



L'addiction chez les adolescents : Psychologie de la conduite addictive : cannabis, tabac, alcool, alimentation, jeux vidéo, jeux d'argent

<https://libraries.phsa.ca/permalink/catalog122044>

Battaglia, Nicole, Gierski, Fabien. Paris: De Boeck-Solal , 2014. (Book)

Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: DA 100 BAT 2014

“ *Les manifestations du phénomène d'addiction chez les adolescents sont devenues spectaculaires. L'ampleur du binge-drinking, le recours aux substances psychoactives (les drogues), etc., inquiètent la société, les professionnels de santé, les parents... voire les jeunes eux-mêmes. ; Mais trop souvent...*



Addiction resource

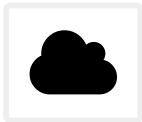
<https://libraries.phsa.ca/permalink/catalog113902>

<https://addictionresource.com/>

Washington, DC: , 2016. (Online)

Audience: Patient or Public
Agency: BC Children's and Women's

“ *Addiction Resource was founded in 2005 to provide a community for those recovering from addiction and to help patients find the highest quality care for a successful recovery. Our goal is to provide resources to help patients and their loved ones so that they may stay on the road to recovery, and c...*



American society of addiction medicine (ASAM)

<https://libraries.phsa.ca/permalink/catalog113903>

<http://www.asam.org/>

Chevy Chase, MD: , 2016. (Online)

Audience: Patient or Public
Agency: BC Children's and Women's

“ *ASAM, founded in 1954, is a professional society representing over 3,700 physicians, clinicians and associated professionals in the field of addiction medicine. ASAM is dedicated to increasing access and improving the quality of addiction treatment, educating physicians and the public, supporting r...*



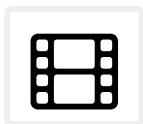
Ces dépendances qui nous gouvernent : Comment s'en libérer ?

<https://libraries.phsa.ca/permalink/catalog121621>

Lowenstein, William, Rouch, Dominique. [Paris, France]: Calmann-Lévy , 2005. (Book) — 1 copy, [1 available](#)

Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: DA 100 LOW 2005

“ *Cyberdépendant, joueur pathologique, dépendant affectif ou hyperactif sexuel, accro à l'alcool, au tabac, au cannabis, aux médicaments, au travail, au téléphone, au café... L'addiction nous guette tous. Pourquoi sommes-nous tous des dépendants potentiels ? Qu'est-ce qui fait basculer de l'usage fes...*



Flipping the world: Viewing the world through a blue lens.

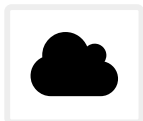
<https://libraries.phsa.ca/permalink/catalog111418>

http://www.nfb.ca/film/flipping_the_world_drugs_through_a_blue_lens/

(Video)

Audience: Patient or Public
Agency: BC Children's and Women's
URL Notes: Click the link above to view the video on-line.

“ *This film focuses on youth and drug addiction from the perspective of those who have been there. Seven high school students of different cultures meet with members of the Odd Squad – Vancouver police officers who, since 1998, have been filming people addicted to drugs. The students talk to the cops...*



Here to Help

<https://libraries.phsa.ca/permalink/catalog111970>

<http://heretohelp.bc.ca/other-languages>

BC Partners for Mental Health and Addictions Information. Vancouver, BC: BC Partners for Mental Health and Addictions Information (Online)

Audience: Patient or Public
Agency: BC Children's and Women's

“ *This webpage offers links to resources on mental illness and substance use disorders. Family and friends and community service providers will be able to easily download these PDFs, organized by language. These fact sheets were developed and tested through a community process to make sure the transl...*



Jeux vidéo, alcool, cannabis, prévenir et accompagner son adolescent

<https://libraries.phsa.ca/permalink/catalog122148>

Phan, Olivier. Solar , 2017. (Book)

Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: GL 330 PHA 2017

“ *Moment charnière entre L'enfance et l'âge adulte, l'adolescence est cette période de la vie où un jeune acquiert son indépendance. Cette quête d'autonomie, qui n'est pas un choix mais une nécessité, passe par des essais et des prises de risque. Les parents peuvent se sentir désarmés, avoir l'impres...*



Kelty's Recommended Resources: Mental Health & Substance Use Resources for Youth

<https://libraries.phsa.ca/permalink/catalog122313>

<https://keltymentalhealth.ca/collection/kelty-s-recommended-resources-mental-health-substance-use-resources-youth>

Kelty Mental Health Resource Centre. Vancouver, BC: BC Children's Hospital , n.d. (Online)

Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre

“ *In this collection developed by the Kelty Centre, you will find a list of recommended resources for youth and young adults including websites, online tools, guides, books and provincial support services. This list was developed in partnership with professionals from the BC Children's Mental Health ...*



Loving someone in recovery

<https://libraries.phsa.ca/permalink/catalog112954>

Berg, Beverly. Oakland, CA: New Harbinger , 2014. (Book) — 1 copy, 0 available

Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: DB 155 BER 2014

“ *In Loving Someone in Recovery, therapist Beverly Berg offers powerful tools for the partners of recovering addicts. Based in mindfulness, attachment theory, and neurobiology, this book will help readers sustain emotional stability in their relationships, increase effective communication, establish ...*



Notre cerveau et le plaisir: Pour comprendre les addictions

<https://libraries.phsa.ca/permalink/catalog121466>

Loonis, Eric. Editions Negrefont , 2015. (Book) — 1 copy, [1 available](#)

Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: DA 100 LOO 2015

“ Nous sommes tous des « drogués » à tout un ensemble de comportements nécessaires qui nous procurent du plaisir ou nous soulagent d'une souffrance. Ces comportements de la vie quotidienne nous confrontent parfois à des effets de manque, d'habituatation, de dépendance. Au-delà des drogues, des médicaments...



Quand les écrans deviennent neurotoxiques: Protégeons le cerveau de nos enfants !

<https://libraries.phsa.ca/permalink/catalog122054>

Duflou, Sabine. Vanves Cedex: Marabout , 2018. (Book)

Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: FM 200 DUF 2018

“ Troubles de l'attention, retards de langage, absence de sociabilité, hyperactivité : sortez votre enfant de son addiction aux écrans ! Votre enfant a du mal à se concentrer et paraît en permanence dans sa bulle ? Rien ne semble l'intéresser en dehors de sa tablette ou de votre smartphone, il s'énerve...



Recognizing resilience: A workbook for parents and caregivers of teens using substances

<https://libraries.phsa.ca/permalink/catalog112241>

<http://www.cw.bc.ca/library/pdf/RecognizingResilienceWorkbook2012.pdf>

McCune, Stephanie. Vancouver, BC: Vancouver Island Health Authority , 2012. (Book, Online)

Audience: Patient or Public
Agency: BC Children's and Women's
URL Notes: Click on the link above to view/print.

“ This is a workbook for parents and caregivers who love and worry about a teenager who may be experimenting with or regularly engaged in relationship with alcohol or other drugs. It offers both concrete tips and strategies, as well as reflective exercises.



Supporting a friend or family member with a mental illness

<https://libraries.phsa.ca/permalink/catalog111969>

<http://www.heretohelp.bc.ca/factsheet/supporting-a-friend-or-family-member-with-a-mental-illness>

BC Partners for Mental Health and Addictions Information. Vancouver, BC: BC Partners for Mental Health and Addictions Information (Online)

Audience: Patient or Public

Agency: BC Children's and Women's

“ This site lists links aimed at family members of those with a mental illness or substance use disorder. These resources help users educate themselves about the mental or substance use disorder to take an active role in their family member's recovery.