



## Presence: Bringing your boldest self to your biggest challenges

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Cuddy, Amy. New York, NY: Little, Brown and Company , 2015. (Book) — 3 copies, [3 available](#)

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“ Have you ever left a nerve-racking challenge and immediately wished for a do over? Maybe after a job interview, a performance, or a difficult conversation? The very moments that require us to be genuine and commanding can instead cause us to feel phony and powerless. Too often we approach our lives...