

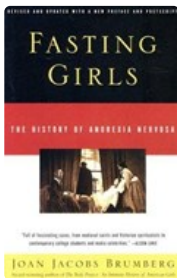
Body myth: Adult women and the pressure to be perfect

<https://libraries.phsa.ca/permalink/catalog110662>

Maine, Margo., Kelly, Joe. Hoboken, NJ: John Wiley & Sons, Inc. , 2005. (Book) — 1 copy, [1 available](#)

Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: BB 500 MAI 2005

“ This guide intends to help women and their loved ones understand eating disorders and the obsession with perfection, exploring the challenge of identifying the problem, the different eating disorder triggers adult women experience, and the various treatments available.



Fasting girls: The history of anorexia nervosa

<https://libraries.phsa.ca/permalink/catalog110581>

Brumberg, Joan Jacobs. New York, NY: Vintage Books , 2000. 1st Vintage Books ed. (Book) — 1 copy, [1 available](#)

Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: BB 520 BRU 2000

“ This updated edition of Joan Jacobs Brumberg's "Fasting Girls", gives a history of women's food-refusal dating back as far as the sixteenth century. The book tells of medieval martyrs who used starvation to show religious devotion, "wonders of science" whose families capitalized on their ability to...



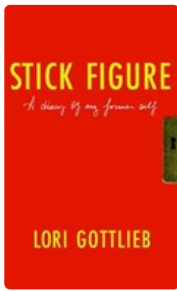
Je me defends du sexisme

<https://libraries.phsa.ca/permalink/catalog121455>

Piquet, Emmanuelle, Mandel, Lisa. Paris, France: Albin Michel Jeunesse , 2018. (Book) — 1 copy, [1 available](#)

Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: JUNIOR CA 198 PIQ 2018

“ Naître fille ou garçon, cela change une vie. Dans beaucoup de domaines, cela influe sur nos occupations, la façon dont on s'habille, dont on communique avec les autres, les études que l'on mène, le métier que l'on choisit... Indépendamment de notre volonté, la société assigne aux filles certains co...



Stick figure: A diary of my former self

<https://libraries.phsa.ca/permalink/catalog110580>

Gottlieb, Lori. New York, NY: Simon & Schuster , 2000. (Book) — 1 copy, [1 available](#)

Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: YOUTH BB 520 GOT 2000

“ This autobiography gives a glimpse into the mind of a girl with anorexia and her transition to adulthood. A raw, no-holds-barred account and cautionary tale about the dangers of living up to society's expectations.



Ton petit look II : Les filles sont-elles folles?

<https://libraries.phsa.ca/permalink/catalog121618>

Stratis, Carolane, Stratis, Josiane. Montreal, QC: Les Editions Cardinales inc. , 2017. (Book) — 1 copy, [1 available](#)

Audience: Patient or Public
Agency: BC Children's and Women's
Location: Family Support & Resource Centre
Call Number: YOUTH GG 150 STR 2017

“ Après le succès de *Ton Petit Look - Guide pour une vie adulte (genre) épanouie*, les soeurs Stratis nous reviennent avec un deuxième recueil de textes inédits, touchants et mordants. Cette fois, les célèbres blogueuses se concentrent sur la santé mentale, un sujet qui leur tient particulièrement à c...