



Bestfeeding: How to breastfeed your baby

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Renfrew, Mary, Fisher, Chloe, Arms, Suzanne. Berkeley, CA: Celestial arts , 2004. (Book) — 1 copy, [1 available](#)

Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: GK 560 REN 2004

“ This is an illustrated guide to the basics of breastfeeding your baby. Topics include: the benefits of breastfeeding for both mother and baby; posture and positions; medical and dietary concerns; and causes and solutions to numerous breastfeeding problems.