



## How to teach your autistic teen about sex

<https://libraries.phsa.ca/permalink/catalog113131>

Breeding, Travis. USA: Travis Breeding , 2014. (Book) — 2 copies, [1 available](#)

Audience: Patient or Public  
Agency: BC Children's and Women's  
Location: Family Support & Resource Centre  
Call Number: FM 272 BRE 2014

“ *This is a parenting guide book for parents who have teens on the Autism Spectrum going through Puberty. Written as a first-hand account by an adult who has Asperger's himself Travis Breeding shares his experiences with puberty and discovering his own sexuality.*



## Autism: I have desires too

<https://libraries.phsa.ca/permalink/catalog113159>

Breeding, Travis. USA: Travis E. Breeding , 2013. (Book) — 2 copies, [2 available](#)

Audience: Patient or Public  
Agency: BC Children's and Women's  
Location: Family Support & Resource Centre  
Call Number: FM 272 BRE 2013

“ *Travis Breeding talks about his experience with puberty and sexuality with having Autism. This book is helpful for parents and educators wanting to gain better insight into their children or students. Travis shares what he went through and offers advice to help your child through these experiences...*



## Making sense of my feelings as a teen with autism going through puberty

<https://libraries.phsa.ca/permalink/catalog112977>

Breeding, Travis E. Createspace , 2012. (Book) — 1 copy, 0 available

Audience: Patient or Public  
Agency: BC Children's and Women's  
Location: Family Support & Resource Centre  
Call Number: YOUTH FM 272 BRE 2012

“ *In this book the author express feelings he had during his teenage years as a teen with autism. Watching other kids go through puberty and begin to interact with the opposite sex in different ways than he knew or understood was very frustrating. This book helps prepare other children with autism for...*