



The Bounceback book

<https://libraries.phsa.ca/permalink/catalog111365>

http://www.cw.bc.ca/library/pdf/pamphlets/AMHB_BBB_Preschooler.pdf

Alberta Mental Health Board. Edmonton, AB: Alberta Mental Health Board , 2009. (Book) — 1 copy, [1 available](#)

Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: GK 601 PRE 2009

“ *This book is designed to provide parents with information, tools, and interactive activities that will help foster a safe, healthy and happy relationship with their young child. Topics include self-confidence, problem-solving, emotional regulation, and empathy.*



The bounceback book: Birth to 2 years

<https://libraries.phsa.ca/permalink/catalog111364>

http://www.cw.bc.ca/library/pdf/pamphlets/AMHB_BBB_Birth_to_2_Years.pdf

Alberta Mental Health Board. Edmonton, AB: Alberta Mental Health Board , 2009. (Book) — 1 copy, [1 available](#)

Audience: Patient or Public
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Location: Family Support & Resource Centre
Call Number: GK 601 BIR 2009

“ *This book is designed to provide parents with information, tools, and activities that will help foster a safe, healthy and happy relationship with their newborn to two-year-old. Topics include unique families, relationships, storytelling, communication, emotions, attachment and developmental milest...*