



Taming worry dragons: Therapy group for anxious children - Facilitator's manual

<https://libraries.phsa.ca/permalink/catalog106837>

Clark, Sandra, Garland, E. Jane, Gregowoski, Noel. Vancouver, BC: Children's and Women's Health Centre of BC , 2018. 3rd. (Book) — 3 copies, [1 available](#)

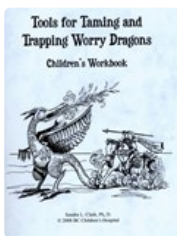
Audience: Professional
Patient or Public

Agency: BC Children's and Women's

Location: Family Support & Resource Centre

Call Number: CD 420 CLA 2018b

“ *Therapist's Manual is for the 10 session children's Taming Worry Dragons CBT-based anxiety management group. The manual includes session-by-session detailed instructions, suggested narratives for introducing group activities, detailed hands-on activities for learning and practicing Worry Dragon ta...*



Taming worry dragons: Therapy group for anxious children - Children's workbook

<https://libraries.phsa.ca/permalink/catalog111025>

Clark, Sandra, Garland, E. Jane, Gregorowski, Noel. Vancouver, BC: Children's & Women's Health Centre of British Columbia , 2018. 3rd. (Book) — 6 copies, 0 available

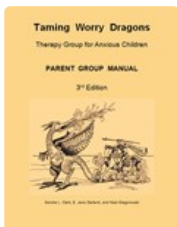
Audience: Patient or Public

Agency: BC Children's and Women's

Location: Family Support & Resource Centre

Call Number: CD 420 CLA 2018c

“ *This workbook contains the children's Activity Sheets for learning about Worry Dragons, Tools for taming them, and Detective Work for corresponding sessions in the Facilitator's Manual. A Tool Box template is included for making their own toolbox to keep track of the Worry Dragon Taming Tools they...*



Taming worry dragons: Therapy group for anxious children - Parent group manual

<https://libraries.phsa.ca/permalink/catalog120915>

Clark, Sandra, Garland, E. Jane, Gregorowski, Noel. Vancouver, BC: Children's & Women's Health Centre of British Columbia , 2018. (Book) — 3 copies, 0 available

Audience: Patient or Public

Agency: BC Children's and Women's

Location: Family Support & Resource Centre

Call Number: CD 420 CLA 2018a

“ *This new addition to the TWD group of treatment manuals is a workbook for parents attending the 10 session concurrent parent group for the TWD therapy group for anxious children. It functions both as a guide for the therapist and a workbook for parents. ; The manual includes session outlines and c...*



Taming worry dragons: Practical applications for individual or group therapy-DVD

<https://libraries.phsa.ca/permalink/catalog108555>

Clark, Sandra L. Vancouver, BC: B.C. Children's Hospital , 2002. (Video) — 3 copies, [3 available](#)

Audience: Professional
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: CD 420 CLA 2002a

“ A DVD that describes the Taming Worry Dragons program and its application for children with anxiety with the aim of identifying and understanding anxiety, changing behaviour and thoughts through education, skills and practice, and fun and hands-on activities. This program can ideally be used with ch...



Taming worry dragons: a manual for children, parents, and other coaches

<https://libraries.phsa.ca/permalink/catalog119735>

<http://bookstore.cw.bc.ca>

Garland, E. Jane, Clark, Sandra L., Earle, Vicky (Illustrator). Vancouver, BC: BC Children's Hospital , 2009. 4th ed. (Book)

— 1 copy, [1 available](#)

Audience: Patient or Public
Agency: BC Cancer Agency
Location: Victoria Cancer Info Ctr
Call Number: WS350.6 G233 2009
URL Notes: Copies may be ordered from the online C&W Bookstore.

“ Created by health care professionals at BC Children's Hospital, this manual helps teach kids how to manage their anxiety. Using cognitive behavioural therapy in a language kids can understand, it explains what anxiety is and provides helpful coping strategies. There are also tips for parents and ot...



Kid's guide to taming worry dragons

<https://libraries.phsa.ca/permalink/catalog120254>

<http://bookstore.cw.bc.ca>

Garland, E. Jane, Clark, Sandra L., Ostrom, Karen Jean. Vancouver, BC: BC Children's Hospital , 2009. 2nd ed. (Book) —

1 copy, [1 available](#)

Audience: Patient or Public
Agency: BC Cancer Agency
Location: Victoria Cancer Info Ctr
Call Number: WS350.6 C592 2009
URL Notes: Copies may be ordered from the online C&W Bookstore.

“ This spiral bound, pocket-size book is the companion child's guide to Taming worry dragons: a manual for children, parents, and other coaches. It is not meant as a standalone book.



Taming worry dragons: A manual for children, parents, and other coaches

<https://libraries.phsa.ca/permalink/catalog111031>

Garland, E. Jane, Clark, Sandra L., Earle, Vicky (Illustrator). Vancouver, BC: Children's & Women's Health Centre of British Columbia , 2009. 4th Edition. (Book) — 31 copies, [3 available](#)

Audience: Patient or Public
Featured

Agency: BC Children's and Women's

Location: Family Support & Resource Centre
Sunny Hill Education Resource Centre

Call Number: CD 420 GAR 2009

“ Created by health care professionals at BC Children's Hospital, this manual helps teach kids how to manage their anxiety. Using cognitive behavioural therapy in a language kids can understand, it explains what anxiety is and provides helpful coping strategies. There are also tips for parents and ot...



Worry taming for teens

<https://libraries.phsa.ca/permalink/catalog120253>

Garland, E. Jane, Clark, Sandra L., Earle, Vicky (Illustrator). Vancouver, B.C.: BC Children's Hospital , 2002. (Book) — 1 copy, [1 available](#)

Audience: Patient or Public

Agency: BC Cancer Agency

Location: Victoria Cancer Info Ctr

Call Number: WS463 G27 2002