friends, a family member, or even pets.
A loving and tender tale that addresses our feelings of sadness, love, disbelief, and anger.

Gentle death
https://libraries.phsa.ca/permalink/catalog2469
Seguin, Marilynne. Toronto, Ont.: Key Porter Books, 1994. (Book) — 1 copy, 1 available
Audience: Professional
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: W50 S456 1994

Grieving beyond gender: understanding the ways men and women mourn
https://libraries.phsa.ca/permalink/catalog18864
Doka, Kenneth J, Martin, Terry L. Routledge, 2010. rev. ed. (Book) — 1 copy, 1 available
Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Library
Call Number: BF575 G7 D64 2010

Introduction and plan of the book; Definitions: understanding grief; Patterns of grief and intuitive grief; Instrumental grief; Dissonant responses; Personality as a shaper of patterns; The role of gender; Culture as a shaping agent; Adaptive strategies: implications for counselors; Strate...
Becoming peoplesmart: Friendship, trust and gullibility: Part 1 and Part 2
https://libraries.phsa.ca/permalink/catalog111091
Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: STACKS CF 110 STA 1997

“PeopleSmart-1 teaching basic friendship skills, is the first video program to focus on the specific skills needed to
make a "real" friend. Students will learn the 10 best ways to meet people, how to distinguish between an
acquaintance and a real friend, and what to do to maintain a good relationsh...”

Nobody likes me, everybody hates me: The top 25 friendship problems and how to solve them
https://libraries.phsa.ca/permalink/catalog109050
Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: CF 300 BOR 2005

“Do you wish your kid had more friends or "could keep the ones she has? Is teasing, gossiping, bullying, or cyber-
bullying a problem? Is she often left out or rejected by other kids? Does he just follow the crowd? Are you
concerned about his friends? Does she complain that she’s unpopular or that n...”

The color monster: A story about emotions
https://libraries.phsa.ca/permalink/catalog122258
Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: JUNIOR GK 720 LLE 2018

“Emotions, including happiness, sadness, anger, fear, and calm, are described through the actions of a monster
sorting them out.”

Mr. Worry: A story about OCD
https://libraries.phsa.ca/permalink/catalog109134
available
Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: JUNIOR CD 480 NIN 2004

“Mr. Worry: A story about OCD is about a young boy trying to overcome the terrors of obsessive-compulsive disorder (OCD) in
his daily life. All of the people in young Kevin’s life join forces to help him manage his problem, which he names Mr.
Worry. The use of simple language and straightforward informatio...”
**Chicken soup for the preteen soul 2: Stories about facing challenges, realizing dreams and making a difference**

https://libraries.phsa.ca/permalink/catalog108683

Canfield, Jack, Hansen, Mark Victor, Hansen, Patty, Dunlap, Irene. New York, NY: Scholastic Inc. , c2004. (Book) — 1 copy, 1 available

Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: JUNIOR GK 720 CAN 2004

*A book filled with true stories for preteens about finding yourself, achieving dreams, and dealing with tough issues such as friendship, body changes, first crushes, difficult choices and tough stuff like divorce, moving, and dealing with death.*

**Chicken soup for the grieving soul : stories about life, death, and overcoming the loss of a loved one**

https://libraries.phsa.ca/permalink/catalog14696

Canfield, Jack, Hansen, Mark Victor. Deerfield Beach, FL: Health Communications , c2003. (Book) — 1 copy, 1 available

Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Cancer Info Ctr
Call Number: BF575 G7 C533 2003

**Series I Friendship**

https://libraries.phsa.ca/permalink/catalog111210

New York, NY: YAI National Institute for People with Disabilities , 2009. (Kt) — 1 copy, 1 available

Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: CF 300 YAI 2009a

*The first of a three part series, the purpose of Series I is to teach people with developmental disabilities about special relationships. Consumers will learn the differences between strangers, acquaintances, and friends; becoming acquaintances or friends, and how to be a friend.*

**Sacred choices : the gentle art of disarming a disease and reclaiming your joy!**

https://libraries.phsa.ca/permalink/catalog10910


Audience: Patient or Public
Agency: BC Cancer Agency
Location: Victoria Cancer Info Ctr
Call Number: WM172 C532 2000
Questions and answers for parents and family members of gender variant and transgendered youth
https://libraries.phsa.ca/permalink/catalog113794

Vancouver School Board. Vancouver, BC: Vancouver School Board, 2011. (Online)
Audience: Patient or Public
Agency: BC Children's and Women's

Are you the parent of a trans or gender-diverse youth, and find yourself needing some answers? This booklet provides some answers to some of the most common questions parents have about gender identity, family, and supporting your child. Available in English and Simplified Chinese.

Questions and answers for parents and family members of gender variant and transgendered youth (Traditional Chinese)
https://libraries.phsa.ca/permalink/catalog113795
https://www.vsb.bc.ca/Student_Support/Safe_Caring/Documents/T56778Chinese%20Traditional_Q&A%20Trans%20Booklet%20English%202017_Web.pdf

Vancouver School Board. Vancouver, BC: Vancouver School Board, 2011. (Online)
Audience: Patient or Public
Agency: BC Children's and Women's

Are you the parent of a trans or gender-diverse youth, and find yourself needing some answers? This booklet provides some answers to some of the most common questions parents have about gender identity, family, and supporting your child. Available in English and Simplified Chinese.

Questions and answers for parents and family members of gender variant and transgendered youth (Filipino)
https://libraries.phsa.ca/permalink/catalog121336
https://www.vsb.bc.ca/Student_Support/Safe_Caring/Documents/T56778Filipino_Q&A%20Trans%20Booklet%20English%202017_Web.pdf

Vancouver School Board. Vancouver, BC: Vancouver School Board, 2011. (Online)
Audience: Patient or Public
Agency: BC Children's and Women's

Are you the parent of a trans or gender-diverse youth, and find yourself needing some answers? This booklet provides some answers to some of the most common questions parents have about gender identity, family, and supporting your child. Available in English and Simplified Chinese.

Questions and answers for parents and family members of gender variant and transgendered youth (Korean)
https://libraries.phsa.ca/permalink/catalog121337

Vancouver School Board. Vancouver, BC: Vancouver School Board, 2011. (Online)
Audience: Patient or Public
Agency: BC Children's and Women's

Are you the parent of a trans or gender-diverse youth, and find yourself needing some answers? This booklet provides some answers to some of the most common questions parents have about gender identity, family, and supporting your child. Available in English and Simplified Chinese.
Questions and answers for parents and family members of gender variant and transgendered youth (Punjabi)


Vancouver School Board. Vancouver, BC: Vancouver School Board, 2011. (Online)

Audience: Patient or Public
Agency: BC Children's and Women's

Are you the parent of a trans or gender-diverse youth, and find yourself needing some answers? This booklet provides some answers to some of the most common questions parents have about gender identity, family, and supporting your child. Available in English and Simplified Chinese.

Questions and answers for parents and family members of gender variant and transgendered youth (Vietnamese)

https://www.vsb.bc.ca/Student_Support/Safe_Caring/Documents/T56778Vietnamese_Q&A%20Trans%20Booklet%20English%202017_Web.pdf

Vancouver School Board. Vancouver, BC: Vancouver School Board, 2011. (Online)

Audience: Patient or Public
Agency: BC Children's and Women's

Are you the parent of a trans or gender-diverse youth, and find yourself needing some answers? This booklet provides some answers to some of the most common questions parents have about gender identity, family, and supporting your child. Available in English and Simplified Chinese.

A smart girl's guide to friendship troubles: dealing with fights, being left out, and the whole popularity thing

https://libraries.phsa.ca/permalink/catalog108563

Criswell, Patti Kelley, Martini, Angela (Illustrator). Middletown, WI: American Girl, c2003. (Book) — 1 copy, 1 available

Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: YOUTH CF 300 CRI 2003

An advice book for girls on friendship issues such as speaking up when afraid of hurting a friend's feelings, what to do after a big fight, dealing with betrayal and other dilemmas. The book offers tips, quizzes and real-life stories to solve a girl's most common friendship troubles.

Gendering the health determinants framework : why girls' and women's health matters

https://libraries.phsa.ca/permalink/catalog21915


Benoit, Cecilia, Shumka, Leah; Simon Fraser University [SFU]. Women's Health Research Network. Vancouver: Women's Health Research Network, 2009. (Book) — 1 copy, 1 available

Agency: BC Cancer Agency
Location: Abbotsford Library FHA
Call Number: W84.4 B4 2009
Where's my book? A guide for transgender and gender non-conforming youth, their parents, & everyone else
https://libraries.phsa.ca/permalink/catalog121407

**Why is this book important?** We know that transgender kids and their families need specialized information. Alarmingly, the suicide attempt rate among trans youth is close to half! This book is intended to give gender non-conforming kids some of the information they need to grow to be happy, product…

Andrew's story: A book about a boy who beat cancer
https://libraries.phsa.ca/permalink/catalog104431

**A book written by a father and his son Andrew. When Andrew was 3 years old he was diagnosed with a cancer called Wilms Tumor. Six years later, after surgery, chemo and radiation he is a happy, healthy boy who is cancer free. The book tells of his experience in hospital, which will hopefully help…**

Taking ADD to school: A story about attention deficit disorder
https://libraries.phsa.ca/permalink/catalog107948

**A young boy describes what it is like to have ADD, especially the problems it caused him at school, and how his disorder can be treated and controlled.**

Taking seizure disorders to school: A story about epilepsy
https://libraries.phsa.ca/permalink/catalog108384

**Jaime tells about her epilepsy and how can people help when she’s having a seizure. She also explains about the bracelet that she wears and that tells about her condition and whom to call in emergency.**
The girl with no hair: a story about alopecia areata
https://libraries.phsa.ca/permalink/catalog108759
Murphy-Melas, Elizabeth, Hernandez, Alex (illustrator). Albuquerque, NM: Health Press, c2002. (Book) — 1 copy, 1 available

Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: JUNIOR FO 840 MUR 2002

"A story of a little girl with alopecia areata who learns how to cope effectively. It explains the condition and helps children affected by this disease understand that they are not alone. It also helps them build confidence and self-esteem."

No ordinary apple: A story about eating mindfully
https://libraries.phsa.ca/permalink/catalog113064

Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: JUNIOR EG 200 MAR 2013

"Lushly and humorously illustrated, No Ordinary Apple makes a traditional technique for training mindfulness a fun and enjoyable way for children to learn to slow down and appreciate even the simplest things."

Nobody's perfect: A story for children about perfectionism
https://libraries.phsa.ca/permalink/catalog114050

Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: JUNIOR GK 650 BUR 2009

"Sally Sanders is good at everything she does, or so it seems. Secretly she is afraid that if she can't do something well, or be the best, she will feel like a failure. She is scared that she is not "good enough." As a perfectionist, hitting the wrong note at a piano recital, or not making the socce…"

Great cat stories : incredible tales about exceptional cats
https://libraries.phsa.ca/permalink/catalog15624
Snopek, Roxanne Willems. Canmore, AB: Altitude Publishing Canada Ltd., 2004. (Book) — 1 copy, 1 available

Audience: Patient or Public
Agency: BC Cancer Agency
Location: Victoria Humour
Do I have a daddy?: A story about a single-parent child with a special section for single mothers and fathers

https://libraries.phsa.ca/permalink/catalog108372


Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: JUNIOR GK 610 LIN 2000

“A single mother explains to her son that his daddy left soon after he was born. Includes a section with suggestions for answering the question, "Do I have a daddy?""

Restorative yoga for breast cancer recovery: gentle "flowing" restorative yoga for breast health, breast cancer related fatigue and lymphedema management

https://libraries.phsa.ca/permalink/catalog120966

Ross, Diana. [United States]: Breast Cancer Yoga, 2014. (Book) — 3 copies, 3 available

Audience: Patient or Public
Agency: BC Cancer Agency
Location: Vancouver Library
Kelowna Cancer Info Ctr
Victoria Cancer Info Ctr
Call Number: WP870 R823 2014

Gender now activity book

https://libraries.phsa.ca/permalink/catalog112925


Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: JUNIOR GA 600 GON 2011

“In this activity book, there are stories, pictures, games and more to encourage and remind you that you are free to be! Learn that there are many ways to feel on the inside no matter what body you have on the outside through stories from nature, history, and different cultures.”

My new gender workbook

https://libraries.phsa.ca/permalink/catalog113417

Bornstein, Kate. New York, NY: Routledge, Taylor and Francis Group, 2013. (Book) — 1 copy, 1 available

Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: YOUTH GA 600 BOR 2013

“This updated edition of Bornstein's formative My Gender Workbook (1997) provides an introduction to contemporary theory around gender, sexuality, and power. In My Gender Workbook, transgender activist Kate Bornstein brings theory down to Earth and provides a practical approach to living with or wi..."
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