

Managing Tourette Syndrome

A Behavioral Intervention
Adult Workbook

Douglas W. Woods • John C. Piacentini
Susanna W. Chang • Thilo Deckersbach
Golda S. Ginsburg • Alan L. Peterson
Lawrence D. Scahill • John T. Walkup
Sabine Wilhelm

OXFORD
UNIVERSITY PRESS

Managing Tourette Syndrome: A behavioral intervention: Adult workbook

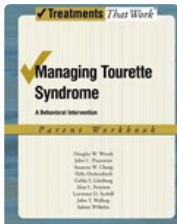
<https://libraries.phsa.ca/permalink/catalog111710>

<http://www.oup.com/us/tw>

Woods, Douglas W., Piacentini, John C., Chang, Susanna W., Deckersbach, Thilo, Ginsburg, Golda S., Peterson, Alan L., Scahill, Lawrence D., Walkup, John T., Wilhelm, Sabine. Toronto: Oxford University Press, 2008. (Book) — 2 copies, [2 available](#)

Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: FM 484 MAN 2008
URL Notes: Click on the URL to download clinical tools and helpful resources such as monitoring forms, worksheets, self-assessments, checklists and charts.

“ This workbook outlines an 11-session program for adults with tic disorders. Designed to be used in conjunction with visits to a qualified mental health professional, this program involves becoming aware of your tics so that you can better manage your disorder.



Managing Tourette Syndrome: A behavioral intervention: Parent workbook

<https://libraries.phsa.ca/permalink/catalog111690>

Woods, Douglas W., Piacentini, John C., Chang, Susanna W., Deckersbach, Thilo, Ginsburg, Golda S., Peterson, Alan L., Scahill, Lawrence D., Walkup, John T., Wilhelm, Sabine. Toronto: Oxford University Press, 2008. (Book) — 3 copies, 0 available

Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: FM 484 WOO 2008

“ This 11-session program uses Behavior Therapy to help your child become aware of his/her tics and the situations that make them worse. The program also includes relaxation techniques designed to help combat anxiety and stress, as well as relapse prevention strategies. Complete with psychoeducation...