



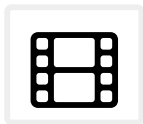
## It gets better: Coming out, overcoming bullying, and creating a life worth living

<https://libraries.phsa.ca/permalink/catalog113413>

Savage, Dan, Miller, Terry. New York, NY: Plume, Penguin Group , 2012. (Book) — 1 copy, 0 available

Audience: Patient or Public  
Agency: BC Children's and Women's  
Location: Family Support & Resource Centre  
Call Number: GA 600 SAV 2012

“ *It Gets Better* is a collection of original essays and expanded testimonials written to teens from celebrities, political leaders, and everyday people, because while many LGBT teens can't see a positive future for themselves, we can.



## Bullying: What can be done about it?

<https://libraries.phsa.ca/permalink/catalog110207>

Sherborn, MA: Aquarius Health Care Media , 2005. (Video) — 1 copy, [1 available](#)

Audience: Patient or Public  
Agency: BC Children's and Women's  
Location: Family Support & Resource Centre  
Call Number: YOUTH BE 965 AQU 2005

“ *In this program, a diverse panel of teens and two high school principals discuss the motives for bullying, the reasons others stand by and watch, and why some bystanders even egg the bully on.*



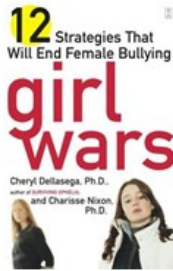
## Cockeyed: A memoir of going blind

<https://libraries.phsa.ca/permalink/catalog109623>

Knighton, Ryan. New York, NY: Public Affairs , 2006. (Book) — 1 copy, [1 available](#)

Audience: Patient or Public  
Agency: BC Children's and Women's  
Location: Family Support & Resource Centre  
Call Number: FH 300 KNI 2006

“ *This is a tragicomic, politically incorrect, and astoundingly articulate memoir about going blind—and growing up. In this book, which ricochets between meditation and black comedy, the Vancouver born author tells the story of his fifteen-year descent into blindness while incidentally revealing the ...*



## Girl wars: 12 strategies that will end female bullying

<https://libraries.phsa.ca/permalink/catalog108213>

Dellasega, Cheryl, Nixon, Charisse. New York, NY: Simon & Schuster , 2003. (Book) — 1 copy, [1 available](#)

Audience: Patient or Public  
Agency: BC Children's and Women's  
Location: Family Support & Resource Centre  
Call Number: YOUTH BE 965 DEL 2003

“ Explains not only how to prevent bullying but also how to intervene should it happen, as well as overcome the culture that breeds it. Offers effective, easy-to-implement strategies that range from preventive to prescriptive.



## Bullying: Deal with it before push comes to shove

<https://libraries.phsa.ca/permalink/catalog108669>

Slavens, Elaine Kerrigan, Brooke (Illustrator). Toronto, ON: James Lorimer & Company , c2003. (Book) — 1 copy, [1 available](#)

Audience: Patient or Public  
Agency: BC Children's and Women's  
Location: Family Support & Resource Centre  
Call Number: JUNIOR BE 965 SLA 2003

“ This book gives the know-how to deal with bullying, whether you're a target, a bully, or a witness. It explains the many forms bullying can take, from name-calling to physical fights and provides quizzes to test your anti-bullying skills.



## Real people: How not to be a victim: Violence prevention

<https://libraries.phsa.ca/permalink/catalog108600>

Green, Susan Eikov (Executive Producer). Pleasantville, NY: Sunburst Visual Media , 2003. (Kit) — 1 copy, [1 available](#)

Audience: Patient or Public  
Agency: BC Children's and Women's  
Location: Family Support & Resource Centre  
Call Number: STACKS BE 840 GRE 2003

“ Being harassed at school, targeted while using the Internet, or left alone at home are realities for many middle schoolers. This program empowers students to feel confident in their ability to protect themselves in the face of violent behavior they may encounter. It shows students how being asserti...



## Understanding the human volcano: What teens can do about violence

<https://libraries.phsa.ca/permalink/catalog104420>

Hipp, Earl. Centre City, MN: Hazelden Information and Educational Services , 2000. (Book) — 1 copy, [1 available](#)

Audience: Patient or Public  
Agency: BC Children's and Women's  
Location: Family Support & Resource Centre  
Call Number: YOUTH BE 800 HIP 2000

“ *This book helps youth function in an increasingly violent and less secure world. Explores important topics such as: The combination of forces that create "human volcanoes" who explode with rage and violence; The "hidden" violence that permeates our entertainment, news, and language. Because we've a...*