



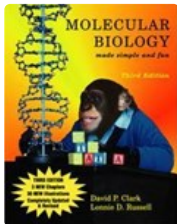
## Anxiety and worry workbook: The cognitive behavioral solution

<https://libraries.phsa.ca/permalink/catalog114065>

Clark, David, Beck, Aaron. New York, NY: Guilford Press , 2012. (Book) — 1 copy, [1 available](#)

Audience: Patient or Public  
Agency: BC Children's and Women's  
Location: Family Support & Resource Centre  
Call Number: CD 420 CLA 2012

“ If you're seeking lasting relief from out-of-control anxiety, this is the book for you. It is grounded in cognitive behavior therapy, the proven treatment approach developed and tested over more than 25 years by pioneering clinician-researcher Aaron T. Beck. Now Dr. Beck and fellow cognitive therap...

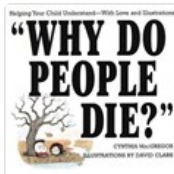


## Molecular biology made simple and fun

<https://libraries.phsa.ca/permalink/catalog14284>

Clark, David P, Russell, Lonnie D. St. Louis, MD: Cache River Press , 2005. 3rd ed. (Book) — 1 copy, [1 available](#)

Audience: Professional  
Agency: BC Cancer Agency  
Location: Vancouver Library  
Call Number: QH506 C592 2005



## "Why do people die?"

<https://libraries.phsa.ca/permalink/catalog106412>

MacGregor, Cynthia, Clark, David (Illustrator). New York, NY: Citadel Press , 2002. (Book) — 2 copies, [2 available](#)

Audience: Patient or Public  
Agency: BC Children's and Women's  
Location: Family Support & Resource Centre  
Call Number: JUNIOR GV 100 MAC 2002

“ This book guides parents through the inevitable questions, emotions, and fears associated with death. Written in a friendly, reassuring tone, and with respect for the beliefs of different religions, this book comforts both parents and children. Understanding the thoughts and worries that plague chi...