



## Nutrition for recovery : Burns and wounds

<https://libraries.phsa.ca/permalink/catalog122720>

[http://www.cw.bc.ca/library/pdf/pamphlets/BCCH\\_BurnNutrition.pdf](http://www.cw.bc.ca/library/pdf/pamphlets/BCCH_BurnNutrition.pdf)

Nutrition Services. Vancouver, BC: BC Children's Hospital , 2020. (Handout, Online)

Audience: Patient or Public

Agency: BC Children's and Women's

Location: Family Support & Resource Centre

Call Number: BCCW00030

“ *When your child has a new burn or wound, food is very important. Your child needs more calories (energy) to help heal the skin. ; Learn how nutrition can help your child to heal. This handout explains how to: ; -Optimize meal times ; -Offer high-calorie foods ; -Offer high-protein foods ; You will ...*